UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

Syllabus

SUMMER 2017

COURSE NUMBER NGR 6508L

COURSE TITLE Psychiatric-Mental Health Nurse Practitioner: Group and Individual Psychotherapy Clinical

CREDITS 03

PLACEMENT DNP Program: Psychiatric‑Mental Health Nurse Practitioner Track

# PREREQUISITE NGR 6509L Psychiatric-Mental Health Nurse Practitioner: Family and Individual Psychotherapy Clinical

COREQUISITE NGR 6508 Psychiatric-Mental Health Nurse Practitioner: Group Psychotherapy

FACULTY Sandra Cadena, PhD, ARNP, PHMNCS-BC, CNE

[scadena@ufl.edu](mailto:scadena@ufl.edu)

Office hours by Appointment

HPNP Complex 3311

(cell)813-997-5653

# 

COURSE DESCRIPTION This course provides the student with the advanced clinical skills to use group therapy to intervene with adolescent and adult clients experiencing dysfunctional interpersonal patterns. Emphasis is on utilization of theoretical and conceptual models for assessing, planning, treating and evaluating dysfunctional patterns in groups, including promotion, maintenance, and restoration of mental health in age-appropriate groups. In addition, this course continues to assist students to develop clinical skills to intervene with adolescent and adult clients experiencing acute and chronic psychiatric disorders and mental health issues.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Integrate the role of the advanced practice nurse into clinical practice with groups and individuals.
2. Utilize theoretical and conceptual models as a basis for advanced nursing practice with individuals and groups.
3. Implement group therapy to treat dysfunctional interpersonal patterns and to promote, maintain, and restore mental health with selected clients using age-appropriate methods.
4. Evaluate the effectiveness of group and individual therapy based on client outcomes.
5. Utilize current research in group psychotherapy with adolescents and adults toidentify researchable problems in group work.
6. Use self-awareness of emotional and behavioral responses to others to enhance the group process.
7. Apply principles of leadership in collaboration with other health care providers to conduct group psychotherapy.

CLINICAL SCHEDULE

To be arranged with preceptor and faculty member. Completion of Clinical and Preceptor Course Form (see course documents).

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

# TEACHING METHODS

Seminar, supervised clinical practice, individual and group supervision, written assignments, audiovisual materials, and selected readings.

LEARNING ACTIVITES

Clinical practice, written assignments, readings, scheduled simulation in person meetings and clinical reports.

Clinical Supervision: Attendance is required for clinical group supervision. It is scheduled EVERY MONDAY 930am until 11am (see schedule) - ONLINE

# CLINICAL EVALUATION

Minimum Required Clinical Practice Hours: 144 hours

Clinical experience will be evaluated through faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation Form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course. A rating of less than satisfactory in any of the areas at semester end will constitute an Unsatisfactory course grade.

The faculty member will hold evaluation conferences with the student and clinical preceptor at each site visit. The faculty member will document or summarize each conference on the Clinical Evaluation Form or Incidental Advisement Record. This summary will be signed by the faculty member and students. Mid-rotation evaluation of conferences will be made available to each student. Final evaluation conferences with the faculty member are mandatory and will be held during the last week of each clinical rotation. A student may request additional conferences at any time by contacting the clinical faculty member.

Students also assess their learning experience using Clinical Site Assessment Form G. Completed Form G is submitted under Assignments tab in Canvas. At the end of the clinical experience the student completes a self-evaluation and the faculty member completes a student evaluation using the College of Nursing Clinical Evaluation Form.

**Students are required to use Typhon software associated with the UF account to schedule all clinical days and to record patient case logs and time logs.  Students also assess their learning experience using Clinical Site Assessment Form G.  Completed Form G is submitted under Assignments tab in Canvas. At the end of the clinical experience the student completes a self-evaluation and the faculty member completes a student evaluation using the College of Nursing Clinical Evaluation Form.**

**Typhon clinical log information must be kept up to date weekly. The student has a 7 day window to post each clinical contact.**

**Each Case Log on every patient that the student observed, participated with the preceptor, provided assessment, offered recommendations and/or provided care must be complete and include all requested information, supporting the documentation of required 144 clinical hours.**

**Time Logs must be complete to include all student meetings with preceptors, focused on patient care and participation in seminars/supervisions as scheduled.**

**Satisfactory completion of all Typhon documentation requirements partially meets course objectives for clinical evaluation.**

MAKE UP POLICY

Clinical hours will be made up according to permission of the instructor and on a case by case basis. Prior notification, if possible is expected and required.

GRADING SCALE

Clinical component:

S Satisfactory = Meets course objectives

U Unsatisfactory = Does not meet course objectives

For more information on grades and grading policies, please refer to University’s grading policies: http://gradcatalog.ufl.edu/content.php?catoid=4&navoid=907#grades

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

REQUIRED TEXTBOOK

Corey, M., Corey, G., & Corey, C. (2013). *Groups: Process and practice (9th ed.).* California: Brooks Cole.

Approved: Academic Affairs Committee: 01/08; 01/13

Faculty: 02/08; 01/13

UF Curriculum: 10/08; 03/13