UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Summer 2017

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| COURSE NUMBER | NUR 3138 Section 7B61 |
| COURSE TITLE | Systems of Care 1: Wellness Promotion and Illness Prevention |
| CREDITS | 2 |
| PLACEMENT | BSN Program: 1st Semester Upper Division |
| PREREQUISITES | Admission to Upper Division BSN Program |
| COREQUISITES | NUR 3069C Health Assessment and Communication  NUR 3138C Clinical Practice 1: Wellness Promotion and Illness Prevention |
| FACULTY Paula Alexander-Delpech, RN, ARNP, PhD  Main Campus: Thursday 1:00pm – 3:00pm  And by appointment  [pdelpech@ufl.edu](mailto:pdelpech@ufl.edu): 352-273-6333 | |
| COURSE DESCRIPTION The purpose of this course is to examine models of health in wellness promotion and illness prevention across the lifespan. Emphasis is on the individual in the context of family and environment. Focus is on appraisal of risk and evidence-based reduction of risk. | |
| COURSE OBJECTIVES Upon completion of this course, the student will be able to:   1. Integrate beginning concepts of wellness promotion and disease, injury, and disability prevention with individuals across the lifespan in a variety of settings. 2. Describe primary, secondary, and tertiary prevention strategies used in a variety of healthcare settings. 3. Identify environmental factors that influence the healthcare needs and preferences of individuals as members of families. 4. Compare and contrast methodologies used in health teaching and health counseling. 5. Discuss from a nursing perspective contributions to the work of interprofessional healthcare teams in facilitation of positive healthcare outcomes for clients. | |
| COURSE SCHEDULE  Day Time Location  Thursday 9:30am – 12:15pm G101  E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).  It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.  Course websites are generally made available on the Friday before the first day of classes. | |

TOPICAL OUTLINE

1. General Approach

Use of the problem solving process to develop plans of care aimed at wellness promotion and illness prevention.

1. Application of concepts to exemplars across the lifespan
2. Nursing interventions that are developed based on identified nursing problems and utilize evidence based guidelines and standards of care

1. Concepts

a. Wellness

b. Illness

2. Models of health

3. Levels of prevention

4. Levels of care

5. Healthy People Initiatives

6. US Preventive Task Force Recommendations

7. Epidemiologic principles

8. Nursing assessment and analysis

a. Individual

b. Environmental

9. Nursing issues/problems

a. Wellness promotion

b. Illness prevention

10. Nursing intervention

a. Health education

1. Literacy

2. Adult learners

b. Health counseling

11. Required exemplar(s)-Prenatal, post-natal, and newborn care

12. Recommended exemplar(s)

a. Immunization across life span

b. Life style modification related to risk appraisal

TEACHING METHODS

Lecture, discussion, and case presentations

LEARNING ACTIVITIES

Class participation, case analysis, written assignments.

A team based learning approach will be utilized in the course in which students will be organized into groups. A short computer based quiz will be administered to assess understanding of the readings during 6 class meetings via student laptop (required). These will be followed by a group quiz. A learning activity designed to apply concepts learned in the readings and lecture will then follow which may encompass additional readings per team. Teams will report out prior to the end of class and will assess each other’s participation in the activity.

REQUIRED RESOURCE

Exam soft will be utilized in this course for the administration of examinations. Students will be instructed by faculty on how to access and pay for this required resource.

EVALUATION METHODS/COURSE GRADE CALCULATION

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|  | Quizzes (6) | 15% (IRAT 10%, TRAT 5%) |
|  | Participation  Group Presentation | 30% (6 TBL Activities)  15% (Group Activity) |
|  | Exams (2) | 40% |
|  | Total | 100 |

MAKE UP POLICY

Alternative or make-up activities will only be available for notification of an excused absence that is provided prior to the missed class. Excused absences are personal illness, or death in the family. Work or vacation related activities that cause a missed assignment, quiz, exam, or attendance are not excused absences.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's   
individual’s ability to become a competent professional Nurse. Attitudes or behaviors   
inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

REQUIRED TEXTBOOKS

Potter, P., Griffin, A., Stockert, P. & Hall, Amy. (2017). *Fundamentals of Nursing* (9th ed.). St.

Louis, MO: Elsevier Mosby.WEEKLY CLASS SCHEDULE

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| **DATE** | **TOPIC** | **ASSIGNMENTS/ READINGS**  **See additional materials on course website** | **EVALUATION** |
| MODULE 1: SYSTEMS OF CARE STRUCTURES | | | |
| 05/11 | Unit 1: Introduction to the course,  Syllabus Overview  Learning Styles Quiz  Team-Based Learning (TBL) processes  Group Assignment | <http://www.emtrain.eu/learning-styles/> |  |
| 05/18 | Unit 2: Systems & Levels of Care Delivery   * Care delivery systems and subsystems | Potter, Chap 1 & 2 | Syllabus Quiz |
| 05/25 | Unit 3: Levels of preventive care   * Healthy People Initiatives * US Preventive Task Force * Immunization | Potter, Chaps 3, 6 (p. 65-66, 70-76). | *IRAT/ TRAT - 1* TBL Activity (Immunization)  **Due date 06/01** |
| 06/01 | Unit 4: Models of Health & Wellness   * Cultural competence | Potter, Chaps 6 & 9 | *IRAT/TRAT - 2*  TBL Activity  (Cultural Competence)  **Due date 06/08** |
| 06/08 | Unit 5: Levels of care   * Evidence Based Care Elements   + Guidelines | Potter, Chap 5  PICO exercises in class | *IRAT/TRAT -3*  TBL Activity  (Find the Evidence)  **Due 06/15** |
| 06/15 | Unit 6: Environmental   * Family Assessment * Community Assessment | Potter, Chap 29 (p. 442-45) Additional reading in Canvas  [Outbreak at Waters Edge](http://www.mclph.umn.edu/watersedge/)  <http://www.mclph.umn.edu/watersedge/index.html> | TBL Activity  (Descriptive Epidemiology)  **Due date 06/29** |
| 06/22 | Summer Break | Summer Break |  |
| MODULE 2: SYSTEMS OF CARE PROCESSES | | | |
| 06/29 | **Unit 1: Midterm at start of class** | Potter, Chaps 1, 2, 3, 6, 9, 5, & 29 Plus additional readings | **MIDTERM EXAM**  **10:00am – 12:00pm** |
| **DATE** | **TOPIC** | **ASSIGNMENTS/ READINGS** | **EVALUATION** |
| 07/06 | Unit 2: Planning and Implementing Nursing Care | Potter, Chaps Chap 17, 18 & 19 | *IRAT/TRAT - 4*  TBL Activity  (Care Plan Construction)  **Due date 07/13** |
| 07/13 | Unit 3: Health Promotion Care Planning/Health Education | Potter, Chaps 11, 24, & 25 | *IRAT/ TRAT -5*  TBL Activity  (Health Education Plan Construction)  **Due date 07/27** |
| MODULE 3: WELLNESS PROMOTION AND ILLNESS PREVENTION ACROSS THE LIFESPAN | | | |
| 07/20 | Unit 1: Health Promotion Across the Lifespan   * Caring for Families * (Conception through Adolescents) | Potter, Chaps 10 & 12 | Group Presentation |
| 07/27 | Unit 2: Health Promotion Across the Lifespan   * (Young adults through older adults) | Potter, Chaps 13 & 14 | *IRAT/TRAT - 6*  Group Presentation |
| 08/04 | Final Exam |  | Group Project due |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12  09/09; 03/12  10/09; 04/12 |