UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Summer/2017

COURSE NUMBER NUR 3069C, Section 7F36

COURSE TITLE Health Assessment and Communication

CREDITS 3 (2 credits didactic; 1 credit laboratory)

PLACEMENT BSN Program: 1st Semester Upper Division

PREREQUISITE Admission to Upper Division BSN Program

COREQUISITE NUR 3129 Pathophysiology and Psychopathology

NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention

FACULTY

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COURSE DESCRIPTION

This purpose of this course is to examine therapeutic communication and health assessment principles and techniques. Emphasis is on development of therapeutic communication skills and assessment of the health of individuals across the lifespan. Focus is on development of therapeutic relationships and the use of general and specialized assessment skills as a basis for clinical decision making.

COURSE OBJECTIVES

Upon completion of this course, the student will be able to:

1. Utilize therapeutic communication techniques within the nurse-client relationship.
2. Assess health history, including environmental exposure, wellness/illness beliefs, values, attitudes, and practices of individuals, and a focused family health history.
3. Identify cultural, developmental, and functional patterns, variations in the health status of individuals across the lifespan.
4. Perform an integrated comprehensive physical examination using inspection, palpation, percussion, and auscultation techniques.
5. Document health assessment data in accordance with legal and ethical guidelines.
6. Identify principles used in electronic recording of patient care information.

COURSE SCHEDULE

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications. Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Communication across the lifespan
   1. Active listening
   2. Empathy
   3. Silence
   4. Touch
   5. Paraphrasing
   6. Clarifying
   7. Focusing
   8. Summarizing
   9. Self-disclosing
   10. Confronting
2. Problem solving process in nursing practice
3. Critical thinking and decision making
4. Assessment
   1. Overview
   2. Health history
   3. Functional Health Pattern assessment
   4. Developmental assessment
   5. Cultural assessment
   6. Mental status assessment
   7. Physical examination
      1. Techniques
      2. System review
5. Communication of health assessment data
6. Collaboration with inter-professional healthcare team
7. Electronic health records

TEACHING METHODS

Online lecture, demonstration, and guided laboratory practice sessions.

LEARNING ACTIVITIES

Reading assignments, online videos, return demonstrations, and simulated laboratory experiences.

EVALUATION METHODS/COURSE GRADE CALCULATION

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| NRC Attendance/Participation/Lab Manual | 5 | % |
| SBAR Activity | 5 | % |
| Virtual Patient Care Plan | 5 | % |
| Weekly Lab Manual Assignments | 15 | % |
| Final Cumulative Exam #4 | 20 | % |
| Comprehensive Health Assessment Video | 20 | % |
| Exams #1-3 | 30 | % |
| Total | 100 |  |

GRADING

NRC Attendance/Participation: There will be a total of 11 Nursing Resource Center (NRC) lab times that are mandatory to the course. Three (3) points total are given for the full attendance (1), active participation (1), and prior preparation with the lab manual (1) in the NRC session. For any missed NRC sessions or incomplete chapter manuals partial points are at the discretion of the lab instructor. Due to the complexity of the lab coordination, there will be no switching or altering of the required NRC lab times. Students will adhere to their assigned lab times

Examinations: There are a total of 3 examinations plus one final, comprehensive examination. For exams 1-3, each examination is worth 10% of the total grade. The final examination, being comprehensive, is worth 20% of the total grade. The examinations will be on campus utilizing the ExamSoft examination program. More information will be provided on the course website.

MAKE UP POLICY

Alternative or make up activities will be only made available in the event the faculty member is notified prior to the missed occurrence. Excused absences are limited to personal illness or a death in the immediate family. The faculty member may request documentation supporting any absence. Work, family events, vacations, or other related activities that cause a missed assignment, missed exam or missed attendance in the simulation lab are not excusable absences.

Missed NRC Session

* For an excused absence: The student will receive credit (3 points) for attending the make-up lab, preparing the lab manual prior to the make-up lab and submitting the material to the instructor on the original due date, and fully participating in the make-up lab.
* For an unexcused absence: The student will receive no credit for attending the ***required*** make-up session. However, 1 point for demonstrating adequate preparation (preparing the lab manual prior to the make-up lab and submitting the material to the instructor on the original due date) may be earned with active lab participation.

Missed Examinations

* If you have an excused absence, you may make up a maximum of one missed exam per semester. The make-up examination will be scheduled as soon as possible after the original examination date. The exact date and location of the examination will be determined by the course instructor with a secured testing area. You may not make up more than one exam.
* If you have an unexcused absence and miss an examination, the grade for that examination is 0%.

GRADING SCALE

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

**\* 74 is the minimal passing grade**

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

* Attendance
* UF Grading Policy
* Accommodations due to Disability
* Religious Holidays
* Counseling and Mental Health Services
* Student Handbook
* Faculty Evaluations
* Student Use of Social Media

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at http://www.dso.ufl.edu/students.php. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

REQUIRED TEXTBOOKS

Ackley, B., & Ladwig, G. (2016). *Nursing diagnosis handbook: An evidence-based guide to planning care* (11th ed.). St. Louis: Mosby/Elsevier.

Jarvis, C. (2015a). *Physical examination and health assessment* (7th ed.). St. Louis: Saunders/Elsevier.

Jarvis, C. (2015b). *Physical examination and health assessment student laboratory manual* (7th ed.). St. Louis: Saunders/Elsevier.

Jarvis, C. (2015c). *Pocket companion for physical examination and health assessment* (7th ed.). St. Louis: Saunders/Elsevier.

**Top Hat -** We will be using the Top Hat ([www.tophat.com](http://www.tophat.com/)) classroom response system in class.

You will be able to submit answers to in-class questions using Apple or Android smartphones and tablets, laptops, or through text message. See the course Canvas site for more information.

Recommended Textbooks

Perry, A. G., & Potter, P. A. (2017). *Clinical nursing skills and techniques* (9th ed.). St. Louis: Mosby/Elsevier.

Potter, P. A., & Perry, A. G. (2017). *Fundamentals of nursing* (9th ed.). St. Louis: Mosby/Elsevier

WEEKLY CLASS/LAB SCHEDULE

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| **WEEK/**  **DATE**  **(Online Open Date)** | **LECTURE TOPIC**  **(On Canvas)** | **READINGS/ASSIGNMENTS** | **EXAMS**  **\*\*NOTE VARIOUS ROOMS** | **LAB TOPIC**  **\*\*NOTE VARIOUS TIMES/GROUPS** |
| **Week 1:**  May 8-12  Open:  Friday  May 5th | * Course Introduction * Evidence-Based Assessment * Cultural Competence * The Interview | Jarvis: Ch. 1, 2, 3, 4  Jarvis Lab Manual: Ch. 1, 3, 4 (p.25-28) *– done before NRC lab time*  **Lab Assignment #1:** Lab Manual – p. 29-36, Initiated in lab and uploaded to Canvas, **Due May 12th, by 11:59pm** |  | **Week 1**  **May 10th: 1:00-8:45pm**   * Introduction * Communication * Cultural Competence * Functional Health Pattern Questions   Session 1: 1:00pm-4:45pm  Clinical Groups: **1, 2, 3, 4, 5**  Session 2: 5:00pm-8:45pm  Clinical Groups: **6, 7, 8, 9**  **Will switch sessions after each exam** |

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| **Week 2:**  May 15-19  Open:  Thursday  May 11th | * Assessment Techniques * General Survey & Vital Signs * Pain Assessment * Dermatological Assessment: Skin, Hair, Nail Assessment | Jarvis: Ch. 8, 9, 10, 12  Jarvis Lab Manual: Ch. 8, 9 (p.63-70), 10, 12 (p.85-92) *– done before NRC lab time*  **Lab Assignment #2:** Lab Manual – p. 71, p.93-94, Initiated in the lab and uploaded to Canvas, **Due May 19th, by 11:59pm** |  | **Week 2**  **May 17th: 1:00-8:45pm**   * General Survey * Pain * Vital Signs * Derm Assessment   Session 1: 1:00pm-4:45pm  Clinical Groups: **1, 2, 3, 4, 5**  Session 2: 5:00pm-8:45pm  Clinical Groups: **6, 7, 8, 9** |

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| **Week 3:**  May 22-26  Open:  Thursday  May 18th | * HEENT (Head, Ear, Eyes, Nose, & Throat) | Jarvis: Ch. 13, 14, 15, 16  Jarvis Lab Manual: Ch. 13 (p.97-102), 14 (p. 105-114), 15 (p.117-124), 16 (p.127-134) *– done before NRC lab time*  **Lab Assignment #3**: Lab Manual – p. 103-104, p.115-116, p.125-126, p.135-136, Initiated in Lab and uploaded to Canvas, **Due May 26th, by 11:59pm** | **Exam 1:**  **Wednesday, May 24th, 1:15pm – 2:15pm**  **Test Location: Room #HPNP Auditorium**  Will include information from Weeks 1-2 | **Week 3**  **May 24th: 2:30-7:45pm**   * HEENT Assessment   Session 1: 2:30pm-5pm  Clinical Groups: **1, 2, 3, 4, 5**  Session 2: 5:15pm-7:45pm  Clinical Groups: **6, 7, 8, 9**  \*Note different times |

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| **Week 4:**  May 30 – June 2  Open:  Thursday  May 25th  Holiday: May 29th | * Breast Assessment * Pulmonary Assessment * Care Planning Introduction (Ackley) * SBAR Introduction | Ackley: p. xvii-xviii, p. 1-10  Jarvis: Ch. 17, 18, & p.804-805 (SBAR section only)  Jarvis Lab Manual: Ch. 17 (p.137-144), 18 (p.149-158) *– done before NRC lab time*  **Lab Assignment #4:** Lab Manual – p. 145-146, p. 159-160, Initiated in Lab and uploaded to Canvas, **Due June 2nd, by 11:59pm**  **SBAR Assignment #1: Due June 2nd, by 11:59pm** |  | **Week 4**  **May 31st: 1:00-8:45pm**   * Breast Assessment * Pulmonary Assessment   Session 1: 1:00pm-4:45pm  Clinical Groups: **6, 7, 8, 9**  Session 2: 5:00pm-8:45pm  Clinical Groups: **1, 2, 3, 4, 5**  **\*SWITCH SESSIONS\*** |

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| **Week 5:**  June 5-9  Open:  Thursday  June 1st | * Cardiovascular Assessment * Peripheral Vascular and Lymphatic Assessment * Care Planning (Ackley) | Ackley: Review Sections II, III  Jarvis: Ch. 19, 20  Jarvis Lab Manual: Ch. 19 (p.161-171), 20 (p. 175-182) *– done before NRC lab time*  **Lab Assignment #5:** Lab Manual – p.172-174, p. 183-185, Initiated in Lab and uploaded to Canvas, **Due June 9th, by 11:59pm**  **Care Planning Activity: Due June 9th, by 11:59pm** |  | **Week 5**  **June 7th: 1:00-8:45pm**   * Cardiovascular Assessment * Peripheral Vascular and Lymphatic Assessment   Session 1: 1:00pm-4:45pm  Clinical Groups: **6, 7, 8, 9**  Session 2: 5:00pm-8:45pm  Clinical Groups: **1, 2, 3, 4, 5** |

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| **Week 6:**  June 12-16  Open:  Thursday  June 8th | * Abdominal Assessment * Male Genitourinary * Anus, Rectum, Prostate * Female Genitourinary Assessment (GYN) | Jarvis: Ch. 21, 24, 25, 26  Jarvis Lab Manual: Ch. 21 (p.187-194), 24 (p.223-230), 25 (p.233-238), 26 (p.241-248) *– done before NRC lab time*  **Lab Assignment #6:** Lab Manual – p.195-196, p.231-232, p.239, p. 249-251, Initiated in Lab and uploaded to Canvas, **Due June 16th, by 11:59pm** | **Exam 2:**  **Wednesday, June 14th, 1:15pm – 2:15pm**  **Test Location: Room #HPNP Auditorium**  Will include information from Weeks 3-5 | **Week 6**  **June 14th: 2:30-7:45pm**   * Abdomen Assessment * Male/Female Genitourinary Assessment * Anus, Rectum, Prostate * GYN Assessment   Session 1: 2:30pm-5pm  Clinical Groups: **6, 7, 8, 9**  Session 2: 5:15pm-7:45pm  Clinical Groups: **1, 2, 3, 4, 5**  **\*Note different times** |

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| **Week 7:**  **June 19 - 23** | **Summer Break – No Class** | **No Lab** |

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| **Week 8:**  June 26-30  Open:  Thursday  June 15th | * Musculoskeletal Assessment | Jarvis: Ch. 22  Jarvis Lab Manual: Ch. 22 (p.197-204) *– done before NRC lab time*  **Lab Assignment #7:** Lab Manual – p.205-208, Initiated in Lab and uploaded to Canvas, **Due June 30th, by 11:59pm**  **SBAR Assignment #2:****Due June 30th, by 11:59pm** |  | **Week 7**  **June 28th: 1:00-8:45pm**   * Musculoskeletal Assessment   Session 1: 1:00pm-4:45pm  Clinical Groups: **1, 2, 3, 4, 5**  Session 2: 5:00pm-8:45pm  Clinical Groups: **6, 7, 8, 9**  **\*SWITCH SESSIONS\*** |

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| **Week 9:**  July 3-7  Open:  Thursday  June 29th  Holiday:  July 4th | * Neurological Assessment * Mental Status Assessment | Jarvis: Ch. 5, 23  Jarvis Lab Manual: Ch. 5 (p.37-42), 23 (p.209-217) *– done before NRC lab time*  **Lab Assignment #8:** Lab Manual – p. 43-44, p.219-221, Initiated in Lab and uploaded to Canvas, **Due July 8th, by 5pm** |  | **Week 8**  **July 5th: 1:00-8:45pm**   * Neurological Assessment * Mental Status Assessment   Session 1: 1:00pm-4:45pm  Clinical Groups: **1, 2, 3, 4, 5**  Session 2: 5:00pm-8:45pm  Clinical Groups: **6, 7, 8, 9** |

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| **Week 10:**  July 10-14  Open:  Thursday  July 6th | * Pregnant Woman Assessment * Assessment of the Post-Partum Woman * Assessment of the Neonate | Jarvis: Ch. 30  Jarvis Lab Manual: Ch. 30 (p.281-296) *– done before NRC lab time*  **Assignment:** Pregnant Woman SOAP Note, **Due July 14th, by 11:59pm** | **Exam 3:**  **Wednesday, July 12th,**  **1:15pm – 2:15pm**  **Test Location: Room #HPNP Auditorium**  Will include information from Weeks 6-9 | **Week 10**  **July 12th: 2:30-7:45pm**   * Pregnant Woman Assessment * Assessment of the Post-Partum Woman * Assessment of the Neonate   Session 1: 2:30pm-5pm  Clinical Groups: **1, 2, 3, 4, 5**  Session 2: 5:15pm-7:45pm  Clinical Groups: **6, 7, 8, 9**  \*Note different times |

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| **Week 11:** July 17-21  Open:  Thursday  July 13th | * Pediatric Assessment * Growth and Development | Jarvis: Ch. 28  Jarvis lab Manual: Ch. 28 (p.265-274) *– done before NRC lab time*  **SBAR Assignment #3: Due July 21st, by 11:59**  **FHP Interview Questions:** **Due July 21st, by 11:59pm pm** |  | **Week 11**  **July 19th: 1:00-8:45pm**   * Pediatric Assessment * Growth and Development   Session 1: 1:00pm-4:45pm  Clinical Groups: **6, 7, 8, 9**  Session 2: 5:00pm-8:45pm  Clinical Groups: **1, 2, 3, 4, 5**  **\*SWITCH SESSIONS\*** |

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| **Week 12:**  July 24-28  Open:  Thursday  July 20th | * Comprehensive Health Assessment * Bedside Assessment * Electronic Health Recording | Jarvis: Ch. 27, 29, 31  Jarvis Lab Manual: Ch. 31 (p.297-306)  **Lab Assignment #9:** Lab Manual – p. 261-264, Initiated in Lab and uploaded in Canvas, **Due July 28th, by 5pm**. |  | **Week 11**  **July 26th: 1:00-8:45pm**   * Comprehensive Health Assessment   Session 1: 1:00pm-4:45pm  Clinical Groups: **6, 7, 8, 9**  Session 2: 5:00pm-8:45pm  Clinical Groups: **1, 2, 3, 4, 5** |

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| **Week 13:** July 31st – August 4th  Open:  Thursday  July 27th | * Review | **Comprehensive Health Assessment Video, Due July 31st, by 11:59pm,** | **Final, Exam #4:**  **Wednesday, August. 2nd**  **1:15p – 3:15pm,**  **Test Location: Room #HPNP Auditorium**  Cumulative Examination | **Week 12**  August 2nd  No NRC |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 02/03, 12/03; 09/09; 02/14  02/03, 01/04; 09/09; 02/14  05/03; 10/09 |