UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

FALL 2017

COURSE NUMBER NUR 3738C- sections 12A5, 12A6, 16H4, 2944, 22D8, 22EF, 22FA, 22FC, 22FO

COURSE TITLE Clinical Practice 2: Restoration of Wellness

CREDITS 5 (1 credit didactic, 4 credits laboratory/clinical)

PLACEMENT BSN Program: 2nd Semester Upper Division

PREREQUISITES NUR 3138 Clinical Practice 1: Wellness Promotion and Illness Prevention

COREQUISITES NUR 3738 Systems of Care 2: Restoration of Wellness

 NUR 3145 Pharmacology for Nursing

NUR 3169 Inquiry and Evidence in Professional Nursing Practice

 Or

NGR 6101 Theory and Research for Nursing

FACULTY

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Clinical Assistant Professor 3240

[astephen@ufl.edu](file:///C%3A%5CDocuments%20and%20Settings%5Clsutton%5CLocal%20Settings%5CTemporary%20Internet%20Files%5CContent.Outlook%5Clsutton%5CMy%20Documents%5C4748L%5C4748L%20Spring%202012%5Castephen%40ufl.edu)

DESCRIPTION The purpose of this course is to provide the student with laboratory and clinical experiences in the provision of nursing care for clients with common acute and chronic illnesses across the lifespan and for intrapartal women. Emphasis is on the delivery of holistic, safe, and evidence based healthcare for diverse clients in a variety of settings. Focus is on the use of healthcare and information management technologies in the implementation and evaluation of nursing interventions.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Incorporate health/ illness beliefs, values, attitudes, and practices of individuals and families in the development of plans of care.
2. Develop collaborative plans of care that include health determinants, available resources, and activities that restore wellness and prevent illness.
3. Utilize health and information management technologies to provide safe nursing care.
4. Implement evidence-based nursing interventions to manage common acute and chronic illnesses and to promote wellness across the lifespan.
5. Contribute to revisions of plans of care based on healthcare outcomes.
6. Demonstrate accountability for personal and professional behaviors.

CLINICAL/LABORATORY SCHEDULE

Women’s Health/Labor and Delivery Skills Fair: August 23, September 8 and 20, 0730-1500-See Clinical List and Schedule for assigned day

Weeks 1 through 2-All Clinical Groups: NRC Lab: Wednesday: 0700-0820    Skill 1

 0830-0950    Skill 2

 1000-1120 Skill 3

 1130-1250 Skill 4

 Thursday: 0700-0830  Skill 1

 0840-1010    Skill 2

 1020-1150 Skill 3

 1250-1420    Skill 4

Weeks 1 through 16: Clinical: Wednesdays & Thursdays – see Clinical List and Schedule

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>.There are several tutorials and student help links on the E-Learning login site. If you have technical questions, call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu.

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Oxygenation
	1. Airway management, suctioning
	2. Chest tube management
2. Perfusion
	1. Fetal monitoring
3. Tissue Integrity
	1. Wound management: complex dressings, pressure ulcers, suture & staple removal
	2. IV therapy, venipuncture
4. Nutrition
	1. Feeding tube care & management
	2. Total parenteral nutrition
5. Regulation/Safety
	1. IV fluid administration

 5. Elimination

 a. Urinary drainage appliances

 b. Ostomy appliances

TEACHING METHODS

Demonstration, supervised laboratory and clinical simulation, supervised clinical practice experiences and seminars.

LEARNING ACTIVITIES

Selected laboratory and clinical experiences, community home, skill practice and demonstration, participation in clinical, seminars, and assigned interprofessional education activities, e.g., Interdisciplinary Family Health (IFH), Interprofessional Learning in Healthcare (ILPH), and/or ATTAC-IT (Area Health Education Centers Tobacco Training and Cessation Program – Initial Training).

EVALUATION METHODS/ COURSE GRADE CALCULATION

Clinical courses are evaluated using the Clinical Evaluation form. Clinical evaluation will be based on faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Clinical evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. **The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course.** A rating of less than satisfactory in any of the areas at semester end will constitute a course grade of E. Regardless of the classroom grade, the student receiving an unsatisfactory evaluation in the clinical component of the course will be assigned a course grade of E or U.

The faculty member will hold evaluation conferences with the student and clinical preceptor, if applicable, at each site visit. The faculty member will document or summarize each conference on the Clinical Evaluation Form or Advisement Record. This summary will be signed by the faculty member and student. Mid-rotation evaluation conferences will be made available to each student. **Final evaluation conferences with the faculty member are mandatory** and will be held during the last week of each course. A student may request additional conferences at any time by contacting the faculty member.

MAKE UP POLICY

Students will be required to make up time missed in lab and clinical based upon the faculty’s assessment of whether the individual student is meeting the clinical objectives and the frequency of absences.

GRADING SCALE

S Satisfactory

 U Unsatisfactory

Weekly quizzes are due before assigned Wednesday and Thursday lab for weeks 1 through 2. Students must achieve a quiz grade of 100%, attend lab weekly, and practice each skill in the NRC to achieve a satisfactory grade in this course. Lateness to lab will also affect a satisfactory grade.

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards, or wireless mouse/tracking device will be permitted during examinations.

REQUIRED TEXTBOOKS

Elsevier. (2015). Clinical Skills: Essentials Collection, 1st Edition, ISBN-10: 0323394493

**Course ID: 154963\_sbethart\_1001**

Lewis, S. L., Dirksen, R. F., Heitkemper, M. M., & Bucher, L.  (2017).

*Medical-surgical nursing:  Assessment and management of clinical problems* (10th ed.).

            St. Louis, MO: Mosby/Elsevier. ISBN:  978-0-323-08678-3

Perry, A.G., Potter, P.A. & Ostendorf, W.  (2017). *Clinical nursing skills & techniques*

 (9th ed.).  St. Louis: Mosby/Elsevier.  ISBN-10: 0323400698

Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D.  (2014). *Maternal child nursing*

 *care* (5th ed.).Maryland Heights, MO: Mosby. ISBN-10: 0323400698

Potter, P. A. & Perry, A.G.  (2017). *Fundamentals of nursing* (9th ed.).  St. Louis:

            Mosby/Elsevier.  ISBN-10: 0323327400

Silvestri, L.A.  (2017). *Saunders comprehensive review for the NCLEX-RN examination*

 (7th ed.). St. Louis, MO: Saunders. ISBN-10: 0323358519

Silvestri, L.A. & Silvestri, A. (2016). *Strategies for test success: Passing nursing school and the NCLEX exam*. St. Louis, MO: Elsevier. ISBN-10: 0323296610

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

Academic Honesty

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

WEEKLY CLASS SCHEDULE

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| NRC DATES: 8/24/17 – 8/31/17Wed. & Thurs.assigned times | TOPIC/EVALUATION | ASSIGNMENTS/READINGS |
|  Thursday 8/24/170700-1150 and1250-1420 | Orientation to Nursing Skills BLASTUrinary Elimination Skills:Male and Female CatheterizationIndwelling and In & OutDiscontinuing CathetersBladder ScannerAirway Management Skills & Oxygenation:Suctioning, Tracheostomy Care, Chest tubesWound Management Skills: Gastrointestinal Tubes and Enteral Nutrition Skills: Nasogastric Tubes (NG), Enteral Tubes, Tube Feeding | Web Lecture: Potter & Perry Fundamentals: pp. 1119-1127, 1131-1147Perry & Potter Clinical Nursing Skills: Chapter 34Clinical Skills Essentials Edition**:***(Review Quick Start, Supplies, Demos)*Inserting an Indwelling Urinary Catheter in a Female Inserting an Indwelling Urinary Catheter in a Male Performing Intermittent Straight CatheterizationIrrigating a Urinary Catheter Obtaining Specimen from Indwelling Urinary Catheter Providing Catheter CareRemoving an Indwelling Urinary CatheterCaring for a Suprapubic Catheter*Complete competency test for each video prior to lab.*Web Lecture: Potter & Perry Fundamentals: Chapter 41 Perry & Potter Clinical Nursing Skills: Chapter 23, 25 & 27Clinical Skills Essentials Edition**:***(Review Quick Start, Supplies, Demos)*Ensuring Oxygen Safety Maintaining an AirwayPerforming Nasotracheal/Nasopharyngeal SuctioningPerforming Oropharyngeal SuctioningProviding Tracheostomy Care Collecting a Sputum Specimen*Complete competency test for each video prior to lab.*Web Lecture: Potter & Perry Fundamentals: Chapter 48 Perry & Potter Clinical Nursing Skills: Chapter 39, 40 & 41Clinical Skills Essentials Edition**:***(Review Quick Start, Supplies, Demos)*Assessing WoundsCaring for Pressure Ulcers Establishing and Maintaining a Sterile Field Changing a DressingAdding Items to a Sterile FieldPouring a Sterile SolutionIrrigating Wounds Using Wound Drainage Systems*Complete competency test for each video prior to lab***Assignment: NDNQI Modules 1 (Pressure Ulcers and Staging) & 2 (Other Wound Types and Skin Injuries). Due Sunday, 9/3, 1159. Post proof of completion on Canvas.**Web Lecture: Potter & Perry Fundamentals: Chapter 45 & 47 Perry & Potter Clinical Nursing Skills: Chapter 32 & 36, pp. 922-929.Clinical Skills Essentials Edition**:***(Review Quick Start, Supplies, Demos)*Inserting a Nasogastric Tube Managing a Nasogastric TubeProviding Enteral Feedings Removing a Feeding TubePouching a ColostomyPouching a Urostomy *Complete competency test for each video prior to lab* |
| Wednesday 8/30/170700-1250 | Sterile Dressing Skills:Central Venous Line  Venipuncture Skills: IV initiation and blood sample drawingFluid and Electrolyte Skills: Intravenous Fluids | Web Lecture: Potter & Perry Fundamentals: Chapter 48 Perry & Potter Clinical Nursing Skills: pp. 256-270, 785-799Clinical Skills Essentials Edition**:***(Review Quick Start, Supplies, Demos)*Using a Prepackaged Sterile KitEstablishing and Maintaining a Sterile Field Changing a DressingAdding Items to a Sterile FieldPerforming Dressing Care for a CVAD *Complete competency test for each video prior to lab.*Web Lecture: Potter & Perry Fundamentals: pp. 967-989Perry & Potter Clinical Nursing Skills: pp. 193-201, 751-785Clinical Skills Essentials Edition**:***(Review Quick Start, Supplies, Demos)*Performing Venipuncture Preparing an Infusion Site Changing Intravenous Dressings Discontinuing Intravenous Therapy Drawing Blood and Administering Fluid Dressing the Infusion Site *Complete competency test for each video prior to lab.*Web Lecture: Potter & Perry Fundamentals: Chapter 42 Perry & Potter Clinical Nursing Skills: Chapter 33, pp.768-780.Clinical Skills Essentials Edition**:***(Review Quick Start, Supplies, Demos)*Using an Infusion Pump Changing Intravenous Tubing and FluidsRegulating an Intravenous Infusion Troubleshooting Intravenous Infusions Troubleshooting Vascular Access Devices Administering Parenteral Nutrition Through a Central Line (CPN) Administering PPN with Lipid Infusion*Complete competency test for each video prior to lab.* |
| Thursday8/31/170800-1200 | Women’s Health Skills: Fetal Monitoring andPostpartum AssessmentChild Health Skills: Pediatric Nursing Care and Safety | Perry, Hockenberry, Lowdermilk, & Wilson: Chapter 15Chapters 18, 19, & 21Perry, Hockenberry, Lowdermilk, & Wilson: Chapter 39Pediatric Medication safe dosage calculation |
| 8/23/17-12/6/17 | Clinical-See Schedule | Assigned Facility/Faculty |

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| Approved: | Academic Affairs Committee:General Faculty:UF Curriculum Committee: | 09/09; 02/12; 02/1409/09; 03/12; 02/1410/09; 04/12 |