UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SUMMER/2018

COURSE NUMBER NUR 3069C, Section 744D/ 75AF

COURSE TITLE Health Assessment and Communication

CREDITS 3 (2 credits didactic; 1 credit laboratory)

PLACEMENT BSN Program: 1st Semester Upper Division

PREREQUISITE Admission to Upper Division BSN Program

COREQUISITE NUR 3129 Pathophysiology and Psychopathology

NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention

FACULTY

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| Jane Gannon, DNP, CNM, CNL | Jacksonville, LRC, 3rd floor | (O) 904-244-5166 |
| Clinical Assistant Professor | Office Hours: Thursday 1-3 pm | Email: [jmgannon@ufl.edu](mailto:jmgannon@ufl.edu) |
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| Lisa Domenico, PhD, CARN  Assistant Professor | Jacksonville, LRC, 3rd Floor  Office Hours: Mon 1-3 pm | (O) 352-273-6637  Email: [ldomenico@ufl.edu](mailto:ldomenico@ufl.edu) |
| Tina D’Alessandro, PhD, ARNP  Clinical Assistant Professor | Jacksonville, LRC, 3rd Floor  Office Hours: Wed 1-3 pm | (O) 904-244-5175  Email: [dalessa@ufl.edu](mailto:dalessa@ufl.edu) |
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| Nancy Young, MSN, ARNP, CPNP-PC, CNE  Clinical Assistant Professor | HPNP 2218  Office Hours: Friday 10-12 pm | (O) 352-273-6403  Email: [ngyoung@ufl.edu](mailto:ngyoung@ufl.edu) |
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COURSE DESCRIPTION The purpose of this course is to examine therapeutic communication and health assessment principles and techniques. Emphasis is on development of therapeutic communication skills and assessment of the health of individuals across the lifespan. Focus is on development of therapeutic relationships and the use of general and specialized assessment skills as a basis for clinical decision making.

COURSE OBJECTIVES Upon completion of this course the student will be able to:

1. Utilize therapeutic communication techniques within the nurse-client relationship.
2. Assess health history, including environmental exposure, wellness/illness beliefs, values, attitudes, and practices of individuals, and a focused family health history.
3. Identify cultural, developmental, and functional patterns, variations in the health status of individuals across the lifespan.

COURSE OBJECTIVES (CONTINUED)

1. Perform an integrated comprehensive physical examination using inspection, palpation, percussion, and auscultation techniques.
2. Document health assessment data in accordance with legal and ethical guidelines.
3. Identify principles used in electronic recording of patient care information.

COURSE SCHEDULE

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| Day | Group\* | Time | Faculty | Location |
| Monday | Group 1 | 9:00-12:15 pm | Young | CeSar Lab (Pavilion Bldg) 2nd Floor |
| Monday | Group 2 | 9:00-12:15 pm | Domenico | CeSar Lab (Pavilion Bldg) 2nd Floor |
| Monday | Group 3 | 1:00-4:15 pm | Young | CeSar Lab (Pavilion Bldg) 2nd Floor |
| Monday | Group 4 | 1:00-4:15 pm | D’Alessandro | CeSar Lab (Pavilion Bldg) 2nd Floor |

\*Groups 1 and 2 are comprised of students enrolled in Section 744D. Groups 3 and 4 are comprised of students enrolled in section 75AF, unless otherwise assigned.

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that students regularly check their Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications. Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Communication across the lifespan
   1. Active listening
   2. Empathy
   3. Silence
   4. Touch
   5. Paraphrasing
   6. Clarifying
   7. Focusing
   8. Summarizing
   9. Self-disclosing
   10. Confronting
2. Problem solving process in nursing practice
3. Critical thinking and decision making
4. Assessment
   1. Overview
   2. Health history
   3. Functional Health Pattern assessment
   4. Developmental assessment
   5. Cultural assessment

TOPICAL OUTLINE (CONTINUED)

* 1. Mental status assessment
  2. Physical examination
     1. Techniques
     2. System review

1. Communication of health assessment data
2. Collaboration with interprofessional healthcare team
3. Electronic health records

TEACHING METHODS

Online mini-lectures and simulation using a virtual patient, demonstration, and guided laboratory practice sessions.

LEARNING ACTIVITIES

Reading assignments, online videos, return demonstrations, and simulated laboratory assessment experiences

EVALUATION METHODS/COURSE GRADE CALCULATION

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| Lab Participation | 13% | Includes written assignments and attendance |
| Virtual assignments | 15% | Shadowhealth assignments, SBAR assignments |
| Comprehensive health assessment video | 30% | Recorded outside of class, uploaded to course site |
| Exams (3) using Examsoft | 40% | 75 multiple choice questions each |
| NCLEX Adaptive Quizzes | 2% | S/U, graded satisfactory by completion |
| Total | 100% |  |

GRADING

JAX Lab Attendance/Participation: There will be a total of 11 lab meeting times that are mandatory to the course. Three (3) points are given for attendance and participation in each Lab session. Points will not be given for students who exit lab prematurely, nor will their lab manual, or written SBAR assignment be accepted, unless excused by the instructor (See Makeup Policy below). Due to the complexity of lab coordination, there will be no switching or altering of assigned lab time. Students will sign in and out of each lab session. The lab is located in part of UFHealth HSC-Jacksonville campus called the Pavilion located on Jefferson Ave and 8th street where patient care occurs. Students are therefore expected to dress appropriately. This can include either your clinical uniform, or khakis and UF shirt. No beach attire, no cutoffs or flip flops are allowed. Covered shoes are required in the setting.

Virtual Activities: In addition to assigned readings, there are a total of 5 S/U activities (“Orientation” and “Concept Labs”) in Shadowhealth, and 8 scored Shadowhealth activities. There are an additional 3 Shadowhealth cases that are communication (SBAR) based and are also scored. All Shadow Health activities are mandatory and are required to be completed before the associated Lab time. Assignments are automatically scored (DCE) in Shadowhealth. The DCE score will be recorded in the gradebook by the instructors. Shadowhealth assignments are broken down as follows:

* Orientation, 4 Concept labs (Conversation, Respiratory, Cardiovascular, Abdominal) (Complete/Incomplete scores assigned)
* 7 focused, system-based assessments of the virtual patient, Tina Jones (% score)

GRADING (CONTINUED)

* 1 comprehensive history (% score)
* 3 patient scenarios requiring submission of a recorded SBAR report (Cough, Chest Pain, Abdominal Pain) (15 points)

Examinations: There are a total of 3 examinations, each focused on ~4 weeks worth of assigned content, but which draw on previously learned content as well. Each examination is worth 13.3% of the total grade. These exams are all multiple choice and will be delivered using Examsoft. These will be scheduled on Fridays.

The path to success in this course includes organization and time management. This foundational course will help lead you to success in all other clinical courses that follow if you plan your study activities wisely and spread them out over the course of the week. The best way to approach preparation for lab and completion of required content is as follows:

1. Complete the assigned reading. Students often ask how to use this material. We find outlining the chapter either in a word document or hand writing it helps to solidify the basic information covered. Then think about common issues across systems as you read about the system and create 3x5 note cards that include 3-5 history based components that need to be explored with that symptom and 5-8 body components that should examined.
2. Complete the assigned NCLEX adaptive quizzes. These are a good self-assessment of your understanding of the material.
3. Watch the posted lectures. If questions from the reading or lectures arise that you cannot find answers to, contact Dr Gannon for clarification.
4. Complete the virtual patient assignment on Shadowhealth.com. Here you will apply what you read and what you watched in the lecture. The virtual patient comes with a guide that will help you be successful in your interview and exam of the virtual patient.
5. Come to lab prepared to apply the skills to a real live human being, your lab partner! In lab you will be guided as a group through that week’s skills and will practice them on each other. There will also be a written activity during lab that will be due within 48 hours.
6. Utilize open lab time during the week to practice some more! Contact Jennifer Davis at 904-244-3245 to schedule.

MAKE UP POLICY

Alternative or make up activities will only be made available in the event the faculty member is **notified prior to** the missed event and the absence meets university attendance policy criteria. Excused absences include personal illness or a death in the immediate family, and those outlined in the University’s Attendance Policies here:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>. Documentation and prior notice supporting any absence **are required**. Work, employment orientations, family events, vacations, or other related activities that cause a missed assignment, missed exam or missed attendance in the lab are not excusable absences.

Missed Lab Session

* For an excused absence: The student will receive full credit (3 points) for preparing for and attending a required make up session

MAKE UP POLICY (CONTINUED)

* For an unexcused absence: No makeup lab session will be provided. The student may check out equipment to practice the missed skills on her or his own.

Missed Examinations

* For an excused absence, a makeup exam will be provided outside of lab time. The exam will be proctored in the College of Nursing on the Jacksonville campus.
* For an unexcused absence, no makeup exam is available. Scores on remaining exams will be averaged. If two exams are missed, a score of 0 will be assigned for the second missed exam.

GRADING SCALE

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

An average of 74% MUST be achieved on EACH category of course assignment to pass the course. This includes:

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| Lab Participation |
| Virtual assignments |
| Video performance exam |
| Exams |

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

University and College of Nursing Policies

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors

PROFESSIONAL BEHAVIOR (CONTINUED)

inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession

of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen

for all examinations administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

REQUIRED TEXTBOOKS

Ackley, B., & Ladwig, G. (2016). *Nursing diagnosis handbook: An evidence-based guide to planning care* (11th ed.). St. Louis: Mosby/Elsevier.

Jarvis, C. (2015a). *Physical examination and health assessment* (7th ed.). St. Louis: Saunders/Elsevier.

Jarvis, C. (2015b). *Physical examination and health assessment student laboratory manual* (7th ed.). St. Louis: Saunders/Elsevier.

**Evolve Adaptive Quiz Questions. More information will be on the Canvas course site**

Shadow Health – All students are required to purchase access to the Shadow Health Digital Clinical Experience. The cost is $99.00 and is a separate expense that is not included with the book bundle.  To register for Shadow Health, please visit app.shadowhealth.com and click "Register for a Student Account." Then enter your Summer 2018 PIN to enroll and purchase access, using this Course Registration PIN for Students:  **May2018-5482-4635-6204-2754**

* Shadow Health Website: <http://app.shadowhealth.com/>
* Student Account Setup Guide: <http://bit.ly/How_to_Register>
* Technical Requirements: <http://bit.ly/System_Requirements>
* Link to Shadow Health Support: [http://support.shadowhealth.com](http://support.shadowhealth.com/)

RECOMMENDED TEXTBOOKS

Jarvis, C. (2015c). *Pocket companion for physical examination and health assessment* (7th ed.). St. Louis: Saunders/Elsevier.

Textbooks from NUR 3138, NUR 3138C

WEEKLY CLASS/LAB SCHEDULE

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| **WEEK/**  **DATE** | **LEARNING ACTIVITIES**  **See all learning activities on course website** | | **EVALUATION ACTIVITIES** |
| Week 1: Lab 5/14  Groups 1& 2  are those in Section 7029  Groups 3&4  are those in Section 756D  **Weekly Lab Times**  Wednesdays:  Group 1 (Young)  9-12:15 pm  Group 2 (Domenico)  9-12:15 pm  Group 3 (D’Allessandro) 1-4:15pm  Group 4 (Young)  1-4:15 pm  Groups 1&3 will meet in OR 2 in the CESaR Center  Groups 2&4 will meet in OR 4 in the CESaR Center | Classroom content, including lectures and some learning activities are delivered ONLINE.  Weekly lab sessions occur in the CESaR lab, located in the Pavilion building  Lectures:  Course Introduction  Evidence-Based Assessment  Cultural Competence  The Interview | Jarvis: Ch. 1, 2, 3, 4  Jarvis Lab Manual: Ch. 1, 3, 4 (p. 25-28)  *Weekly assigned readings are all to be completed prior to lab as are lab manual activities, OTHER than those assigned as evaluation activities, which will be completed and turned in at the end of lab* | 1. Shadow Health Orientation 2. Shadow Health Conversation Concept Lab Due 5/13 11:59 pm All Shadowhealth and related assignments are due by 11:59 pm before your scheduled lab session each week 3. Lab Manual – p. 28-36 Due 5/16 11:59 pm All lab manual assignments are due 2 days after lab at 11:59 pm   Note, Dr Gannon will upload Shadowhealth scores to the gradebook within a week of the due date.  Students submit a scanned copy of their lab manual pages to Canvas where lab instructors will score them within a week of the due date.  Late submissions will be graded by the end of the semester. |
| Week 2: Lab 5/21  Groups 1&2  meet 9-12:15pm  Groups 3&4  meet 1-4:15pm | Assessment Techniques  General Survey & Vital Signs  Pain Assessment  Skin, Hair, Nail Assessment | Jarvis: Ch. 8, 9, 10, 12  Jarvis Lab Manual: Ch.8, 9 (p.63-70), 10, 12 (p.85-92)  Assigned online mini-lectures  *Complete prior to lab* | 1. Shadow Health Assignment: Skin, Hair, Nails  Due 5/20/18 11:59 pm 2. Lab Manual p. 71, p.93-94 Due 5/23/18 11:59 pm |

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| **WEEK** | **CONTENT AREA** | **LEARNING ACTIVITIES** | | **EVALUATION ACTIVITIES** |
| Week 3  Complete ONLINE content only. No lab | Growth and Development Concepts:   * Pediatric Assessment * Elder Assessment   The Nursing Process | Jarvis Ch 28  Jarvis Lab Manual Ch 22 (p. 197-204)  Assigned online mini-lectures | |  |
| Week 4: Lab 6/4  Groups 1&2  9-12:15pm  Groups 3&4  1-4:15pm | Breast Assessment  Pulmonary Assessment  Care planning introduction  SBAR introduction | Ackley:  Section I Part A xvii-xviii, p. 1-10, 106  Section III Each week, use the Ackley text to locate nursing diagnoses relevant to that week’s system and enter in lab manual when a nursing diagnosis is called for.  Jarvis: Ch. 17, 18, p. 804-805  Jarvis Lab Manual: Ch. 17 (p.137-144), 18 (p.149-158)Assigned online mini-lectures *Complete prior to lab* | | 1. Shadow Health Assignment: Respiratory Due 6/3 11:59 pm 2. SBAR Danny Rivera (Cough) Due 6/13 11:59 pm (Extra time given to submit SBAR assignments) 3. Lab Manual – p. 145-146, p. 159-160   Due 6/13 11:59 pm |
| **EXAM 1: Friday, 6/8/2018, 2-4 pm ALL GROUPS COLLEGE OF NURSING (CON) JAX CLASSROOM** | | | | |
| Week 5: Lab 6/11  Groups 1&2  9-12:15pm  Groups 3&4 1-4:15pm | Cardiovascular Assessment  Peripheral Vascular Assessment  Lymphatic Assessment  Care Planning | Ackley: Use as needed  Jarvis: Ch. 19, 20  Jarvis Lab Manual: Ch. 19 (p.161-171), 20 (p. 175-182) *Complete prior to lab* | 1. Shadow Health Assignment: Cardiovascular Due 6/10 11:59 pm 2. SBAR Brian Foster (Chest Pain) Due 6/13 11:59 pm 3. Lab Manual – p.172-174, p. 183-186 Due 6/13 11:59 pm | |
| Week 6: Lab 6/18  Groups 1&2  9-12:15pm  Groups 3&4  1-4:15pm | Neurological Assessment  Mental Status Assessment | Ackley: Use as needed  Jarvis: Ch. 5, 23  Jarvis Lab Manual: Ch. 5 (p.37-42), 23 (p.209-217)Assigned online mini-lectures *Complete prior to lab* | 1. Shadow Health Assignment: Neuro Due 6/17 11:59 pm 2. Lab Manual – p. 43-44, p.219-221 3. Due 6/20 11:59 pm | |
| Week 7: 6/25-29 **Summer Break** | | | | |

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| **WEEK** | **CONTENT AREA** | **LEARNING ACTIVITIES** | **EVALUATION ACTIVITIES** |
| Week 8: Lab 7/2  Groups 1&2  9-12:15pm  Groups 3&4  1-4:15pm | Musculoskeletal Assessment | Ackley: Use as needed  Jarvis: Ch. 22  Jarvis Lab Manual: Ch. 22 (p.197-204)  Assigned online mini-lectures *Complete prior to lab* | 1. Shadow Health Assignment: Musculoskeletal Due7/1 11:59 pm 2. Lab Manual – p.205-208, SBAR |
| **EXAM 1: Friday, 7/6/2018, 2-4 pm ALL GROUPS COLLEGE OF NURSING (CON) JAX CLASSROOM** | | | |
| Week 9: Lab 7/9  Groups 1&2  9-12:15pm  Groups 3&4  1-4:15pm | HEENT (Head, Ear, Eyes, Nose, Throat) & Lymph | Ackley:  Jarvis: Ch. 13, 14, 15, 16  Jarvis Lab Manual: Ch. 13 (p.97-102), 14 (p. 105-114), 15 (p.117-124), 16 (p.127-134)  Assigned online mini-lectures *Complete prior to lab* | 1. Shadow Health Assignment: HEENT Due 7/8 11:59 pm 2. Lab Manual – p. 103-104, p.115-116, p.125-126, p.135-136   Due 7/11 11:59 pm |
| Week 10: 7/16  Groups 1&2  9-12:15pm  Groups 3&4  1-4:15pm | Abdominal Assessment  Male/ Female Genitourinary Assessment  Anus/Rectum/Prostate | Ackley: Use as needed  Jarvis: Ch. 21, 24, 25, 26  Jarvis Lab Manual: Ch. 21 (p.187-194), 24 (p.223-230), 25 (p.233-238), 26 (p.241-248)  *Complete prior to lab* | 1. Shadow Health Assignment: Abdomen Due 7/15 11:59 pm 2. SBAR Esther Park (Abdominal Pain)   Due 7/25 11:59 pm (Additional time given for submission)   1. Lab Manual – p.195-196, p.231-232, p.239, p. 249-251 Due 7/18 11:59 pm |
| Week 11: 7/23  Groups 1&2  9-12:15pm  Groups 3&4  1-4:15pm | Growth and Development Assessment Concepts   * Assessment of the Pregnant Woman * Assessment of the Post-Partum Woman * Assessment of the Neonate | Ackley: Use as needed  Jarvis: Ch. 30 (281-296), 30  Jarvis Lab Manual: Ch. 30 (p.281-296)  *Complete prior to lab* | 1. Pregnant woman soap note Due 7/25 11:59 pm |
| Week 12: 7/30  Groups 1&2  9-12:15pm  Groups 3&4 meet 1-4:15pm | Putting it all Together   * Comprehensive health Assessment * Beside Assessment * Electronic Health Recording | Ackley: Use as needed  Jarvis: Ch. 27, 29, 31  Jarvis Lab Manual: Ch. 31 (p.297-306)  *Complete prior to lab* | 1. Shadowhealth Assignment: Health History Due 7/29 11:59 pm 2. Lab Manual p 261-264 Due 8/1 11:59 pm |
| **EXAM 3- Friday, 8/3/2018, 2-4 pm ALL GROUPS COLLEGE OF NURSING (CON) JAX CLASSROOM** | | | |
| **WEEK** | **CONTENT AREA** | **LEARNING ACTIVITIES** | **EVALUATION ACTIVITIES** |
| Week 13: No lab | Integrated Physical Exam |  | Video record an integrated comprehensive physical examination of a classmate, friend or family member and upload to the course website. Due 8/7 11:59 pm |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 02/03, 12/03; 09/09; 02/14  02/03, 01/04; 09/09; 02/14  05/03; 10/09 |

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