UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

FALL, 2017

COURSE NUMBER NUR 3738

COURSE TITLE Systems of Care 2: Restoration of Wellness

CREDITS 3

PLACEMENT BSN Program: 2nd Semester Upper Division

PREREQUISITES NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention

NUR 3129 Pathophysiology and Psychopathology

NUR 3069C Health Assessment and Communication

COREQUISITES NUR 3145 Pharmacology for Nursing

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| Charlene Krueger, PhD, ARNPAssociate Professorckruegr@ufl.edu | HPNP 2228 | 352-273-6332 (O) | Wednesday 1130-1330 & By Appointment |
| Stacia Hays, DNP, CPNP-PC, CCTC, CNE Clinical Assistant Professorsmhays@ufl.edu ​ | HPNP2232 | 352-273-6348  (O) | Tuesday 1100-1300  |
| Sandra Wolfe Citty, PhD, ARNP-BC, CNEClinical Associate ProfessorEmail:  swolfe@ufl.edu | HPNP 2205 | 352-356-1581 (C) | Wednesday1300 –1500 & By Appointment |

FACULTY OFFICE PHONE OFFICE HOURS

COURSE DESCRIPTION The purpose of this course is to examine the knowledge necessary to participate in development of plans of care for clients with common acute and chronic illnesses across the lifespan and for intrapartal women. Emphasis is on principles of safe and effective delivery of care to diverse clients with disease, injury and disability in a variety of settings. Focus is on clients with a medium to high potential for wellness.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Analyze the healthcare needs of clients with selected common acute and chronic illnesses across the lifespan.
2. Incorporate principles and concepts from liberal arts and science and nursing science into plans of care for selected clients.
3. Incorporate the health beliefs, values, attitudes and practices of individuals and families into the development of plans of care.
4. Develop evidence-based plans of care using principles of quality and safety.
5. Analyze interprofessional plans of care for clients with common acute and chronic illnesses across the lifespan.
6. Examine nurse-sensitive indicators that influence utilization of resources in delivery of effective care.

COURSE SCHEDULE

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| Section 049C | Tuesday | 0830 -1130 | HPNP G101 |
| Section 257F | Tuesday | 1300-1600 | HPNP G112 |

E-Learning in Canvas is the course management system that you will use for this course to access course content, complete assignments, and for examinations. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu.

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

I. General Approach

Use of the problem solving process to develop interdisciplinary plans of care.

1. Application of concepts to exemplars across the lifespan
2. Nursing interventions that are developed based on identified nursing problems and utilize evidence based guidelines and standards of care

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| 1. CONCEPTS to be introduced in this course: For each concept provide definition, background/theories, assessment tools, nurse sensitive indicators, and evidence-based standards of care. CONCEPTS | EXAMPLES OF ASSOCIATED NURSING PROBLEMS |
| ROLE | Parent/infant attachment, sick role |
| TISSUE INTEGRITY | Surgical wounds, pressure ulcers, infection |
| COMFORT | Acute pain |
| OXYGENATION | Dyspnea |
| PERFUSION | Hemorrhage, deep vein thrombosis |
| SLEEP | Insomnia |
| AFFECT | Sadness, Bereavement |
| COGNITION | Confusion |
| STRESS | Anxiety |
| PERCEPTION | Hearing and visual impairment |
| METABOLISM | Obesity, hyper/hypoglycemia, nausea and vomiting, fluid and electrolyte imbalance |

2. CONCEPTS to be reviewed in this course: For each concept provide assessment tools, nurse sensitive indicators, and evidence-based standards of care.

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| CONCEPTS | EXAMPLES OF ASSOCIATED NURSING PROBLEMS |
| Safety | Falls, Medication Errors |
| Nutrition | Malabsorption, Malnutrition |
| Elimination | Diarrhea, constipation, incontinence, ileus |

3. EXEMPLARS: For each exemplar, tie to related concepts, identify specific nursing problems and specific nursing interventions across the life span where applicable (eg. Monitoring, medications and their administration, teaching, interdisciplinary collaboration, therapeutic communication and comfort measures)

 a. antepartum, intrapartal, and postpartum nursing care of woman/fetus/newborn

 b. Patient requiring perioperative care

 c. Patients with:

1) pneumonia/asthma

2) angina/congenital heart disease

3) depression/delirium/sick role/ bereavement

4) diabetes

5) fractures/immobility

6) irritable bowel syndrome

 d. Children with:

1) asthma/ croup

2) nutritional deficiencies/ vomiting and diarrhea

3) congenital heart disease

4) cerebral palsy/ meningitis

5) developmental dysplasia of the hip

TEACHING METHODS

Lecture, audiovisual materials, written materials, and case studies.

LEARNING ACTIVITIES

Participation in small group activities, selected readings and completion of electronic resources.

EVALUATION METHODS/COURSE GRADE CALCULATION

Evaluation is based on four examinations, quizzes, a case study presentation, and completion of a mid-term evaluation. The number of points earned by the end of the course will be rounded to the nearest whole number to determine the final course grade. Feedback on assignments will be within one week.

Exam 1 Tuesday September 19, 2017 0830 G101 20%

Exam 2 Tuesday October 17, 2017 0830 G101 20%

Exam 3 Tuesday November 14, 2017 0830 G101 20%

Cumulative Final Exam

Tuesday December 12, 2017 0830 G114 20%

Quizzes As assigned in Weekly Schedule 13%

Case Study Presentation December 5, 2017 5%

Midterm Evaluation 2%

Total 100%

Examinations. Examinations will be administered at 0830 on the dates listed above. Examinations will be completed within the course site in e-learning, which you will be allowed access to from your laptop the day of the examination. All students must have a laptop security screen to take the examination.

Quizzes. Quizzes will be completed within the course site in e-learning by 0800 prior to their related lecture. These are open-book quizzes meant to highlight content prior to lecture.

Case Study Presentation. This is a group activity. Students will work within small groups to complete their presentations. Presentations will incorporate common preoperative, intraoperative and postoperative principles of care related to a specific case study.

MAKE UP POLICY

Examinations will be completed on the date indicated on the course syllabus. Early testing is not an option and late testing will be allowed only in exceptional situations. Students must obtain **PRIOR** approval for absence from taking an examination from Charlene Krueger. Alternate test forms will be given to students not taking the examinations as scheduled.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

 A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

 B 84-90 (3.0) D 64-69 (1.0)

 B- 82-83 (2.67) D- 62-63 (0.67)

 C+ 80-81 (2.33) E 61 or below (0.0)

 \* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

REQUIRED TEXTBOOKS

Lewis, S.L., Dirksen, R.F., Heitkemper, M.M., Bucher, l., & Camera, I.M.  (2017).

     Medical-Surgical nursing:  Assessment and management of clinical problems (10th ed.).

     St. Louis, Mo:  Mosby.

Perry, S., Hockenberry, M., Lowdermilk, E. & Wilson, D. (2014). *Maternal child nursing care*

(5th ed.). St. Louis, MO: Elsevier Mosby.

​Silvestri, L.A.  (2014).  *Saunders comprehensive review for the NCLEX-RN examination*

      (7th ed.). St. Louis, MO: Saunders.

RECOMMENDED TEXTBOOKS

HESI. (2014). *Comprehensive review for the NCLEX-RN examination* (4th ed.). St. Louis,

 Missouri: Elsevier.

**WEEKLY CLASS SCHEDULE**

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| **WEEK** | **DATE** | **TOPIC/ READINGS/ ASSIGNMENTS** |
| 1 | TuesdayAugust 22 | Topic**: Orientation/Care of the Family During Pregnancy**Readings:*Maternal Child Nursing Care*, Chapters 7, 8 & 9*Saunder’s Comprehensive Review*, Chapter 25 & Chapter 32Canvas Quiz: Orientation to Canvas Site |
| Topic: **Assessment for Risk in Pregnancy**Readings:*Maternal Child Nursing Care*, Chapters 10, 11 & 12*Saunder’s Comprehensive Review*, Chapter 26 & Chapter 32Canvas Quiz: Prenatal Care |
| 2 | TuesdayAugust 29 | Topic: **Nursing Care During Labor & Birth**Readings:*Maternal Child Nursing Care*, Chapter 13, 14 , 15 & 16*Saunder’s Comprehensive Review*, Chapter 27 & Chapter 35Canvas Quiz: Labor |
| Topic: **Postpartum & Complicated Postpartum Nursing Care**Readings:*Maternal Child Nursing Care*, Chapter 18, 19 & 21*Saunder’s Comprehensive Review*, Chapter 29,30 & Chapter 32Canvas Quiz: Postpartum |
| 3 | TuesdaySeptember 5 | Topic: **Immediate Care of the Newborn**Readings:*Maternal Child Nursing Care*, Chapter 22 & 23*Saunder’s Comprehensive Review*, Chapter 31 & 32Canvas Quiz: Newborn |
| Topic: **Nursing Care of the Infant**Readings:*Maternal Child Nursing Care*, Chapter 24, 28, 29, 31*Saunder’s Comprehensive Review*, Chapter 21 & 22, Chapter 44 & 45Canvas Quiz: Infant |
| 4 | TuesdaySeptember 12*Continued* | Topic: **Nursing Care of the Toddler and Young Child**Readings:*Maternal Child Nursing Care*, Chapter 28, 29, 32, 33 & 34*Saunder’s Comprehensive Review*, Chapter 21 & 22, Chapter 38, 44 & 45Canvas Quiz: Toddler and Young Child**END OF EXAMINATION 1 MATERIAL** |
| Topic: **Nursing Care of the Child with Respiratory Dysfunction** Readings:*Maternal Child Nursing Care*, Chapter 39 & 40*Saunder’s Comprehensive Review*, Chapter 38, 39 & 45Canvas Quiz: Child with Respiratory Dysfunction |
| 5 | TuesdaySeptember 19 | **EXAMINATION 1****ALL SECTIONS AT 0830 HPNP G-101** |
| Topic: **Nursing Care of the Child with Gastrointestinal Dysfunction** Readings:*Maternal Child Nursing Care*, Chapter 41*Saunder’s Comprehensive Review*, Chapter 37 & 45 |
| 6 | TuesdaySeptember 26 | Topic: **Nursing Care of the Child with Cardiovascular Dysfunction ON-LINE LECTURE**Readings:*Maternal Child Nursing Care*, Chapter 42 On-line lectures*Saunder’s Comprehensive Review*, Chapter 40 & 45Canvas Quiz: Child with Congenital Heart Disease |
| 7 | TuesdayOctober 3 | Topic: **Nursing Care of the Child with Neurological Dysfunction** Readings:*Maternal Child Nursing Care*, Chapter 45 & 49*Saunder’s Comprehensive Review*, Chapter 42 & 45Canvas Quiz: Child with Neurological Dysfunction |
| 8 | TuesdayOctober 10 | Topic: **Nursing Care of the Child with Musculoskeletal Dysfunction** Readings:*Maternal Child Nursing Care*, Chapter 48*Saunder’s Comprehensive Review*, Chapter 43 & 45Canvas Quiz: Child with Musculoskeletal Dysfunction**END OF EXAMINATION 2 MATERIAL** |
| 9 | TuesdayOctober 17 | **EXAMINATION 2****ALL SECTIONS AT 0830 HPNP G-101** |
| Topic: **Nursing Care of the Adult with Respiratory Dysfunction** Readings:*Medical-Surgical Nursing*, Chapter 25, 26 & 27*Saunder’s Comprehensive Review*, Chapter 54 & Chapter 55 |
| 10 | TuesdayOctober 24 | Topic: **Nursing Care of the Adult with Cardiovascular Dysfunction**Readings:*Medical-Surgical Nursing*, Chapter 31, 34 & Chapter 36 & 37*Saunder’s Comprehensive Review*, Chapter 56 & Chapter 57Canvas Quiz: Adult with Cardiovascular and Respiratory Dysfunction |
| 11 | TuesdayOctober 31 | Topic: **Nursing Care of the Adult with Endocrine Dysfunction**Readings:*Medical-Surgical Nursing*, Chapter 47 & 48*Saunder’s Comprehensive Review*, Chapter 50 & Chapter 51Canvas Quiz: Adult with Endocrine Dysfunction |
| 12 | TuesdayNovember 7 | Topic: **Nursing Care of the Adult with Gastrointestinal Dysfunction**Readings:*Medical-Surgical Nursing*, Chapter 38, 39 & 40, 41*Saunder’s Comprehensive Review*, Chapter 52 & Chapter 53Canvas Quiz: Adult with Gastrointestinal Dysfunction**END OF EXAMINATION 3 MATERIAL** |
| 13 | TuesdayNovember 14 | **EXAMINATION 3****ALL SECTIONS AT 0830 HPNP G-101** |
| Topic: **Wound Care ON-LINE LECTURE**Readings:*Medical-Surgical Nursing,* Chapter 11*Saunder’s Comprehensive Review*, Chapter 33, Chapter 46 & 47 |
| Topic: **Visual and Hearing ON-LINE LECTURE**Readings:*Medical-Surgical Nursing,* Chapter 20 & 21*Saunder’s Comprehensive Review*, Chapter 60 & Chapter 61 |
| 14 | Tuesday November 21 | Topic: **Women’s Health and Reproductive Problems**Readings:*Medical-Surgical Nursing*, Chapter 50 & 53*Saunder’s Comprehensive Review*, Chapter 24 |
| Topic: **Men’s Health and Reproductive Problems**Readings:*Medical-Surgical Nursing*, Chapter 50 & 54*Saunder’s Comprehensive Review*, Chapter 24 & 58 |
| Case Study Preparation |
| 15 | TuesdayNovember 28 | Topic: **High-Risk Intrapartum Nursing Care**Readings:*Maternal Child Nursing Care*, Chapter 11, 12 & 17*Saunder’s Comprehensive Review*, Chapter 28 & Chapter 32 Canvas Quiz:Preterm Labor |
| Case Study Preparation |
| 16 | TuesdayDecember 5  | Topic: **Perioperative Nursing Care**Readings:*Medical-Surgical Nursing,* Chapter 17, 18, 19*Saunder’s Comprehensive Review*, Chapter 18Case Study Presentations: **ALL SECTIONS AT 0830 HPNP G-101** |
| Finals Week | TuesdayDecember 12 | **CUMULATIVE FINAL EXAMINATION****ALL SECTIONS AT 0830 HPNP G-114** |

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| Approved: | Academic Affairs Committee:General Faculty:UF Curriculum Committee: | 09/09; 02/1209/09; 03/1210/09; 04/12 |