UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

FALL 2016

COURSE NUMBER NGR 6503L

COURSE TITLE Psychiatric-Mental Health Nurse Practitioner: Individual Psychotherapy Clinical

CREDITS 03 (144 clock hours)

PLACEMENT DNP Program: Psychiatric-Mental Health Nurse Practitioner Track

# COREQUISITES NGR 6560C Advanced Psychiatric Assessment and Diagnostics

NGR 6503 Psychiatric-Mental Health Nurse Practitioner: Individual Psychotherapy

# FACULTY Sandra Janashak Cadena, PhD, ARNP, PMHCNS-BC, CNE

# Clinical Associate Professor, PMHNP Program Track Coordinator Office hours Mondays or by appointment

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COURSE DESCRIPTION This course provides supervised clinical experiences in the assessment, diagnosis, treatment, and evaluation of clients across the lifespan who are experiencing acute and/or chronic psychiatric disorders. Emphasis is placed evidenced-based practice and the utilization of theoretical and conceptual models for assessing, planning, and treating major psychiatric disorders. Moreover, emphasis is given to promoting, maintaining, and restoring wellness to individual clients of all ages. Holistic therapeutic approaches are used to enhance the functioning of diverse individuals across the lifespan.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Develop a professional role as an advanced practice psychiatric-mental health nurse, including the integration of self-knowledge.
2. Utilize selected theories to promote therapeutic alliance with clients receiving mental health care across the lifespan.
3. Implement individual therapy with selected clients across the lifespan experiencing psychiatric problems.
4. Apply age-appropriate health promotion and disease prevention guidelines based on individual patient variances.
5. Collaborate with clients and health care providers to provide holistic nursing care to individuals fromdiverse populations.
6. Establish treatment plans based on research and evidence-based practice related to mental health.
7. Apply knowledge of political, legal, economic, social, cultural, and technological factors in delivering mental health services to clients across the lifespan.
8. Evaluate and incorporate ethical and legal decisions, as well as the consequences of these decisions, in the development of an advanced practice role.

CLINICAL SCHEDULE

To be arranged with preceptor and faculty member.

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

# TEACHING METHODS

Seminar, supervised clinical practice, individual and group supervision, written assignments, audiovisual materials, and selected readings.

LEARNING ACTIVITIES

Clinical practice, written assignments, readings, and clinical reports

CLINICAL EVALUATION

**Minimum Required Clinical Practice Hours: 144 hours**

Clinical experience will be evaluated through faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation Form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course. A rating of less than satisfactory in any of the areas at semester end will constitute an Unsatisfactory course grade.

The faculty member will hold evaluation conferences with the student and clinical preceptor at each site visit. The faculty member will document or summarize each conference on the Clinical Evaluation Form or Incidental Advisement Record. This summary will be signed by the faculty member and students. Mid-rotation evaluation of conferences will be made available to each student. Final evaluation conferences with the faculty member are mandatory and will be held during the last week of each clinical rotation. A student may request additional conferences at any time by contacting the clinical faculty member.

**Students are required to use Typhon software associated with the UF account to schedule all clinical days and to record patient logs.  The faculty will also use Typhon or otherwise communicate with the student to schedule the site visit.  Students also assess their learning experience using Clinical Site Assessment Form G.  Completed Form G is submitted under Assignments tab in Canvas. At the end of the clinical experience the student completes a self-evaluation and the faculty member completes a student evaluation using the College of Nursing Clinical Evaluation Form.**

**Typhon clinical log information must be kept up to date weekly. The student has a 7 day window to post each clinical contact.**

MAKE UP POLICY

Students will notify faculty in advance for any anticipated absences, missed assignments due to excused absences, or missed clinical hours. Students will develop arrangements with the faculty or and clinical preceptor as required to make up missed written or clinical assignments, as well as clinical hours.

GRADING SCALE

Clinical component

S Satisfactory = Meets course objectives

U Unsatisfactory = Does not meet course objectives

For more information on grades and grading policies, please refer to University’s grading policies: http://gradcatalog.ufl.edu/content.php?catoid=4&navoid=907#grades

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

REQUIRED TEXTBOOKS

American Nurses Association, American Psychiatric Nurses Association, & International Psychiatric Nurses (2007). *Scope and standards of psychiatric-mental health nursing practice.* Washington, DC: ANA

American Psychiatric Association. (2013). *Quick reference to diagnostic criteria from DSM.*  Washington, DC: Author.

Kaplan, H. I., & Sadock, B. J. (2010). *Pocket handbook of clinical psychiatry (5th ed.)*. Baltimore, MD: Williams & Wilkins.

REQUIRED ELECTRONIC RESOURCES

[www.state.sc.us/dmh/clinical/guidelines.htm](http://www.state.sc.us/dmh/clinical/guidelines.htm)

RECOMMENDED TEXTBOOKS

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: Author.

Stahl, S.M. (2008). *Essential psychopharmacology. Neuroscientific basis and practical applications* (3rd ed.). New York: Cambridge University Press.

Stahl, S.M. (2011). *The prescriber’s guide (Stahl’s essential psychopharmacology* (4th ed.). New York: Cambridge University Press.

Approved: Academic Affairs Committee: 01/08; 01/13

Faculty: 02/08; 01/13

UF Curriculum: 10/08; 03/13