UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SPRING 2017

COURSE NUMBER NUR 3738 Sections 1G61 & 2859

COURSE TITLE Systems of Care 2: Restoration of Wellness

CREDITS 3

PLACEMENT BSN Program: 2nd Semester Upper Division

PREREQUISITES NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention

NUR 3129 Pathophysiology and Psychopathology

NUR 3069C Health Assessment and Communication

COREQUISITES NUR 3145 Pharmacology for Nursing

FACULTY OFFICE PHONE OFFICE HOURS

David J Derrico RN, MSN HPNP 352-273-6341 Friday 0800-1000

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Associate Professor 2228 cell 352-359-5952

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COURSE DESCRIPTION The purpose of this course is to examine the knowledge necessary to participate in development of plans of care for clients with common acute and chronic illnesses across the lifespan and for intrapartal women. Emphasis is on principles of safe and effective delivery of care to diverse clients with disease, injury and disability in a variety of settings. Focus is on clients with a medium to high potential for wellness.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Analyze the healthcare needs of clients with selected common acute and chronic illnesses across the lifespan.
2. Incorporate principles and concepts from liberal arts and science and nursing science into plans of care for selected clients.
3. Incorporate the health beliefs, values, attitudes and practices of individuals and families into the development of plans of care.
4. Develop evidence-based plans of care using principles of quality and safety.
5. Analyze interprofessional plans of care for clients with common acute and chronic illnesses across the lifespan.
6. Examine nurse-sensitive indicators that influence utilization of resources in delivery of effective care.

COURSE SCHEDULE

Monday 0830 -1130 Section 1G61: G114

Section 2859: G301

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

I. General Approach

Use of the problem solving process to develop interdisciplinary plans of care.

1. Application of concepts to exemplars across the lifespan
2. Nursing interventions that are developed based on identified nursing problems and utilize evidence based guidelines and standards of care

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| 1. CONCEPTS to be introduced in this course: For each concept provide definition, background/theories, assessment tools, nurse sensitive indicators, and evidence-based standards of care. CONCEPTS | EXAMPLES OF ASSOCIATED NURSING PROBLEMS |
| ROLE | Parent/infant attachment, sick role |
| TISSUE INTEGRITY | Surgical wounds, pressure ulcers, infection |
| COMFORT | Acute pain |
| OXYGENATION | Dyspnea |
| PERFUSION | Hemorrhage, deep vein thrombosis |
| SLEEP | Insomnia |
| AFFECT | Sadness, Bereavement |
| COGNITION | Confusion |
| STRESS | Anxiety |
| PERCEPTION | Hearing and visual impairment |
| METABOLISM | Obesity, hyper/hypoglycemia, nausea and vomiting, fluid and electrolyte imbalance |

2. CONCEPTS to be reviewed in this course: For each concept provide assessment tools, nurse sensitive indicators, and evidence-based standards of care.

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| CONCEPTS | EXAMPLES OF ASSOCIATED NURSING PROBLEMS |
| Safety | Falls, Medication Errors |
| Nutrition | Malabsorption, Malnutrition |
| Elimination | Diarrhea, constipation, incontinence, ileus |

3. EXEMPLARS: For each exemplar, tie to related concepts, identify specific nursing problems and specific nursing interventions across the life span where applicable (eg. Monitoring, medications and their administration, teaching, interdisciplinary collaboration, therapeutic communication and comfort measures)

a. Intrapartal woman/fetus/newborn

b. Patient requiring perioperative care

c. Patients with:

1) pneumonia/asthma

2) angina/congenital heart disease

3) depression/delirium/sick role/ bereavement

4) diabetes

5) fractures/immobility

6) irritable bowel syndrome

TEACHING METHODS

Lecture, audiovisual materials, written materials, and presentation of case studies.

LEARNING ACTIVITIES

Participation in large and small group activities, selected readings and electronic resources.

EVALUATION METHODS/COURSE GRADE CALCULATION

Evaluation will be based on three objective tests, the HESI Mid-Curricular Examination, and class participation. The number of points earned by the end of the course will be rounded to the nearest whole number to determine the final course grade. Feedback on assignments will be within one week.

Exam 1 Monday February 13, 2017 0830 G114 or G301 27%

Exam 2 Monday March 27, 2017 0830 G114 or G103 27%

HESI Mid-Curricular Examination

Monday April 10, 2017 0830 Computer Testing Center 10%

Final Exam Monday April 24, 2017 0830 G101 27%

Class Participation 9%

Total 100%

MAKE UP POLICY

Examinations will be completed on the date indicated on the course syllabus. Early testing is not an option and late testing will be allowed only in exceptional situations. Students must obtain **PRIOR** approval for absence from taking an examination from David Derrico. Alternate test forms will be given to students not taking the examinations as scheduled.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

REQUIRED RESOURCE

Exam soft will be utilized in this course for the administration of examinations. Students will be instructed by faculty on how to access and pay for this required resource.

\* **Top Hat subscription**- <https://tophat.com/>

(You will need to enter user code sent by Top Hat).

You may have other courses using Top Hat: There is a $24.00 fee per semester NOT per class to purchase the Top Hat app.

*\* You are responsible for having the following supplies for this course:*

*A laptop with a privacy screen or a cellphone (either smart phone or flip phone) is required to participate in the classroom activities throughout the semester*.

REQUIRED TEXTBOOKS

Lewis, S.L., Dirksen, R.F., Heitkemper, M.M., Bucher, l., & Camera, I.M.  (2017).

     Medical-Surgical nursing:  Assessment and management of clinical problems (10th ed.).

     St. Louis, Mo:  Mosby.

Perry, S., Hockenberry, M., Lowdermilk, E. & Wilson, D. (2014). *Maternal child nursing care*

(5th ed.). St. Louis, MO: Elsevier Mosby.

​Silvestri, L.A.  (2014).  *Saunders comprehensive review for the NCLEX-RN examination*

      (6th ed.). St. Louis, MO: Saunders.

RECOMMENDED TEXTBOOKS

HESI. (2014). *Comprehensive review for the NCLEX-RN examination* (4th ed.). St. Louis,

Missouri: Elsevier.

Townsend, M.C. (2014). *Essentials of psychiatric mental health nursing: Concepts of care*

*in evidence-based practice* (6th ed.). Philadelphia: FA Davis.

**WEEKLY CLASS SCHEDULE**

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| **WEEK** | **DATE** | **TOPIC/ READINGS/ ASSIGNMENTS/ FACULTY** |
| 1 |  | NO MONDAY CLASSES |
| 2 | Monday Jan. 9 | Course Orientation Derrico  Priorities & Concepts G114  Management of Fluid & Electrolyte Balance  Lewis: Chapter 16  Course Orientation Krueger  Priorities & Concepts G301  Assessment & Care in Pregnancy  **Nursing Care Exemplars:** NST, Diabetes, Preeclampsia, HELLP  PHLW:  Chapters 10, 11, 12, 13  Review: Chapters 7 & 8 |
| 3 |  | MLK HOLIDAY - - NO CLASSES |
| 4 | Monday, Jan. 23 | Management of Perioperative Care Derrico  Lewis: Chapter 17, 18 & 19 G114  Gastrointestinal Dysfunction Derrico  **Nursing Care Exemplars:** GB Disease  Lewis: Chapter 41 & 42  Nursing Care During Labor                                          Krueger  **Nursing Care Exemplars:** Stages of labor, PROM, G301 Pitocin Induction, MSF  PHLW: Chapters 14, 15, 16, & 17 |
| 5 | Monday, Jan. 30 | Cardiovascular Dysfunction Derrico  **Nursing Care Exemplars:** G114  Management of Hypertension, Vascular Disorders CAD, Acute Coronary Syndrome, Heart Failure  Lewis: Chapter 32, 33, 34, & 37  Postpartum Nursing Care                                            Krueger  **Nursing Care Exemplars:** Boggy Uterus, G301 Episiotomy, Postpartum Hemorrhage  PHLW: Chapter 18 & 19 & 21 |
| 6 | Monday, Feb. 6 | Endocrine Dysfunction Derrico  **Nursing Care Exemplars:** Diabetes G114  Lewis: Chapter 48  Altered Sensory Input  **Nursing Care Exemplars:** Vision and Hearing:  Glaucoma & Cataracts  Lewis: Chapter 21  Care of Newborn and Feeding                                     Krueger  **Nursing Care Exemplars:** Apgar, Circumcision, G301 Latching, Trauma  PHLW: Chapter 23,24 & 25  Review: Chapter 22 |
| 7 | Monday, Feb. 13 | **EXAM 1** Derrico  Respiratory Dysfunction G114  Nursing Care Exemplars: Pneumonia, Asthma, COPD  Lewis: Chapter 27 & 28  **EXAM 1** Krueger  Congenital Heart Disease G301  PHLW: Chapter 42 |
| 8 | Monday Feb. 20 | Management of Fluid & Electrolyte Balance Derrico  Lewis: Chapter 16 G301  Assessment & Care in Pregnancy Krueger  Nursing Care Exemplars: NST, Diabetes, Preeclampsia, G114 HELLP, Fetal well-being, FHR/UA Patterns, 5 P’s, Cardinal Movements  PHLW: Chapters 10, 11, 12, 13, 14, & 15  Review: Chapters 7 & 8 |
| 9 | Monday, Feb. 27 | Management of Perioperative Care Derrico  Lewis: Chapter 17, 18 & 19 G301  Gastrointestinal Dysfunction Derrico  **Nursing Care Exemplars:** GB Disease  Lewis: Chapter 43  Nursing Care During Labor                                          Krueger  **Nursing Care Exemplars:** Stages of labor, PROM, G114 Pitocin Induction, MSF  PHLW: Chapters 14, 15, 16, & 17 |
| 10 | March 6 – 10 | SPRING BREAK - NO CLASSES |
| 11 | Monday, Mar 13 | Cardiovascular Dysfunction Derrico  **Nursing Care Exemplars:** G301  Management of Hypertension, Vascular Disorders CAD, Acute Coronary Syndrome, Heart Failure  Lewis: Chapter 32, 33, 34, & 37  Postpartum Nursing Care                                            Krueger  **Nursing Care Exemplars:** Boggy Uterus, G114 Episiotomy, Postpartum Hemorrhage  PHLW: Chapter 18,19 & 21 |
| 12 | Monday, Mar. 20 | Endocrine Dysfunction Derrico  **Nursing Care Exemplars:** Diabetes G301  Lewis: Chapter 48  Altered Sensory Input  **Nursing Care Exemplars:** Vision and Hearing:  Glaucoma & Cataracts  Lewis: Chapter 21  Care of Newborn and Feeding                                     Krueger  **Nursing Care Exemplars:** Apgar, Circumcision, G114 Latching, Trauma  PHLW: Chapter 23, 24 & 25  Review: Chapter 22 |
| 13 | Monday, Mar. 27 | **EXAM 2** Derrico  Respiratory Dysfunction G301  Nursing Care Exemplars: Pneumonia, Asthma, COPD  Lewis: Chapter 27 & 28  **EXAM 2** Krueger  Congenital Heart Disease G114  PHLOW: Chapter 42 |
| 14 | Monday, April 3 | Management of Mental Health Snider  Sick Role and anxious/affective responses, Depression G114  & bereavement: Townsend – TBA  Musculoskeletal Dysfunction Derrico  **Nursing Exemplars:** Fractures**,** Amputations, G301  & Osteoporosis,  Lewis: Chapter 62 & 63  Reproductive Problems in Men  **Nursing Care Exemplars:** BPH  Lewis: Chapter 54 |
| 15 | Monday, April 10 | **HESI MID-CURRICULAR EXAMINATION**  0830-1100 Computer Testing Center CG-28  **\*\*\*\*\*Ear buds are required\*\*\*\*\*** |
| 16 | Monday, April 17 | Management of Mental Health Snider  Sick Role and anxious/affective responses, Depression G301  & bereavement: Townsend – TBA  Musculoskeletal Dysfunction Derrico  **Nursing Exemplars:** Fractures**,** Amputations, G114  & Osteoporosis,  Lewis: Chapter 62 & 63  Reproductive Problems in Men  **Nursing Care Exemplars:** BPH  Lewis: Chapter 54 |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12  09/09; 03/12  10/09; 04/12 |

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| Finals Week | Monday, April 24 | **Final Exam**  **0830-1030 G101** |