UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Fall 2017

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| COURSE NUMBER | NUR 3138 C |
| COURSE TITLE | Clinical Practice 1: Wellness Promotion and Illness Prevention |
| CREDITS | 4 (1 credit didactic; 3 credits laboratory/clinical ) |
| PLACEMENT | BSN Program: 1st Semester Upper Division |
| PREREQUISITES | Admission to Upper Division BSN Program |
| COREQUISITES | NUR 3069C Health Assessment and Communication  NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention |
| FACULTY   |  |  |  | | --- | --- | --- | |  | Office and Hours | Contact Info | | Sally M. Bethart, MSN, ARNP-BC, PHNA-BC  Clinical Assistant Professor  Course Coordinator | HPNP 4203  Wed. 1300-1500 | [sbeth12@ufl.edu](mailto:sbeth12@ufl.edu)  Office: 352-273-6372  Cell: 352-494-3548 | | Teresa Bruney, DNP, ARNP, PNP-BC  Clinical Assistant Professor | Anytime by appointment | [bruneyts@ufl.edu](mailto:bruneyts@ufl.edu)  Office: 352-371-3604 (leave message)  Cell (text only): 352-316-4229 (from 0700-2100) | | Christa Cook, PhD, RN, PHNA-BC  Clinical Assistant Professor | HPNP 4204  Wed. 1500-1700 | [christacook@ufl.edu](mailto:christacook@ufl.edu)  Office: 352-273-6350  Cell: 352-275-9565 | | Paula Alexander-Delpech, PhD, RN, ARNP  Clinical Assistant Professor | HPNP 4208  Thurs. 1030-1230 | [pdelpech@ufl.edu](mailto:pdelpech@ufl.edu)  Office: 352-273-6333 | | Allison Peters, DNP, RN, CNOR, CNE  Clinical Assistant Professor | HPNP 4206  Fri. 0900-1100 | [petal@ufl.edu](mailto:petal@ufl.edu)  Office: 352-294-5721 | | Karen Reed, MSN, RN, CNL-BC  Clinical Assistant Professor | HPNP 3225  Fri. 0900-1100 | [ksreed@ufl.edu](mailto:ksreed@ufl.edu)  Office: 352-273-6097  Cell: 352-328-2320 | | |
| COURSE DESCRIPTION The purpose of this course is to provide the student with clinical experience in the promotion of wellness and prevention of illness for diverse individual clients across the lifespan. Emphasis is on risk appraisal, environmental assessment, and the context of family in wellness promotion and risk reduction. Focus is on use of health education and counseling with clients in selected settings. | |
| COURSE OBJECTIVES Upon completion of this course, the student will be able to:   1. Apply concepts of wellness promotion and disease, injury, and disability prevention with selected individuals. 2. Utilize therapeutic communication techniques. 3. Apply primary, secondary, and tertiary prevention strategies. 4. Utilize principles of privacy and confidentiality in interactions with clients. 5. Assess environmental factors that influence the healthcare needs and preferences of individuals as members of families. 6. Utilize principles of health teaching and counseling with clients. 7. Utilize scientific principles in the demonstration of selected psychomotor skills. 8. Recognizes accountability for personal and professional behaviors. | |
| CLINICAL/LABORATORY SCHEDULE  E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).  It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.  Course websites are generally made available on the Friday before the first day of classes. | |
| **DIDACTIC**  Web based content throughout the semester | |
| **NURSING RESOURCE CENTER (NRC) SKILLS LABATORY**  First 2 weeks of classes – Mondays August 21st and 28th and Tuesdays August 22nd and 29th   * Groups 1, 2, 7, and 8 will attend lab 0800-1000 * Groups 3, 4, 9, and 10 will attend lab 1030-1230 * Groups 5, 6, 11, and 12 will attend lab 1330-1530   Fridays are Open Lab 0900-1200   * To schedule a one‐hour slot - <http://nursing.ufl.edu/students/nursing-resource-center/open-lab-reservation-system-for-students/> * Specify one to three skill(s) in the drop down menu | |
| **COMMUNITY-BASED CLINICAL**  Mondays and Tuesdays throughout the entire semester  See the Community Clinical Activities Calendar in Canvas | |
| **HOSPITAL-BASED ACUTE CARE CLINICAL**  Mondays and Tuesdays throughout the entire semester  See the Clinical List for your clinical group and faculty assignments in Canvas | |
| **SIMULATION**  Activities will be presented throughout the entire semester  See the Community Clinical Activities Calendar in Canvas  **PUTTING FAMILES FIRST (PFF)**  Three Tuesdays this semester – September 19th, October 17th, and November 21st  See the Putting Families First Canvas site for further details  **Area Health Education Centers Tobacco Training and Cessation Program** **(ATTAC-IT)** Training  September 7th  Reitz Union  **PUTTING IT ALL TOGETHER SEMINAR**  Three Tuesdays this semester – September 19th, October 17th, and November 21st  Following PFF meetings | |

TOPICAL OUTLINE

1. Safety
2. Asepsis
3. Standard precautions
4. Isolation techniques
5. Risk assessment
   1. Falls
6. Self Care
   1. Hygiene
7. Nutrition
8. Hydration
9. Intake and output
10. Mobility
11. Positioning
12. Transfer
13. Ambulation
14. Comfort
15. Health teaching and counseling
    1. Therapeutic communication
    2. Wellness promotion and illness prevention
16. Elimination
17. Regulation – Glucose Monitoring

TEACHING METHODS

Lecture, discussion, demonstrations, supervised laboratory and simulation experiences, supervised clinical experiences, and seminars.

LEARNING ACTIVITIES

Selected laboratory, community-based, and acute care clinical experiences, participation in seminar and assigned interprofessional education activities, e.g., Putting Families First (PFF) and ATTAC-IT (Area Health Education Centers Tobacco Training and Cessation Program – Initial Training).

EVALUATION METHODS/CLINICAL EVALUATION

Clinical courses are evaluated using the Clinical Evaluation form. Clinical evaluation will be based on faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Clinical evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. **The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course.** A rating of less than satisfactory in any of the areas at semester end will constitute a course grade of E. Regardless of the classroom grade, the student receiving an Unsatisfactory evaluation in the clinical component of the course will be assigned a course grade of E or U.

The faculty member will hold evaluation conferences with the student and clinical preceptor, if applicable, at each site visit. The faculty member will document or summarize each conference on the Clinical Evaluation Form or Advisement Record. This summary will be signed by the faculty member and student. Mid-rotation evaluation conferences will be made available to each student. **Final evaluation conferences with the faculty member are mandatory** and will be held during the last week of each course. A student may request additional conferences at any time by contacting the faculty member.

UNIFORM REQUIREMENTS

**Nursing Resource Center (Skills Lab), Simulation, and Hospital Uniform**

Uniform consists of navy scrub pants and a CON navy scrub top. Shoes must be white or black, clean, and nonporous with closed toe and heel. Overall appearance must convey a professional image. Personal hygiene and grooming should be of a standard that ensures the safety and comfort of clients and patients:

* Hair must be pulled back and not fall into face.
* Facial hair must be clean-shaven or short. Neat beards only
* Fingernails must be clean and short. No polish, artificial nails or nail products permitted.
* Perfumes, colognes, or scented lotions are not permitted.
* Tattoos or body art should not be visible or must be covered.
* Jewelry is limited to one wedding ring and one small pair of studded earrings worn on the ear lobes. No other visible jewelry or piercings are permitted, this includes facial or mouth piercings.

Students must arrive to clinical/NRC activities with all the required equipment necessary for the scheduled activities. Students should wear their UF Gator One badge while in the NRC, simulation setting, community or hospital unless otherwise specified.

Cell phones may be used in the clinical setting at the discretion of the faculty. Pagers are not allowed in the clinical or classroom setting. Cell phone usage or texting is not permitted during class time.

**Community Uniform**

Uniform consists of a navy or white CON polo shirt with khaki pants. Shoes must have a close toed and heel and should be comfortable enough to participate in physical activities. Students should wear their UF Gator One badge while in the community setting unless otherwise specified. Overall appearance (personal hygiene and grooming) must convey a professional image.

Any student, who does not adhere to these requirements, will NOT be permitted to attend or participate in laboratory, simulation, clinical, and community activities.

MAKE UP POLICY

Students will be required to make up time missed in lab and clinical based upon the faculty’s assessment of whether the individual student is meeting the clinical objectives and the frequency of absences. Make-up opportunities are at the discretion of faculty.

GRADING SCALE

**S Satisfactory**

**U Unsatisfactory**

Evaluation of the clinical lab/nursing skills will be based on the satisfactory completion of all assignments, which includes participation. An Unsatisfactory grade may be assigned for being late or missing assigned NRC or clinical activities or assignments. Feedback on written assignments will be within one week.

For more information on grades and grading policies, please refer to University’s grading policy:

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a nursing student reflects on the student's individual’s ability to become a competent professional nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

* Attendance
* UF Grading Policy
* Accommodations due to Disability
* Religious Holidays
* Counseling and Mental Health Services
* Student Handbook
* Faculty Evaluations
* Student Use of Social Media

REQUIRED TEXTBOOKS

* Elsevier. (2015). *Clinical Skills: Essentials Collection,* *1st Edition*. ISBN-10: 0323394493 Course ID: COURSE ID 154963\_sbethart\_1002
* Perry, A.G. Potter, P.A. & Ostendorf, W. (2017). *Clinical nursing skills & techniques* (9th ed.). St. Louis: Mosby/Elsevier. ISBN-10: 0323400698
* Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D. (2014). *Maternal child nursing* *care* (5th ed.). Maryland Heights, MO: Mosby. ISBN-10: 0323400698
* Potter, P. A. & Perry, A.G. (2017). *Fundamentals of nursing* (9th ed.). St. Louis: Mosby/Elsevier. ISBN-10: 0323327400
* Silvestri, L.A. (2016). *Saunders comprehensive review for the NCLEX-RN examination* (7th ed.). St. Louis, MO: Saunders. ISBN-10: 0323358519
* Silvestri, L. A. & Silvestri, A. (2016). Strategies for test success: Passing nursing school and the NCLEX exam. St. Louis, MO: Elsevier. ISBN-10:0323296610

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12; 02/14  09/09; 03/12; 02/14  10/09; 04/12 |