UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SUMMER 2011

# COURSE NUMBER NUR 4739 – Section 7747

COURSE TITLE Systems of Care 3: Restoration of Wellness

CREDITS 4

PLACEMENT BSN Program: 3rd Semester Upper Division

PREREQUISITES Systems of Care 2: Restoration of Wellness

COREQUISITES: NUR 4837 Healthcare Policy, Finance, and Regulatory Environments

 NUR 3826 Legal and Ethical Issues in Nursing

# FACULTY OFFICE PHONE OFFICE HOURS

# David J Derrico RN, MSN HPNP 3202 352 273-6341 Monday 11:00-12:00

Assistant Clinical Professor cell 352-562-6305 Thursday11:00-12:00

# derridj@ufl.edu

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Anna Hall Kelley, MSN, ARNP HPNP 2221 352-273-6422 Monday 11:00-1:00

Assistant Clinical Professor cell 352-494-8053

alkelley@ufl.edu

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Sandra J. Knapp, PhD, CCRN, CNL    HPNP 3212 352 273-6319, Monday 11:00-12:00

Assistant Clinical Professor cell 352 260-2358 Tuesday 11:00-12:00

 sjknapp@ufl.edu,

Debbie Popovich, MSN, CPNP HPNP 2223 352-273-6342  Thursday 1000-1200

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popovdm@ufl.edu

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| Martha (Jo) Snider, EdD, RN, Associate Professor snidemj@ufl.eduDEPARTMENT CHAIR-InterimJoyce Stechmiller, PhD,ACNP-BC FAANAssociate Professor, Interim ChairAdult and Elderly Nursingstechjk@ufl.edu | HPNP 4229HPNP 3222 |  352 273-6359 352 273-6390 | By AppointmentBy Appoimtment |

# COURSE DESCRIPTION

The purpose of this course is to examine the knowledge necessary to participate in development of plans of care for diverse clients with complicated acute and chronic illnesses across the lifespan. Emphasis is on principles of safe and effective management of clients with complicated disease, injury and disability in a variety of settings. Focus is on the principles inherent in the care of clients whose complexity affects restoration to wellness.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Analyze factors that contribute to client potential for restoration to wellness.

2. Analyze the healthcare needs of clients with complicated acute and chronic illnesses across the lifespan.

3. Synthesize principles and concepts from liberal arts and science and nursing science into plans of care for selected clients.

1. Integrate multiple factors in construction of holistic plans of care.
2. Analyze inter- and intraprofessional communication and collaborative strategies used to deliver evidence-based, client-centered care.
3. Evaluate healthcare outcomes of clients with complicated acute and chronic illnesses using data from multiple relevant sources.

COURSE SCHEDULE

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| Day | Time | Room |
| Monday |  8:00-10:45 am | HPNP-1404 |
| ThursdaySelected Friday afternoons – see Weekly Class Schedule. | 12:30-15:15pm | HPNP-G101 |

COURSE MANAGEMENT SYSTEM

Sakai is the course management system that you will use for this course. Sakai is accessed by using your Gatorlink account name and password at <http://lss.at.ufl.edu>. There are several tutorials and student help links on the Sakai login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu.

It is important that you regularly and frequently check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

ATTENDANCE

Students are expected to be present for all classes, other learning experiences and examinations. Students who have extraordinary circumstances preventing attendance should explain these circumstances to the course instructor **prior** to the scheduled class as soon as possible. Instructors will make an effort to accommodate reasonable requests.

ACCOMMODATIONS DUE TO DISABILITY

Each semester, students are responsible for requesting a memorandum from the Disability Resource Center to notify faculty of their requested individual accommodations. This should be done at the start of the semester.

STUDENT HANDBOOK

Students are to refer to the College of Nursing Student Handbook for information about College of Nursing policies, honor code, and professional behavior.

TOPICAL OUTLINE

1. Inter- and intraprofessional communication and collaboration
2. Care of clients with complicated alterations in:

a. Protection/Vulnerability

b. Comfort

1. Chronic pain management
2. Activity/Sleep
3. Mobility
4. Oxygenation
5. Tissue perfusion
6. Gas exchange
7. Nutrition
8. Digestion
9. Anatomical structure
10. Elimination
11. Urinary problems
12. Intestinal inflammation
13. Regulation/Metabolism
14. Role

i. Passive aggressive behavior

ii. Splitting

1. Stress
	1. Substance abuse and dependency
	2. PTSD
	3. Crisis
2. Cognition
	1. Communication and language problems
	2. Complicated neurological problems
	3. Chronic neurological problems
3. Affect
	1. Complex problems of mood
4. Perception
	1. Self-destructive behaviors
	2. Suicide
5. Sexuality/Reproduction
6. Infertility
7. Complicated pregnancy

TEACHING METHODS

Lecture, group activities, practice tests and discussion

LEARNING ACTIVITIES

Participation in class and group activities, selected readings and electronic sources

EVALUATION METHODS/COURSE GRADE CALCULATION

Evaluation will be based on four objective tests each worth 100 points. The final exam is comprehensive and will include content previously tested in this course. Test scores are averaged and rounded to the nearest whole number to determine the final course grade.

 Exam 1 Friday, May 27, 2011 1600-1800 Computer Testing Center 25%

Exam 2 Thursday, June 16, 2011 1300-1500 Computer Testing Center 25%

Exam 3 Thursday, July 14, 2011 1300-1500 Computer Testing Center 25%

**Exam 4** Thursday, August 4, 2011 1300-1500 Computer Testing Center 25%

**Comprehensive Final Exam**

 Total 100%

You must also achieve 84% on each of the four RN practice exams to pass the course

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| --- | --- | --- |
| 4 EVOLVE RN Practice Tests:Maternity RN Practice Test – Due 5/20/11Pediatrics RN Practice Test – Due 6/3/11Psychiatric-Mental Health RN Practice Test – Due 7/1/11Medical-Surgical RN Practice Test – Due 7/22/11 | Each test is Pass-Fail.You must score 84% or above on each test to PASS.May be taken multiple times.Each exam will close at 11:59pm on the due date**You must achieve 84% or above on all 4 practice tests, submitted by due date/time, to pass the course.** | Online at EVOLVE:<https://evolve.elsevier.com/cs/Satellite/StudentHome?Audience=Student> |

Testing will be done at the date and time indicated on the course syllabus. Early testing is not an option and late testing will be given only in exceptional situations. Students must obtain approval of absence from David Derrico (273-6341) **prior** to the scheduled exam. Late testing will be completed within one week of the scheduled exam.

TEN PERCENTAGE POINTS will be deducted from the exam score for UNEXCUSED

absences. Alternate test forms will be given to students not taking exams at scheduled times.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

 A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

 B 84-90 (3.0) D 64-69 (1.0)

 B- 82-83 (2.67) D- 62-63 (0.67)

 C+ 80-81 (2.33) E 61 or below

 \* 74 is the minimal passing grade

REQUIRED TEXTS

Evolve RN Practice Tests:  HESI RN Practice Test, Version 3.0

Ignatavicus, D., & Workman, M.L. (2010).  *Medical-surgical nursing: Patient-centered*

 *collaborative care* (6th ed.).  St. Louis, MO: Saunders.

Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D. (2010). *Maternal child nursing*

 *care* (4th ed.). Maryland Heights, MO: Mosby.

Townsend, M.C. (2011). *Essentials of psychiatric mental health nursing: Concepts of care in*

 *evidence-based practice* (5th ed.). Philadelphia: FA Davis.

ADDITIONAL REQUIRED TEXTS: Select 1 of the following three Review Books

HESI. (2011). *Comprehensive review for the NCLEX-RN examination* (3rd ed.). St. Louis,

 Missouri: Elsevier.

Ohman, K. A. (2010). *Davis’s Q&A for the NCLEX-RN examination*. Philadelphia: F.A.

 Davis.

Silvestri, L.A. (2011). *Saunders comprenhensive review for the NCLEX-RN examination*

 (5th ed.). St. Louis, MO: Saunders.

WEEKLY CLASS SCHEDULE

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| Week # | Date | Topics Readings & Assignments Faculty  |
|  1 | Monday, May 9Thursday, May 12 | Orientation**Oxygenation/Protection**: Nursing care of clients Derricowith Hematologic dysfunction Ignatavicius & Workman Chapter 41 & 42**Protection/Vulnerability**: DerricoNursing care of clients with Cancer Ignatavicius & Workman Chapter 23 &24 |
|  2 | Monday, May 16Thursday, May 19Maternity RN Practice Test  – Due Friday 5/20/11 online | Nursing care of clients with Derricoimmune dysfunction Ignatavicius & Workman Chapter 21Nursing care of clients with Derrico allergy and autoimmune dysfunctionIgnatavicius & Workman Chapter 22Child Health Focus: Perry et al. pp. 583, 1503-1524 Popovich |
|  3 | Monday, May 23Thursday, May 26 | Nursing care of clients with Derricoarthritis and connective tissue disorders Ignatavicius & Workman Chapter 20**Regulation/Metabolism** Nursing care of Derrico clients with endocrine dysfunction Ignatavicius & Workman Chapter 65 & 66 |
| **EXAM** | **Friday May 27****4:00-6:00PM****Computer Testing Center** |  |
| 4 | Monday, May 30Thursday, June 2Pediatrics RN Practice Test  – Due 6/3/11 due online | **MEMORIAL DAY – NO CLASS****Elimination** Nursing care of clients with Derrico intestinal inflammation Ignatavicius & Workman Chapter 60Perry et al. PS pp. 1417-1420 & H. Dz pp.1391-1394 Popovich |
| 5 | Monday, June 6Thursday, June 9 | **Role:** Nursing Care of Clients who use Sniderpassive aggressive and splitting behaviors; Self-destructive and mutilative behaviorsTownsend 578-579 (table) plus Pgs. 573-577; 787 **Nutrition** Nursing care of clients with Derrico liver and pancreas dysfunction Ignatavicius & Workman Chapter 61 & pgs. 1371-1385Perry et al. Biliary Atresia pp. 1410-1411 Popovich |
| 6**EXAM** | Monday, June 13**Thursday, June 16****1300-1500****Computer Testing Center**Friday, June 171200-1445 | **Stress** Nursing Care in substance abuse & Sniderdependency; post-traumatic response;  Crisis Intervention Townsend Chapter. 10 & 13**Affect/Perception:** Nursing Care of complex Snidermood dysfunction, suicide risk, and intervention Townsend Chapter 16; Pgs. 371-372 |
|   | June 20-24 | **SUMMER BREAK WEEK – NO CLASSES** |
| 7 | Monday, June 27Thursday, June 30Psychiatric-Mental Health RN Practice Test  – Due 7/1/11 | **Oxygenation**: Nursing care of critically ill Knapp clients with respiratory problemsIgnatavicius & Workman Chapter 34 Nursing care of critically ill Knapp clients with dysrhythmias and shock Ignatavicius & Workman Chapter 36 & 39 |
|  8 | Monday, July 4Thursday, July 7 | **JULY 4 HOLIDAY – NO CLASSES****Elimination** Nursing care of clients with Knapprenal failure Ignatavicius & Workman Chapter 71Perry et al. RF as relates to peds pp.1542-1549 Popovich |
|  9**EXAM** | Monday, July 11**Thursday, July 14****1300-1500****Computer Testing Center**Friday, July 15 1200-1445 | **Activity** Nursing care of clients with Knapp musculoskeltal problemsIgnatavicius & Workman Chapter 53 & 54Nursing care of clients with KnappPeripheral nervous system problems Ignatavicius & Workman Chapter 46 |
| 10 | Monday, July 18Thursday, July 21Medical-Surgical RN Practice Test Due 7/22/11 due online |  Nursing care of clients with KnappProblems of the CNS: The spinal cordIgnatavicius & Workman Chapter 45**Cognition** Nursing care of critically ill Knapp clients with neurologic problems Ignatavicius & Workman Chapter 47Perry et al. Spina Bifida and Hydrocephalus pp. 768-769, 1593-1597, & 1725-1731 Popovich |
| 11 | Monday, July 25Thursday, July 28Friday, July 291200-1445 | Nursing care of critically ill Knapp clients with neurologic problemsIgnatavicius & Workman Chapter 47**Sexuality/Reproduction** Nursing care of clients Kelley with complicated pregnancyPerry et al. Chapters 13, 14 and 19.Nursing care of clients with infertility KelleyPerry et al. Chapter 7 pages 129-138 and 156-159. |
| 12**EXAM** | **Thursday August 4****Comprehensive Final Exam****1300-1500****Computer Testing Center** |  |
| Approved: | Academic Affairs Committee:General Faculty:UF Curriculum Committee: | 09/0909/0910/09 |