UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Fall/2017

COURSE NUMBER NUR 3069C, Section 1185

COURSE TITLE Health Assessment and Communication

CREDITS 3 (2 credits didactic; 1 credit laboratory)

PLACEMENT BSN Program: 1st Semester Upper Division

PREREQUISITE Admission to Upper Division BSN Program

COREQUISITE NUR 3129 Pathophysiology and Psychopathology

NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention

FACULTY

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COURSE DESCRIPTION

This purpose of this course is to examine therapeutic communication and health assessment principles and techniques. Emphasis is on development of therapeutic communication skills and assessment of the health of individuals across the lifespan. Focus is on development of therapeutic relationships and the use of general and specialized assessment skills as a basis for clinical decision making.

COURSE OBJECTIVES

Upon completion of this course the student will be able to:

1. Utilize therapeutic communication techniques within the nurse-client relationship.
2. Assess health history, including environmental exposure, wellness/illness beliefs, values, attitudes, and practices of individuals, and a focused family health history.
3. Identify cultural, developmental, and functional patterns, variations in the health status of individuals across the lifespan.
4. Perform an integrated comprehensive physical examination using inspection, palpation, percussion, and auscultation techniques.
5. Document health assessment data in accordance with legal and ethical guidelines.
6. Identify principles used in electronic recording of patient care information.

COURSE SCHEDULE

Section Day Time Room

1185 Wednesday Session 1 - 1:00-2:50pm or NRC for Lab

Session 2 - 3:00-4:50pm or Exams:

Session 3 - 5:00-6:50pm Exam #1 9/13, C1-11

And web-based modules Exam #2 10/11, G-101

Exam #3 11/8, G-101

Exam #4 12/6, G-101

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Communication across the lifespan
   1. Active listening
   2. Empathy
   3. Silence
   4. Touch
   5. Paraphrasing
   6. Clarifying
   7. Focusing
   8. Summarizing
   9. Self-disclosing
   10. Confronting
2. Problem solving process in nursing practice
3. Critical thinking and decision making
4. Assessment
   1. Overview
   2. Health history
   3. Functional Health Pattern assessment
   4. Developmental assessment
   5. Cultural assessment
   6. Mental status assessment
   7. Physical examination
      1. Techniques
      2. System review
5. Communication of health assessment data
6. Collaboration with inter-professional healthcare team
7. Electronic health records

TEACHING METHODS

Lecture modules, demonstration, and guided laboratory practice sessions.

LEARNING ACTIVITIES

Reading assignments, online modules, return demonstrations, and simulated laboratory experiences.

NURSING RESOURCE CENTER (NRC)

The NRC is located on the 1st floor of the Nursing HPNP building. Dress code for the NRC consists of your hospital clinical uniform and the guidelines accordingly.

EVALUATION METHODS/COURSE GRADE CALCULATION

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| NRC Attendance/Participation/Lab Manual | 5 | % |
| SBAR Activity | 5 | % |
| Virtual Patient Care Plan | 5 | % |
| Weekly Lab Manual Assignments | 15 | % |
| Final Cumulative Exam #4 | 20 | % |
| Comprehensive Health Assessment Video | 20 | % |
| Exams #1-3 | 30 | % |
| Total | 100 |  |

GRADING

NRC Attendance/Participation: There will be eleven (11) Nursing Resource Center (NRC) times that are mandatory to the course. Three (3) points total are given for the attendance and participation in the NRC session. The three points are broken down as follows: attendance, 1.0 point will be given with the full completion of the NRC session; participation, 1.0 point will be given for prior preparation of the Jarvis (2015b); and 1.0 point will be given for lab participation. For any missed NRC sessions or incomplete chapter manuals, see *Make Up Policy*.

Examinations: There is a total of three (3) examinations plus one (1) final, comprehensive examination. Exams 1-3 are worth 30% of the total grade. The final examination, being comprehensive, is worth 20% of the total grade. The examinations will be on campus utilizing the ExamSoft examination program. More information will be provided on the course website.

MAKE UP POLICY

Alternative or make up activities will be only made available in the event the faculty member is notified prior to the missed occurrence. Excused absences are limited to personal illness or a death in the immediate family. The faculty member may request documentation supporting any absence. Work, family events, vacations, or other related activities that cause a missed assignment, missed exam or missed attendance in the simulation lab are not excusable absences.

Missed NRC Session

* For an excused absence: The student will receive credit (3 points) for attending the make-up lab, preparing the lab manual prior to the make-up lab and submitting the material to the instructor on the original due date, and fully participating in the make-up lab.
* For an unexcused absence: The student will receive no credit for attending the ***required*** make-up session. However, 1 point for demonstrating adequate preparation (preparing the lab manual prior to the make-up lab and submitting the material to the instructor on the original due date) may be earned with active lab participation.

Missed Examinations

* If you have an excused absence, you may make up a maximum of one missed exam per semester. The make-up examination will be scheduled as soon as possible after the original examination date. The exact date and location of the examination will be determined by the course instructor with a secured testing area. You may not make up more than one exam.
* If you have an unexcused absence and miss an examination, the grade for that examination is 0%.

GRADING SCALE

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

**\* 74 is the minimal passing grade**

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at http://www.dso.ufl.edu/students.php. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

REQUIRED TEXTBOOKS

**Ackley, B., & Ladwig, G. (2013). *Nursing diagnosis handbook: An evidence-based guide to planning care* (11th ed.). St. Louis: Mosby/Elsevier.**

**Jarvis, C. (2015). *Physical examination and health assessment* (7th ed.). St. Louis: Saunders/Elsevier**

**Jarvis, C. (2015). *Physical examination and health assessment student laboratory manual* (7th ed.). St. Louis: Sanders/Elsevier**

**Jarvis, C. (2015). *Pocket companion for physical examination and health assessment* (7th ed.). St. Louis: Saunders/Elsevier**

**Top Hat -** We will be using the Top Hat ([www.tophat.com](http://www.tophat.com/)) classroom response system in class.

You will be able to submit answers to in-class questions using Apple or Android smartphones and tablets, laptops, or through text message. See the course Canvas site for more information.

Recommended Textbooks

Perry, A. G., & Potter, P. A. (2013). *Clinical nursing skills and techniques* (8th ed.). St. Louis: Mosby/Elsevier.

Potter, P. A., & Perry, A. G. (2013). *Fundamentals of nursing* (8th ed.). St. Louis:

Mosby/Elsevier

WEEKLY CLASS/LAB SCHEDULE

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| **WEEK/DATE (Online Open Date)** | **LECTURE TOPIC** | **READINGS/ASSIGNMENTS/**  **EXAMS**  **(\*\*NOTE – VARIOUS TIMES/ROOMS)** | **LAB**  **DATE/TOPIC** |
| **Week 1:**  August 21st – 26th  Module Open: August 18th | * Course Introduction * Evidence-Based Assessment * Cultural Competence * The Interview | Jarvis: Ch. 1, 2, 3, 4  Jarvis Lab Manual: Ch. 1, 3, 4 (p. 25-28) – *done before NRC lab time*  **Lab Assignment #1:** Lab Manual – p. 29-36, Initiated in lab and uploaded to Canvas, **Due August 25th by 11:59pm** | **Week 1:**  August 23rd: 1pm-6:50pm   * Introduction * Communication * Cultural Competence * Functional Health Assessment – Practice   **Session 1:** 1pm-2:50pm  Clinical Groups: 1, 2, 3, 4  **Session 2:** 3pm-4:50pm  Clinical Groups: 5, 6, 7, 8,  **Session 3:** 5pm-6:50pm  Clinical Groups: 9, 10, 11, 12 |

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| **Week 2:** August 28th – September 2nd  Module Open:  August 24th | * Assessment Techniques * General Survey & Vital Signs * Pain Assessment * Skin, Hair, Nail Assessment * Care Planning I | Ackley: Introduction, Review Sections I, II, III  Jarvis: Ch. 8, 9, 10, 12  Jarvis Lab Manual: Ch. 8, 9 (p.63-70), 10, 12 (p. 85-92) – *done before NRC lab time*  **Lab Assignment #2:** Lab Manual – p. 71, p. 93-94, Initiated in lab and uploaded to Canvas, **Due September 1st by 11:59pm** | **Week 2:**  August 30th: 1pm-6:50pm  General Survey,  Pain,  Vital Signs,  Skin, Hair Nail Assessment  **Session 1:** 1pm-2:50pm  Clinical Groups: 1, 2, 3, 4  **Session 2:** 3pm-4:50pm  Clinical Groups: 5, 6, 7, 8,  **Session 3:** 5pm-6:50pm  Clinical Groups: 9, 10, 11, 12 |
| **Week 3:**  September 5th – 9th  Module Open:  August 31st | * HEENT (Head, Ear, Eyes, Nose, & Throat) * Care Planning II | Jarvis: Ch. 13, 14, 15, 16  Jarvis Lab Manual: Ch. 13 (p.97-102), 14 (p. 105-114), 15 (p.117-124), 16 (p.127-134) *– done before NRC lab time*  Review: Ackley: Introduction, Sections I, II, III  **Lab Assignment #3:** Lab Manual – p. 103-104, p. 115-116, p. 125-126, p. 135-136, Initiated in lab and uploaded to Canvas, **Due September 8th by 11:59pm**  **Care Planning Assignment: Due September 8th by 11:59pm** | **Week 3:**  September 6th: 1pm-6:50pm  Vital Signs Review  HEENT Assessment  **Session 1:** 1pm-2:50pm  Clinical Groups: 1, 2, 3, 4  **Session 2:** 3pm-4:50pm  Clinical Groups: 5, 6, 7, 8,  **Session 3:** 5pm-6:50pm  Clinical Groups: 9, 10, 11, 12 |

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| **Week 4:**  September 11th – 16th  Module Open:  September 7th | * Nutritional Assessment | Jarvis: Ch. 11, p. 804-805 (SBAR section only)  Jarvis Lab Manual: Ch. 11 (p.79-84)  **EXAM #1: September 13th,**  **3:30pm-4:30pm, RM C1-11,**  **Communicore Building**  **(Includes Weeks 1-3)** | **Week 4:**  September 13th: No NRC Lab |

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| **Week 5:**  September 18th – 23rd  Module Open: September 14th | * Breast Assessment * Pulmonary Assessment * SBAR Introduction | Jarvis: Ch. 17, 18  Jarvis Lab Manual: Ch. 17 (p. 137-144), 18 (p. 149-158) *– done before NRC lab time*  **Lab Assignment #4:** Lab Manual – p. 145-146, p. 159-160, Initiated in lab and uploaded to Canvas, **Due September 22nd by 11:59pm**  **SBAR Assignment #1:** **Due September 22nd by 11:59pm** | **Week 5:**  September 20th: 1pm-6:50pm  Breast Assessment  Pulmonary Assessment  **Note: New Times**  **Session 1:** 1pm-2:50pm  Clinical Groups: 5, 6, 7, 8  **Session 2:** 3pm-4:50pm  Clinical Groups: 9, 10, 11, 12  **Session 3:** 5pm-6:50pm  Clinical Groups: 1, 2, 3, 4 |

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| **Week 6:** September 25th – 30th  Module Open:  September 21st | * Cardiovascular Assessment * Peripheral Vascular * Lymphatic Assessment | Jarvis: Ch. 19, 20  Jarvis Lab Manual: Ch. 19 (p. 161-171), 20 (p. 175-182) *– done before NRC lab time*  **Lab Assignment #5:** Lab Manual – p. 172-174, p. 183-186, Initiated in lab and uploaded to Canvas, **Due September 29th by 11:59pm** | **Week 6:**  September 27th, 1pm-6:50pm  Cardiovascular Assessment  Peripheral Vascular and Lymphatic Assessment  **Session 1:** 1pm-2:50pm  Clinical Groups: 5, 6, 7, 8  **Session 2:** 3pm-4:50pm  Clinical Groups: 9, 10, 11, 12  **Session 3:** 5pm-6:50pm  Clinical Groups: 1, 2, 3, 4 |

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| **Week 7:**  October 2nd – 5th  Module Open:  September 28th  Holiday: October 6th | * Abdominal Assessment * Genitourinary Assessment | Jarvis: Ch. 21, 24, 25, 26  Jarvis Lab Manual: Ch. 21 (p.187-194), 24 (p.223-230), 25 (p.233-238), 26 (p.241-248) *– done before NRC lab time*  **Lab Assignment #6:** Lab Manual – p.195-196, p.231-232, p.239, p. 249-251, Initiated in Lab and uploaded to Canvas, **Due October 5th by 11:59pm**  **(Note: Thursday Due Date)**  **SBAR Assignment #2: Due October 5th by 11:59pm (Note: Thursday Due Date)** | **Week 7:**  October 4th, 1pm-6:50pm  Abdomen Assessment  Genitourinary Assessment  **Session 1:** 1pm-2:50pm  Clinical Groups: 5, 6, 7, 8  **Session 2:** 3pm-4:50pm  Clinical Groups: 9, 10, 11, 12  **Session 3:** 5pm-6:50pm  Clinical Groups: 1, 2, 3, 4 |

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| **Week 8:**  October 9th – 14th  Module Open:  October 5th | * Substance Use Assessment * Domestic and Family Violence Assessments | Jarvis: Ch. 6, 7  Jarvis Lab Manual: Ch. 6 (p. 45-52), 7 (p. 53-58)  **EXAM #2: October 11th,**  **3:30pm-4:30pm, RM G101**  **(Includes Week 4-7)** | **Week 8:**  October 11th: No NRC Lab |

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| **Week 9:**  October 16th – 21st  Module Open: October 12th | * Musculoskeletal Assessment | Jarvis: Ch. 22  Jarvis Lab Manual: Ch. 22 (p.197-204) *– done before NRC lab time*  **Lab Assignment #7:** Lab Manual – p.205-208, Initiated in Lab and uploaded to Canvas, **Due October 20th by 11:59pm**  **SBAR Assignment #3: Due October 20th by 11:59pm** | **Week 9:**  October 18th, 1pm-6:50pm  Musculoskeletal Assessment  **Note: New Times**  **Session 1:** 1pm-2:50pm  Clinical Groups: 9, 10, 11, 12  **Session 2:** 3pm-4:50pm  Clinical Groups: 1, 2, 3, 4  **Session 3:** 5pm-6:50pm  Clinical Groups: 5, 6, 7, 8 |

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| **Week 10:**  October 23rd – 28th  Module Open:  October 19th | * Neurological Assessment * Mental Status Assessment | Jarvis: Ch. 5, 23  Jarvis Lab Manual: Ch. 5 (p.37-42), 23 (p.209-217) *– done before NRC lab time*  **Lab Assignment #8:** Lab Manual – p. 43-44, p.219-221, Initiated in Lab and uploaded to Canvas, **Due October 27th by 11:59pm** | **Week 10:**  October 25th, 1pm-6:50pm  Neurological Assessment  Mental Status Assessment  **Session 1:** 1pm-2:50pm  Clinical Groups: 9, 10, 11, 12  **Session 2:** 3pm-4:50pm  Clinical Groups: 1, 2, 3, 4  **Session 3:** 5pm-6:50pm  Clinical Groups: 5, 6, 7, 8 |

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| **Week 11:**  October 30th – November 4th  Module Open: October 26th | * Pregnant Woman Assessment * Post-Partum Woman Assessment | Jarvis: Ch. 30  Jarvis Lab Manual: Ch. 30 (p.281-296) *– done before NRC lab time*  **Lab Assignment #9:** SOAP Note from online video, bring the SOAP note to lab for critique, to be uploaded to Canvas, **Due November 3rd by 11:59pm** | **Week 11:**  November 1st, 1pm-6:50pm  Pregnant Woman Assessment  Post-Partum Woman Assessment  **Session 1:** 1pm-2:50pm  Clinical Groups: 9, 10, 11, 12  **Session 2:** 3pm-4:50pm  Clinical Groups: 1, 2, 3, 4  **Session 3:** 5pm-6:50pm  Clinical Groups: 5, 6, 7, 8 |

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| **Week 12:**  November 6th – 9th  Module Open:  November 2nd | * Newborn Assessment | Online Videos (See Canvas)  Jarvis: None  Jarvis Lab Manual: None  **EXAM #3: November 8th,**  **3:30pm-4:30pm, RM G101**  **(Includes Week 8-11)** | **Week 12:**  November 8th: No NRC Lab |

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| **Week 13:**  November 13th – 18th  Module Open: November 9th | * Pediatric Assessment * Growth and Development | Jarvis: Ch. 28  Jarvis Lab Manual: Ch. 28 (p. 265-274) *– done before NRC lab time*  **Lab Assignment #10:** Functional Health Patterns (FHP); Complete patient FHP, **Due November 17th, by 11:59pm** | **Week 13:**  November 15th, 1pm-6:50pm  Pediatric Assessment  Growth and Development  **Note: Online Lab Module** |

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| **Week 14:**  November 20th – 25th | **Thanksgiving Week – No Module/NRC Lab** |

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| **Week 15:**  November 27th – December 2nd  Module Open:  November 16th | * Comprehensive Health Assessment * Bedside Assessment and Electronic Health Recording * Functional Assessment of the Older Adult | Jarvis: Ch. 27, 29, 31  Jarvis Lab Manual: Ch. 31 (p.297-303)  *– done before NRC lab time*  **Lab Assignment #11:** Lab Manual – p. 255-259, Initiated in Lab and uploaded in Canvas, **Due December 1st by 11:59pm** | **Week 15:**  November 29th, 1pm-6:50pm  Comprehensive Health Assessment  **Note: New Times**  **Session 1:** 1pm-2:50pm  Clinical Groups: 1, 2, 3, 4  **Session 2:** 3pm-4:50pm  Clinical Groups: 5, 6, 7, 8  **Session 3:** 5pm-6:50pm  Clinical Groups: 9, 10, 11, 12 |

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| **Week 16:**  December 4th – 6th  Module Open:  November 16th | * Review | **Comprehensive Head-to-Toe Video Assessment, Due December 4th by 11:59pm**  **EXAM #4: Wednesday December 6th,**  **3:30pm-5:30pm, Rm: G101**  **(Comprehensive Final Exam)** | **Week 16:**  December 6th: No NRC Lab |

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| **Week 17:**  **December 11th-15th** | | | No Modules | No Assignments | | | **Week 17:**  No NRC Lab |
| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | | | 02/03, 12/03; 09/09; 02/14  02/03, 01/04; 09/09; 02/14  05/03; 10/09 |