UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SUMMER 2011

# COURSE NUMBER NUR 4739 – Section 7747

COURSE TITLE Systems of Care 3: Restoration of Wellness

CREDITS 4

PLACEMENT BSN Program: 3rd Semester Upper Division

PREREQUISITES Systems of Care 2: Restoration of Wellness

COREQUISITES: NUR 4837 Healthcare Policy, Finance, and Regulatory Environments

NUR 3826 Legal and Ethical Issues in Nursing

# FACULTY OFFICE PHONE OFFICE HOURS

# David J Derrico RN, MSN HPNP 3202 352 273-6341 Monday 11:00-12:00

Assistant Clinical Professor cell 352-562-6305 Thursday11:00-12:00

# [derridj@ufl.edu](mailto:derridj@ufl.edu)

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Anna Hall Kelley, MSN, ARNP HPNP 2221 352-273-6422 Monday 11:00-1:00

Assistant Clinical Professor cell 352-494-8053

[alkelley@ufl.edu](mailto:alkelley@ufl.edu%20)

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Sandra J. Knapp, PhD, CCRN, CNL    HPNP 3212 352 273-6319, Monday 11:00-12:00

Assistant Clinical Professor cell 352 260-2358 Tuesday 11:00-12:00

[sjknapp@ufl.edu](mailto:sjknapp@ufl.edu),

Debbie Popovich, MSN, CPNP HPNP 2223 352-273-6342  Thursday 1000-1200

Assistant Professor

[popovdm@ufl.edu](mailto:popovdm@ufl.edu)

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| Martha (Jo) Snider, EdD, RN, Associate Professor  [snidemj@ufl.edu](mailto:snidemj@ufl.edu)  DEPARTMENT CHAIR-Interim  Joyce Stechmiller, PhD,ACNP-BC FAAN  Associate Professor, Interim Chair  Adult and Elderly Nursing  [stechjk@ufl.edu](mailto:stechjk@ufl.edu) | HPNP 4229  HPNP 3222 | 352 273-6359  352 273-6390 | By Appointment  By Appoimtment |

# COURSE DESCRIPTION

The purpose of this course is to examine the knowledge necessary to participate in development of plans of care for diverse clients with complicated acute and chronic illnesses across the lifespan. Emphasis is on principles of safe and effective management of clients with complicated disease, injury and disability in a variety of settings. Focus is on the principles inherent in the care of clients whose complexity affects restoration to wellness.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Analyze factors that contribute to client potential for restoration to wellness.

2. Analyze the healthcare needs of clients with complicated acute and chronic illnesses across the lifespan.

3. Synthesize principles and concepts from liberal arts and science and nursing science into plans of care for selected clients.

1. Integrate multiple factors in construction of holistic plans of care.
2. Analyze inter- and intraprofessional communication and collaborative strategies used to deliver evidence-based, client-centered care.
3. Evaluate healthcare outcomes of clients with complicated acute and chronic illnesses using data from multiple relevant sources.

COURSE SCHEDULE

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| --- | --- | --- |
| Day | Time | Room |
| Monday | 8:00-10:45 am | HPNP-1404 |
| Thursday  Selected Friday afternoons – see Weekly Class Schedule. | 12:30-15:15pm | HPNP-G101 |

COURSE MANAGEMENT SYSTEM

Sakai is the course management system that you will use for this course. Sakai is accessed by using your Gatorlink account name and password at <http://lss.at.ufl.edu>. There are several tutorials and student help links on the Sakai login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly and frequently check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

ATTENDANCE

Students are expected to be present for all classes, other learning experiences and examinations. Students who have extraordinary circumstances preventing attendance should explain these circumstances to the course instructor **prior** to the scheduled class as soon as possible. Instructors will make an effort to accommodate reasonable requests.

ACCOMMODATIONS DUE TO DISABILITY

Each semester, students are responsible for requesting a memorandum from the Disability Resource Center to notify faculty of their requested individual accommodations. This should be done at the start of the semester.

STUDENT HANDBOOK

Students are to refer to the College of Nursing Student Handbook for information about College of Nursing policies, honor code, and professional behavior.

TOPICAL OUTLINE

1. Inter- and intraprofessional communication and collaboration
2. Care of clients with complicated alterations in:

a. Protection/Vulnerability

b. Comfort

1. Chronic pain management
2. Activity/Sleep
3. Mobility
4. Oxygenation
5. Tissue perfusion
6. Gas exchange
7. Nutrition
8. Digestion
9. Anatomical structure
10. Elimination
11. Urinary problems
12. Intestinal inflammation
13. Regulation/Metabolism
14. Role

i. Passive aggressive behavior

ii. Splitting

1. Stress
   1. Substance abuse and dependency
   2. PTSD
   3. Crisis
2. Cognition
   1. Communication and language problems
   2. Complicated neurological problems
   3. Chronic neurological problems
3. Affect
   1. Complex problems of mood
4. Perception
   1. Self-destructive behaviors
   2. Suicide
5. Sexuality/Reproduction
6. Infertility
7. Complicated pregnancy

TEACHING METHODS

Lecture, group activities, practice tests and discussion

LEARNING ACTIVITIES

Participation in class and group activities, selected readings and electronic sources

EVALUATION METHODS/COURSE GRADE CALCULATION

Evaluation will be based on four objective tests each worth 100 points. The final exam is comprehensive and will include content previously tested in this course. Test scores are averaged and rounded to the nearest whole number to determine the final course grade.

Exam 1 Friday, May 27, 2011 1600-1800 Computer Testing Center 25%

Exam 2 Thursday, June 16, 2011 1300-1500 Computer Testing Center 25%

Exam 3 Thursday, July 14, 2011 1300-1500 Computer Testing Center 25%

**Exam 4** Thursday, August 4, 2011 1300-1500 Computer Testing Center 25%

**Comprehensive Final Exam**

Total 100%

You must also achieve 84% on each of the four RN practice exams to pass the course

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| --- | --- | --- |
| 4 EVOLVE RN Practice Tests:  Maternity  RN Practice Test  – Due 5/20/11  Pediatrics  RN Practice Test  – Due 6/3/11  Psychiatric-Mental Health  RN Practice Test  – Due 7/1/11  Medical-Surgical  RN Practice Test  – Due 7/22/11 | Each test is  Pass-Fail.  You must score 84% or above on each test to PASS.  May be taken multiple times.  Each exam will close at 11:59pm on the due date  **You must achieve 84% or above on all 4 practice tests, submitted by due date/time, to pass the course.** | Online at EVOLVE:  <https://evolve.elsevier.com/cs/Satellite/StudentHome?Audience=Student> |

Testing will be done at the date and time indicated on the course syllabus. Early testing is not an option and late testing will be given only in exceptional situations. Students must obtain approval of absence from David Derrico (273-6341) **prior** to the scheduled exam. Late testing will be completed within one week of the scheduled exam.

TEN PERCENTAGE POINTS will be deducted from the exam score for UNEXCUSED

absences. Alternate test forms will be given to students not taking exams at scheduled times.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below

\* 74 is the minimal passing grade

REQUIRED TEXTS

Evolve RN Practice Tests:  HESI RN Practice Test, Version 3.0

Ignatavicus, D., & Workman, M.L. (2010).  *Medical-surgical nursing: Patient-centered*

*collaborative care* (6th ed.).  St. Louis, MO: Saunders.

Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D. (2010). *Maternal child nursing*

*care* (4th ed.). Maryland Heights, MO: Mosby.

Townsend, M.C. (2011). *Essentials of psychiatric mental health nursing: Concepts of care in*

*evidence-based practice* (5th ed.). Philadelphia: FA Davis.

ADDITIONAL REQUIRED TEXTS: Select 1 of the following three Review Books

HESI. (2011). *Comprehensive review for the NCLEX-RN examination* (3rd ed.). St. Louis,

Missouri: Elsevier.

Ohman, K. A. (2010). *Davis’s Q&A for the NCLEX-RN examination*. Philadelphia: F.A.

Davis.

Silvestri, L.A. (2011). *Saunders comprenhensive review for the NCLEX-RN examination*

(5th ed.). St. Louis, MO: Saunders.

WEEKLY CLASS SCHEDULE

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| Week # | Date | | Topics Readings & Assignments Faculty | | |
| 1 | Monday, May 9  Thursday, May 12 | | Orientation  **Oxygenation/Protection**: Nursing care of clients Derrico  with Hematologic dysfunction  Ignatavicius & Workman Chapter 41 & 42  **Protection/Vulnerability**: Derrico  Nursing care of clients with Cancer  Ignatavicius & Workman Chapter 23 &24 | | |
| 2 | Monday, May 16  Thursday, May 19  Maternity RN Practice Test  – Due Friday 5/20/11 online | | Nursing care of clients with Derrico  immune dysfunction  Ignatavicius & Workman Chapter 21  Nursing care of clients with Derrico  allergy and autoimmune dysfunction  Ignatavicius & Workman Chapter 22  Child Health Focus:  Perry et al. pp. 583, 1503-1524 Popovich | | |
| 3 | Monday, May 23Thursday, May 26 | | Nursing care of clients with Derrico  arthritis and connective tissue disorders  Ignatavicius & Workman Chapter 20  **Regulation/Metabolism** Nursing care of Derrico clients with endocrine dysfunction  Ignatavicius & Workman Chapter 65 & 66 | | |
| **EXAM** | **Friday May 27**  **4:00-6:00PM**  **Computer Testing Center** | |  | | |
| 4 | Monday, May 30  Thursday, June 2  Pediatrics RN Practice Test  – Due 6/3/11 due online | | **MEMORIAL DAY – NO CLASS**  **Elimination** Nursing care of clients with Derrico  intestinal inflammation  Ignatavicius & Workman Chapter 60  Perry et al. PS pp. 1417-1420 & H. Dz pp.1391-1394 Popovich | | |
| 5 | Monday, June 6  Thursday, June 9 | | **Role:** Nursing Care of Clients who use Snider  passive aggressive and splitting behaviors;  Self-destructive and mutilative behaviors  Townsend 578-579 (table) plus Pgs. 573-577; 787  **Nutrition** Nursing care of clients with Derrico  liver and pancreas dysfunction  Ignatavicius & Workman Chapter 61 & pgs. 1371-1385  Perry et al. Biliary Atresia pp. 1410-1411 Popovich | | |
| 6  **EXAM** | Monday, June 13  **Thursday, June 16**  **1300-1500**  **Computer Testing Center**  Friday, June 17  1200-1445 | | **Stress** Nursing Care in substance abuse & Snider  dependency; post-traumatic response;  Crisis Intervention  Townsend Chapter. 10 & 13  **Affect/Perception:** Nursing Care of complex Snider  mood dysfunction, suicide risk, and intervention  Townsend Chapter 16; Pgs. 371-372 | | |
|  | June 20-24 | | **SUMMER BREAK WEEK – NO CLASSES** | | |
| 7 | Monday, June 27  Thursday, June 30  Psychiatric-Mental Health  RN Practice Test  – Due 7/1/11 | | **Oxygenation**: Nursing care of critically ill Knapp clients with respiratory problems  Ignatavicius & Workman Chapter 34  Nursing care of critically ill Knapp clients with dysrhythmias and shock  Ignatavicius & Workman Chapter 36 & 39 | | |
| 8 | Monday, July 4  Thursday, July 7 | | **JULY 4 HOLIDAY – NO CLASSES**  **Elimination** Nursing care of clients with Knapp  renal failure  Ignatavicius & Workman Chapter 71  Perry et al. RF as relates to peds pp.1542-1549 Popovich | | |
| 9  **EXAM** | Monday, July 11  **Thursday, July 14**  **1300-1500**  **Computer Testing Center**  Friday, July 15  1200-1445 | | **Activity** Nursing care of clients with Knapp  musculoskeltal problems  Ignatavicius & Workman Chapter 53 & 54  Nursing care of clients with Knapp  Peripheral nervous system problems  Ignatavicius & Workman Chapter 46 | | |
| 10 | Monday, July 18  Thursday, July 21  Medical-Surgical  RN Practice Test  Due 7/22/11 due online | | Nursing care of clients with Knapp  Problems of the CNS: The spinal cord  Ignatavicius & Workman Chapter 45  **Cognition** Nursing care of critically ill Knapp clients with neurologic problems  Ignatavicius & Workman Chapter 47  Perry et al. Spina Bifida and Hydrocephalus  pp. 768-769, 1593-1597, & 1725-1731 Popovich | | |
| 11 | Monday, July 25  Thursday, July 28  Friday, July 29  1200-1445 | | Nursing care of critically ill Knapp clients with neurologic problems  Ignatavicius & Workman Chapter 47  **Sexuality/Reproduction** Nursing care of clients Kelley  with complicated pregnancy  Perry et al. Chapters 13, 14 and 19.  Nursing care of clients with infertility Kelley  Perry et al. Chapter 7 pages 129-138 and 156-159. | | |
| 12  **EXAM** | **Thursday August 4**  **Comprehensive Final Exam**  **1300-1500**  **Computer Testing Center** | |  | | |
| Approved: | | | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | | 09/09  09/09  10/09 |