UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SPRING 2012

COURSE NUMBER NGR 6240 Section 0096

COURSE TITLE Primary Care for Adults

CREDITS 3

PLACEMENT Graduate program

PREREQUISITES NGR 6636: Health Promotion and Role Development in Advanced Practice Nursing

NGR 6140: Physiology & Pathophysiology for Advanced Nursing Practice

NGR 6002C: Advanced Health Assessment and Diagnostic Reasoning

NGR 6172: Pharmacotherapeutics for Advanced Practice Nursing

FACULTY:

|  |  |  |
| --- | --- | --- |
| Jane Gannon DNP, CNM  [jmgannon@ufl.edu](mailto:jmgannon@ufl.edu) | JAX LRC Bldg  904-244-5166 | Office hours: Monday,  9 am-12 pm |

DEPARTMENT CHAIR:

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| Susan Schaffer, PhD, ARNP  [sdschaf@ufl.edu](mailto:sdschaf@ufl.edu) | GNV HPNP Bldg  352-273-6366 | Office hours: By Appt |

JACKSONVILLE CAMPUS DIRECTOR:

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| Andrea Greg PhD, RN  [greggac@ufl.edu](mailto:greggac@ufl.edu) | LRC Jax Campus  904-244-5172 | Office hours: By Appt |

# COURSE DESCRIPTION This course provides knowledge necessary to prevent, diagnose and manage selected uncomplicated common acute and chronic health problems in adult clients from diverse backgrounds across the adult lifespan. Emphasis is on a holistic approach to primary care, including prevention, health promotion, and management of clients experiencing common alterations in their health. The focus is on critical thinking and diagnostic reasoning in assessing relevant data, developing diagnoses, formulating management plans, and making referrals.

# COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Apply knowledge and theory related to the prevention, diagnosis, and management of selected uncomplicated common acute and chronic health problems in clients across the adult lifespan

2. Plan collaborative care to assist adult clients and families from diverse backgrounds to maximize functional health status.

3. Develop diagnostic plans based on holistic health assessment data for selected uncomplicated common acute and chronic illnesses.

4. Formulate management plans for the prevention and treatment of selected uncomplicated common acute and chronic health problems.

5. Identify expected clinical outcomes necessary to evaluate the effectiveness of prevention, health promotion, and management plans.

COURSE SCHEDULE: Web-based course.

E-Learning in Sakai is the course management system that you will use for this course. E-Learning in Sakai is accessed by using your Gatorlink account name and password at <http://lss.at.ufl.edu>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

ATTENDANCE

Students are expected to participate in the online learning activities and discussions as listed in the course syllabus and on the course web-site. Timeframes for the posting and receiving of materials are listed in the course materials on the course, and web-site. Synchronous activities (both virtual and on-campus) may be available during the course, including group work, exam review or instructor meetings utilizing available technology. A grade penalty may be assigned for late assignments, including tests. Make-up exams may not be available in all courses.

***ProctorU*** Information

* + Major course examinations will be administered via ***ProctorU***, a live proctoring service, to ensure a secure testing environment.
  + Each student’s computer must be in compliance with Policy S1.04, *Student Computer Policy* and must contain a web cam, microphone, and speakers.

ATTENDANCE (Continued)

* + Each examination will cost $22.50 per exam.
  + Students go to the website <http://www.proctoru.com/> and click on “How To Get Started”. This will permit students to create an account and test out their system.
  + Once an instructor makes an exam available, students go online to ***ProctorU*** to schedule and pay for the exam session. Students must provide a valid email address and phone number where they can be reached during an exam.

***ProctorU*** Information

* + CON IT Support office will oversee this process and provide technical assistance.

ACCOMMODATIONS DUE TO DISABILITY

Each semester, students are responsible for requesting a memorandum from the Disability Resource Center to notify faculty of their requested individual accommodations. This should be done at the start of the semester.

STUDENT HANDBOOK

Students are to refer to the College of Nursing Student Handbook for information about College of Nursing policies, honor code, and professional behavior.

TOPICAL OUTLINE

The content described in numbers 1-4 is discussed in relation to all health problems

cited in number 5.

1. Prevention, diagnosis and management of selected common acute and chronic health problems in adult clients across the adult lifespan.
2. Identification of physical, mental, emotional, and social concerns of adult clients with selected uncomplicated common acute and chronic health problems who present to primary care settings.
3. Collaboration with other health care providers in preventing, diagnosing and managing selected uncomplicated common acute and chronic health problems in adult clients.
4. Integration of accountability for quality of care, patient satisfaction, efficient use of resources, and ethical behavior in the delivery of primary care to adult clients from diverse backgrounds.
5. Selected uncomplicated, common acute and chronic health problems including:

Integumentary System

Eye, Ear, Nose and Throat

Reproductive System

Endocrine System

Neurological system

Behavioral System

Respiratory System

TOPICAL OUTLINE (Continued)

Cardiovascular System

Gastrointestinal System

Genitourinary System

Musculoskeletal System

Hematological System

TEACHING METHODS

Online lecture, directed discussion, case studies, and audiovisual materials.

LEARNING ACTIVITIES

Discussion assignments, exams, weekly written case study analyses

# EVALUATION METHODS/COURSE GRADE CALCULATION

|  |  |
| --- | --- |
| ITEM | PERCENTAGE |
| Weekly Case Studies | 15% |
| Discussions | 10% |
| 3 exams | 75% |

\*Please see supplementary course materials on the Primary Care website for weekly case studies and due dates.

GRADING SCALE

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91-92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to the University’s grading policies:<http://gradschool.ufl.edu/catalog/current-catalog/catalog-general-regulations.html#grades>

# REQUIRED TEXTS

Hackley, B., Kriebs, J. & Rousseau, M. (2006). *Primary care of women: a guide for midwives & women’s health providers*. New York, NY: Jones & Bartlett Publishers.

Collins-Bride, G. & Saxe, J. (2011). *Clinical guidelines for advanced practice nursing.* New York, NY: Jones & Bartlett Publishers.

RECOMMENDED TEXTS

Hatcher, R. A. (2009) *Contraceptive technology* (19th ed.). New York: Irvington Publishers.

Varney, H. (2004). *Varney’s midwifery.* Philadelphia: F.A. Davis

WEEKLY CLASS SCHEDULE

|  |  |  |
| --- | --- | --- |
| DATE | TOPIC/EVALUATION | ASSIGNMENTS/READINGS |
| Jan 9-15 | Course overview/ Evidence-based Medicine/Health Screening/  Immunizations | Hackley: Chapters 1,2,3,4  plus required articles\*\*  EBP Discussion Assignment due Jan 15, 5 pm |
| Jan 16 | **ML King Holiday** |  |
| Jan 15-22 | Genitourinary: UTI/STI | Hackley: Chapter 18, pp.679-702, and Chapter 23 plus required articles  UTI/STI Case studies due 1/22, 5 PM |
| Jan 23-29 | Contraception: Natural/Barrier Methods | Required articles  Part 1 Contraception Case studies due 1/29, 5 PM |
| Jan 30-Feb 5 | Contraception: Hormonal/ IUDs/ Sterilization | Required articles  Part 2 Case studies due 2/5, 5 PM |
| Feb 6-12 | GYN problems | Hackley: Chapter 18, 20  plus required articles  GYN Case studies due /12, 5 PM |
| Feb 13-19 | **Test #1 (Available 0800-1200 2/13)**  Breast problems/Domestic Violence | Hackley: Chapters 7,19  Plus required articles  Breast/IPV Case studies due 2/19, 5 PM |
| Feb 20-26 | GI: GERD/PUD/Mobility disorders/ Hepatitis | Hackley: Chapters 17  plus required articles  GI Case studies due 2/26, 5 PM |
| Feb 27-Mar 4 | Neuro: Headache/Mental Illness/ Substance abuse | Required articles  Neuro Case studies due 3/4, 5 PM |
| Mar 5-11 | **SPRING BREAK** |  |
| Mar 12-18 | HEENT/Respiratory/Allergy | Hackley: Chapters 5,11,12,13  plus required readings  HEENT/URI Case studies due 3/18, 5 PM |
| Mar 19-25 | CV: HTN/CAD/  Hyperlipidemia/Obesity | Hackley: Chapters 6, 14  plus required articles  CV Case studies due 3/25, 5 PM |
| Mar 26-Apr 1 | **Test #2 (Available 0800-1200 3/25)**  Dermatology | Hackley: Chapter 22,  plus required articles  Derm Case studies due 4/1, 5 PM |
| Apr 2-Apr 8 | Anemia/Hemoglobinopathies | Hackley: Chapter 15  plus required articles  Anemia Case studies due 4/8, 5 PM |
| Apr 9-15 | Endocrine: DM/Thyroid disorders | Hackley: Chapter 16  plus required articles  Endocrine Case studies due 4/15, 5 PM |
| DATE | TOPIC/EVALUATION | ASSIGNMENTS/READINGS |
| Apr 16-22 | Musculoskeletal: Sprains/Strains/Neuropathies | Hackley: Chapter 21  plus required articles  MS Case studies due 4/22, 5 PM |
| Apr 30 | **Test#3 (Available 0800-1200 4/30)** |  |

\*\* See course materials for required weekly case studies and required journal articles

Approved: Academic Affairs Committee: 7/96; 11/01; 11/03

Faculty: 8/96; 11/01; 11/03

UF Curriculum: 10/96; 5/99