UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SUMMER 2018

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| COURSE NUMBER | NUR 3138 C |
| COURSE TITLE | Clinical Practice 1: Wellness Promotion and Illness Prevention |
| CREDITS | 4 (1 credit didactic; 3 credits laboratory/clinical ) |
| PLACEMENT | BSN Program: 1st Semester Upper Division |
| PREREQUISITES | Admission to Upper Division BSN Program |
| COREQUISITES | NUR 3069C Health Assessment and Communication  NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention |
| FACULTY   |  |  |  | | --- | --- | --- | |  | Office and Hours | Contact Info | | Sharon Adams, DNP, CNM, ARNP  Clinical Assistant Professor | HPNP 3213  Mon. & Tues.  0900-1100 | [sharonadams@ufl.edu](mailto:sharonadams@ufl.edu)  Office: 352-273-6358 | | Lisa Bagnall, PhD, RN, CNL  Clinical Assistant Professor | HPNP 3216  Fri. 0800-1000 | [lisabag@ufl.edu](mailto:lisabag@ufl.edu)  Office: 352-273-6421 | | Sally M. Bethart, MSN, ARNP-BC, PHNA-BC  Clinical Assistant Professor | HPNP 4203  Wed. 1300-1500 | [sbeth12@ufl.edu](mailto:sbeth12@ufl.edu)  Office: 352-273-6372 | | Christa Cook, PhD, RN, PHNA-BC  Clinical Assistant Professor | HPNP 4204  Wed. 1500-1700 | [christacook@ufl.edu](mailto:christacook@ufl.edu)  Office: 352-273-6350 | | Cynthia Figueroa, PhD, ARNP, ANP-BC  Clinical Assistant Professor | HPNP 3239  Thurs. 1300-1500 | [cindiarn@ufl.edu](mailto:cindiarn@ufl.edu)  Office: 352-273-6424 | | Dorie Frum, MSN, ACNP-BC  Clinical Assistant Professor | HPNP 3231  By Appointment | [dorie66@ufl.edu](mailto:dorie66@ufl.edu)  Office: 352-273-6319 | | Charlene Krueger, PhD, ARNP  Associate Professor  Course Coordinator | HPNP 2228  Tues. 1000-1200 | [ckrueger@ufl.edu](mailto:ckrueger@ufl.edu)  Office: 352-273-6332 | | Joanne Margaret Laframboise-Otto, PhD, RN  Clinical Assistant Professor | HPNP 3219  Wed. 1030-1230 | [lafrajm@ufl.edu](mailto:lafrajm@ufl.edu)  Office: 352-294-8927 | | Lisa McGehee, MSN, RN  Clinical Lecturer/Simulation Specialist | HPNP 3220  Fri. 0900-1100 | [lmcgehee@ufl.edu](mailto:lmcgehee@ufl.edu)  Office: 273-6327 | | Allison Peters, DNP, RN, CNOR, NEC  Clinical Assistant Professor | HPNP 4206  Fri. 0900-1100 | [petal@ufl.edu](mailto:petal@ufl.edu)  Office: 352-294-5721 | | Anita Stephen, MSN, RN, CNL  Clinical Assistant Professor | HPNP 3240  Fri. 0900-1100 | [astephen@ufl.edu](mailto:astephen@ufl.edu)  Office: 352-273-6328 | | |
| COURSE DESCRIPTION The purpose of this course is to provide the student with clinical experience in the promotion of wellness and prevention of illness for diverse individual clients across the lifespan. Emphasis is on risk appraisal, environmental assessment, and the context of family in wellness promotion and risk reduction. Focus is on use of health education and counseling with clients in selected settings. | |
| COURSE OBJECTIVES Upon completion of this course, the student will be able to:   1. Apply concepts of wellness promotion and disease, injury, and disability prevention with selected individuals. 2. Utilize therapeutic communication techniques. 3. Apply primary, secondary, and tertiary prevention strategies. 4. Utilize principles of privacy and confidentiality in interactions with clients. 5. Assess environmental factors that influence the healthcare needs and preferences of individuals as members of families. 6. Utilize principles of health teaching and counseling with clients. 7. Utilize scientific principles in the demonstration of selected psychomotor skills. 8. Recognizes accountability for personal and professional behaviors. | |
| CLINICAL/LABORATORY SCHEDULE  E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).  It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.  Course websites are generally made available on the Friday before the first day of classes. | |
| **DIDACTIC CONTENT** (web-based) will accompany the labs throughout the semester. This content is to be completed prior to lab. | |
| **NURSING RESOURCE CENTER (NRC) SKILLS LABATORY**  First 6 weeks of classes (Summer A) – Monday or Tuesday  Fridays are Open Lab 0900-1200   * To schedule a one‐hour slot - <http://nursing.ufl.edu/students/nursing-resource-center/open-lab-reservation-system-for-students/> * Specify one to three skill(s) in the drop down menu | |
| **NURSING RESOURCE CENTER (NRC) SIMULATION LABORATORY**  Second 6 weeks of classes (Summer B) – Monday or Tuesday  Fridays are Open Lab 0900-1200   * To schedule a one‐hour slot - <http://nursing.ufl.edu/students/nursing-resource-center/open-lab-reservation-system-for-students/> * Specify one to three skill(s) in the drop down menu   **COMMUNITY-BASED CLINICAL**  Supervised and unsupervised community activities scheduled throughout Summer A and Summer B  See the Clinical List for your clinical group and faculty assignments in Canvas. | |
| **HOSPITAL-BASED CLINICAL**  Second 6 weeks of classes (Summer B) – Thursday or Friday  See the Clinical List for your clinical group and faculty assignments in Canvas.  In addition, an “EPIC” session will be scheduled on a Thursday prior to the hospital experience start date. | |
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TOPICAL OUTLINE

1. Safety
2. Asepsis
3. Standard precautions
4. Isolation techniques
5. Risk assessment
   1. Falls
6. Self Care
   1. Hygiene
7. Nutrition
8. Hydration
9. Intake and output
10. Mobility
11. Positioning
12. Transfer
13. Ambulation
14. Comfort
15. Health teaching and counseling
    1. Therapeutic communication
    2. Wellness promotion and illness prevention
16. Elimination
17. Regulation – Glucose Monitoring

TEACHING METHODS

Online presentations, quizzes, audiovisual materials, written materials, demonstrations, supervised laboratory, simulation and clinical experiences.

LEARNING ACTIVITIES

Readings, discussions, videos, participation in laboratory skills practice and simulated scenarios, community and hospital-based clinical experiences.

EVALUATION METHODS/CLINICAL EVALUATION

Clinical courses are evaluated using the Clinical Evaluation form. Clinical evaluation will be based on faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Skills evaluation will be based on quizzes administered during class time, completion of assignments in ATI, and the level of performance of skills in the laboratory.  Students must achieve a > 80% mean score on quizzes, achieve a *strong* rating on ATI assignments, and perform skills at a mastery level to achieve a satisfactory course grade. Quizzes will be completed within Canvas, which you will be allowed access to from your laptop the day of the quiz.  All students must have a laptop security screen to take the quiz.

**The student must achieve this level of performance in each area (quizzes, ATI, and skills) by completion of semester A in order to begin their required hospital-based clinical experience.**

Simulation evaluation will be based on completion of assignments in ATI at the *strong* level, satisfactory completion of worksheets, and continued mastery level performance of skills in the laboratory.

Clinical evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation form. Clinical evaluation will be based on faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. **The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course.** A rating of less than satisfactory in any of the areas at semester end will constitute a course grade of E. Regardless of the classroom grade, the student receiving an Unsatisfactory evaluation in the clinical component of the course will be assigned a course grade of E or U.

The faculty member will hold evaluation conferences with the student as needed and document or summarize each conference on the Clinical Evaluation Form or Advisement Record. This summary will be signed by the faculty member and student. Mid-rotation evaluation conferences will be made available to each student as needed. **Final evaluation conferences with the faculty member are mandatory** and will be held during the last week of each course. A student may request additional conferences at any time by contacting the faculty member.

UNIFORM REQUIREMENTS

Any student, who does not adhere to the following uniform requirements, will NOT be permitted to attend or participate in laboratory, simulation, clinical, and/or community activities.

**Nursing Resource Center (Skills and Simulation Lab) and Hospital Uniform**

Uniform consists of navy scrub pants and a CON navy scrub top. Shoes must be white or black, clean, and nonporous with closed toe and heel. Overall appearance must convey a professional image. Personal hygiene and grooming should be of a standard that ensures the safety and comfort of clients and patients:

* Hair must be pulled back and not fall into face.
* Facial hair must be clean-shaven or short. Neat beards only
* Fingernails must be clean and short. No polish, artificial nails or nail products permitted.
* Perfumes, colognes, or scented lotions are not permitted.
* Tattoos or body art should not be visible or must be covered.
* Jewelry is limited to one wedding ring and one small pair of studded earrings worn on the ear lobes. No other visible jewelry or piercings are permitted, this includes facial or mouth piercings.

Students must arrive to clinical/NRC activities with all the required equipment necessary for the scheduled activities. Students should wear their UF Gator One badge while in the NRC, simulation setting, community or hospital unless otherwise specified. Cell phones and pagers are not allowed in the laboratory or clinical setting unless specified by the instructor. Students ARE required to bring their laptops with them to lab.

**Community Uniform**

Uniform consists of a navy or white CON polo shirt with khaki pants. Shoes must have a close toed and heel and should be comfortable enough to participate in physical activities. Students should wear their UF Gator One badge while in the community setting unless otherwise specified. Overall appearance (personal hygiene and grooming) must convey a professional image.

MAKE UP POLICY

Attendance is required. There will be no make-up quizzes, skills, or simulation laboratories except under exceptional circumstances with joint approval by the Course Coordinator and Undergraduate Program Director.

Students will be required to make-up time missed clinical experiences due to excused absences based upon the faculty’s assessment of whether the individual student is meeting the clinical objectives and the frequency of absences. Make-up opportunities are at the discretion of faculty. Please review the university policy on attendance and excused absences. <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

GRADING SCALE

**S Satisfactory**

**U Unsatisfactory**

Evaluation of the skills laboratory, simulation laboratory, and clinically-based activities will be based on the satisfactory completion of all assignments, which includes participation. An Unsatisfactory grade may be assigned for being late or missing assigned NRC or clinical activities or assignments. Feedback on written assignments will be within one week.

For more information on grades and grading policies, please refer to University’s grading policy:

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a nursing student reflects on the student's individual’s ability to become a competent professional nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

* Attendance
* UF Grading Policy
* Accommodations due to Disability
* Religious Holidays
* Counseling and Mental Health Services
* Student Handbook
* Faculty Evaluations
* Student Use of Social Media

REQUIRED TEXTBOOKS

* Elsevier. (2015). *Clinical Skills: Essentials Collection,* *1st Edition*. ISBN-10: 0323394493 Access this online
* Perry, A.G. Potter, P.A. & Ostendorf, W. (2017). *Clinical nursing skills & techniques* (9th ed.). St. Louis: Mosby/Elsevier. ISBN-10: 0323400698
* Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D. (2014). *Maternal child nursing* *care* (6th ed.). Maryland Heights, MO: Mosby. ISBN-10: 0323400698
* Potter, P. A. & Perry, A.G. (2017). *Fundamentals of nursing* (9th ed.). St. Louis: Mosby/Elsevier. ISBN-10: 0323327400
* Silvestri, L.A. (2016). *Saunders comprehensive review for the NCLEX-RN examination* (7th ed.). St. Louis, MO: Saunders. ISBN-10: 0323358519
* Silvestri, L. A. & Silvestri, A. (2018). *Strategies for test success: Passing nursing school and the NCLEX exam.* (5th ed.) St. Louis, MO: Elsevier. ISBN-10:0323296610
* Potter, P.A., Perry, A.G., Stockert, p., Hall, A., & Ochs, G. (2016).  *Study guide for fundamentals of nursing* (9th ed.). St. Louis: Mosby/Elsevier

SKILLS AND SIMULATION WEEKLY SCHEDULE

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| WEEK | TOPIC | READING ASSIGNMENT  In *Fundamentals of Nursing* |
|  | **SKILLS LABORATORY** |  |
| 1 | Communication, Patient Safety and Quality | Chapter 24 & 27 |
| 2 | Exercise, Mobility and Immobility | Chapter 28 & 39 |
| 3 | Infection Prevention and Control | Chapter 29 |
| 4 | Hygiene and Comfort Care | Chapter 40 |
| 5 | Oxygenation | Chapter 41 |
| 6 | Urinary Elimination and Bowel Elimination | Chapter 46 |
| **Note**: ***See Canvas Website for related media resources*** | | |
| **SUMMER BREAK** | | |
|  | **SIMULATION LABORATORY** |  |
| 8 | Applying Communication, Patient Safety and Quality Skills | Chapter 24 & 27 |
| 9 | Applying Exercise, Mobility and Immobility Skills | Chapter 28 & 39 |
| 10 | Applying Infection Prevention and Control Skills | Chapter 29 |
| 11 | Applying Hygiene and Comfort Care Skills | Chapter 40 |
| 12 | Applying Oxygenation Skills | Chapter 41 |
| 13 | Applying Urinary and Bowel Elimination Skills | Chapter 46 |
| **Note**: ***See Canvas Website for related media resources*** | | |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12; 02/14  09/09; 03/12; 02/14  10/09; 04/12 |