UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SUMMER 2018

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| COURSE NUMBER | NUR 3138 C |
| COURSE TITLE | Clinical Practice 1: Wellness Promotion and Illness Prevention |
| CREDITS | 4 (1 credit didactic; 3 credits laboratory/clinical ) |
| PLACEMENT | BSN Program: 1st Semester Upper Division |
| PREREQUISITES | Admission to Upper Division BSN Program |
| COREQUISITES | NUR 3069C Health Assessment and Communication  NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention |
| |  |  |  | | --- | --- | --- | | FACULTY |  |  | | Jane Gannon, DNP, CNM  Clinical Assistant Professor  Course Coordinator/Simulation | Jacksonville, LRC, 3rd Floor  Office Hours: Thurs 1-3pm | (O) 904-244-5166  Email: [jmgannon@ufl.edu](mailto:jmgannon@ufl.edu) | |  |  |  | | Patrick Nobles, MSN, CNL  Clinical Assistant Professor  Clinical Coordinator | Jacksonville, LRC, 3rd Floor  Office Hours: Mon 12-2pm | (C) 302-438-7491  Email: [patrick.nobles@ufl.edu](mailto:patrick.nobles@ufl.edu) | |  |  |  | | Michael Aull, MSN, RN, CEN  Clinical Assistant Professor | Jacksonville, LRC, 3rd Floor  Office Hours: Tues 1-3pm | (C) 724-882-7578  Email: [maull@ufl.edu](mailto:maull@ufl.edu) | |  |  |  | | Stacia Hays DNP, CPNP, CCTC  Clinical Assistant Professor | Gainesville, HPNP 2232  Office Hours: Tue 10-12 pm | (O) 352-273-6348  Email: [smhays@ufl.edu](mailto:smhays@ufl.edu) | |  |  |  | | Shari Huffman, MN, CPNP-PC  Clinical Assistant Professor | Jacksonville, LRC, 3rd Floor  Office Hours: Tues 9-11am | (O) 904-244-5171  Email: [sharihuffman@ufl.edu](mailto:sharihuffman@ufl.edu) | |  |  |  | | Kay Leary, PhD, WHNP  Clinical Assistant Professor  Community Clinical | Jacksonville, LRC, 3rd Floor  Office Hours: By Appt | (O) 904-244-3913  (C) 904-703-3322  Email: [kmhood@ufl.edu](mailto:kmhood@ufl.edu) | |  |  |  | | James Sanders, RN, BSN  Teaching Assistant | Jacksonville, LRC, 3rd Floor | C) 904-312-0768  Email: [james.sanders@jax.ufl.edu](mailto:james.sanders@jax.ufl.edu) | |  |  |  | | Natalie Watt, RN, BSN, SANE  Teaching Assistant | Jacksonville, LRC, 3rd Floor  Office Hours: 10-12pm | (C) 904-548-8612  Email: [k9natalie@ufl.edu](mailto:k9natalie@ufl.edu) | | |
| COURSE DESCRIPTION The purpose of this course is to provide the student with clinical experience in the promotion of wellness and prevention of illness for diverse individual clients across the lifespan. Emphasis is on risk appraisal, environmental assessment, and the context of family in wellness promotion and risk reduction. Focus is on use of health education and counseling with clients in selected settings. | |
| COURSE OBJECTIVES Upon completion of this course, the student will be able to:   1. Apply concepts of wellness promotion and disease, injury, and disability prevention with selected individuals. 2. Utilize therapeutic communication techniques. 3. Apply primary, secondary, and tertiary prevention strategies. 4. Utilize principles of privacy and confidentiality in interactions with clients. 5. Assess environmental factors that influence the healthcare needs and preferences of individuals as members of families. 6. Utilize principles of health teaching and counseling with clients. 7. Utilize scientific principles in the demonstration of selected psychomotor skills.   8. Recognizes accountability for personal and professional behaviors. | |
| CLINICAL/LABORATORY SCHEDULE  E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).  It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.  Course websites are generally made available on the Friday before the first day of classes.  Didactic content (web-based) will accompany the labs throughout the semester. This content is to be completed prior to lab.  Lab content: Wednesday 12:35-4:55 pm in the Cesar Lab, 2nd floor Pavilion Building   * Summer A- Skills lab * Summer B- Simulation lab   Additional time in lab for practice can be scheduled by contacting Jennifer Davis, [jennboss@ufl.edu](mailto:jennboss@ufl.edu)  Community: as assigned. See schedule on course website  Hospital: The hospital based clinical experiences for all students will occur during the second half of the semester on July 23-24, 30-31 and August 6-7. See schedule on course website. In addition, an “EPIC” session will be scheduled on a Mon or Tues prior to the hospital experience start date. | |

TOPICAL OUTLINE

1. Safety
2. Asepsis
3. Standard precautions
4. Isolation techniques
5. Hygiene
6. Nutrition
7. Hydration
8. Intake and output
9. Mobility
10. Positioning
11. Transfer
12. Ambulation
13. Elimination
14. Regulation – Glucose Monitoring
15. Oxygenation
16. Delivery systems

TEACHING METHODS

Online presentations, quizzes, audiovisual materials, written materials, demonstrations, supervised laboratory, simulation and clinical experiences.

LEARNING ACTIVITIES

Readings, discussions, videos, participation in laboratory skills practice and simulated scenarios, community and acute care clinical experiences.

EVALUATION METHODS/CLINICAL EVALUATION

Clinical courses are evaluated using the Clinical Evaluation form. Clinical evaluation will be based on faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Skills evaluation will be based on quizzes administered during class time, completion of assignments in ATI, and the level of performance of skills in the laboratory.  Students must achieve a > 80% mean score on quizzes, achieve a *strong* rating on ATI assignments, and perform skills at a mastery level to achieve a satisfactory course grade. Quizzes will be completed within Canvas, which you will be allowed access to from your laptop the day of the examination.  All students must have a laptop security screen to take the quiz. **The student must achieve this level of performance in each area (quizzes, ATI, and skills) by completion of semester A in order to begin their required hospital-based clinical experience.**

Simulation evaluation will be based on completion of assignments in ATI at the *strong* level, satisfactory completion of worksheets, and mastery level performance of skills in the laboratory.

EVALUATION METHODS/CLINICAL EVALUATION (CONTINUED)

Clinical evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation form. Clinical evaluation will be based on faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. **The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course.** A rating of less than satisfactory in any of the areas at semester end will constitute a course grade of E. Regardless of the classroom grade, the student receiving an Unsatisfactory evaluation in the clinical component of the course will be assigned a course grade of E or U.

The faculty member will hold evaluation conferences with the student as needed and document or summarize each conference on the Clinical Evaluation Form or Advisement Record. This summary will be signed by the faculty member and student. Mid-rotation evaluation conferences will be made available to each student as needed. **Final evaluation conferences with the faculty member are mandatory** and will be held during the last week of each course. A student may request additional conferences at any time by contacting the faculty member.

Uniform Requirements Any student, who does not adhere to the following uniform requirements, will NOT be permitted to attend or participate in laboratory, simulation, clinical, and/or community activities.

**Hospital Clinical** & **Pavilion (LAB) Uniform** – Uniform consists of navy scrub pants and a CON navy scrub top. Shoes must be white, clean, and nonporous with closed toe and heel. Overall appearance must convey a professional image. Personal hygiene and grooming should be of a standard that ensures the safety and comfort of clients and patients:

* Hair must be pulled back and not fall into face.
* Facial hair must be clean-shaven or short. Neat beards only
* Fingernails must be clean and short. No polish, artificial nails or nail products permitted.
* Perfumes, colognes, or scented lotions are not permitted.
* Tattoos or body art should not be visible or must be covered.
* Jewelry is limited to one wedding ring and one small pair of studded earrings worn on the ear lobes. No other visible jewelry or piercings are permitted, this includes facial or mouth piercings.

Students must arrive to clinical/lab activities with all the required equipment necessary for the scheduled activities. Students should wear their UF Gator One badge while in the Lab, simulation setting, community or hospital unless otherwise specified. **Cell phones and pagers are not allowed in the laboratory or clinical setting.** Students ARE required to bring their laptops with them to lab.

EVALUATION METHODS/CLINICAL EVALUATION (CONTINUED)

**Required Community Uniform** –UF CON polo with khaki pants. Shoes should be comfortable enough to participate in physical activities. Students should wear their UF Gator One badge while in the community setting unless otherwise specified. Overall appearance (personal hygiene and grooming) must convey a professional image.

Preparation for clinical skills laboratory experiences include: viewing weekly assigned

videos and presentations, being prepared for scheduled laboratory sessions by arriving on time   
with pre-lab preparation completed as assigned, and participating in laboratory experiences as scheduled.

MAKE UP POLICY

Attendance is required. There will be no make-up quizzes, skills, or simulation laboratories except under exceptional circumstances with joint approval by the Course Coordinator and Undergraduate Program Director.

Students will be required to make-up missed clinical experiences due to excused absences based upon the faculty’s assessment of whether the individual student is meeting the clinical objectives and the frequency of absences. Make-up opportunities are at the discretion of faculty. Please review the university policy on attendance and excused absences. <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

GRADING SCALE

S Satisfactory

U Unsatisfactory

Evaluation of the skills laboratory, simulation laboratory, and clinically-based activities will be based on the satisfactory completion of all assignments, which includes participation. An Unsatisfactory grade may be assigned for being late or missing assigned lab or clinical activities or assignments. Feedback on written assignments will be provided within one week.

For more information on grades and grading policies, please refer to University’s grading policy: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors

PROFESSIONAL BEHAVIOR (CONTINUED   
inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

REQUIRED TEXTBOOKS

Elsevier. (2015). Clinical Skills: Essentials Collection, 1st Edition. ISBN-10: 0323394493 Access this online. (Should be accessible via the course website by start of semester)

Perry, A.G. Potter, P.A. & Ostendorf, W.  (2017). *Clinical nursing skills & techniques* (9th ed.).  St. Louis: Mosby/Elsevier.

Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D.  (2018). *Maternal child nursing care* (6th ed.). Maryland Heights, MO: Mosby.

Potter, P. A. & Perry, A.G.  (2016). *Fundamentals of nursing* (9th ed.).  St. Louis: Mosby/ Elsevier.

Potter, P.A., Perry, A.G., Stockert, p., Hall, A., & Ochs, G. (2016).  *Study guide for fundamentals of nursing* (9th ed.). St. Louis:Mosby/Elsevier

Silvestri, L.A. (2016). *Saunders comprehensive review for the NCLEX-RN examination* (7th ed.). St. Louis, MO: Saunders.

ATI Product:

1. Navigate to the ATI website at http://student.atitesting.com.

REQUIRED TEXTBOOKS (CONTINUED)

1. Enter your Username and Password in the Sign-in Box on the right hand side of the screen. If you do not already have an ATI Username, click on “Create an Account” below the password box.
2. On your My Account page, confirm the school you are attending is chosen under Institution Info. Your Institution should be listed as **U of FL Jacksonville BSN.**
3. Click on the “My Purchases and Payment” tab on the top of your My Account page.
4. Enter the Payment and Cohort Code shown below:

**Payment Code:** 0129396

**Cohort Code:** 0819

**Amount Due:** $337.50

1. Payments must be made before midnight on May 17, 2018 (Eastern time zone) to avoid a late payment fee of $35.00. If you have missed the payment deadline you can still make your payment by following the steps above.

RECOMMENDED TEXTBOOK

Other books utilized in NUR 3138; NUR 3069C

WEEKLY CLASS SCHEDULE

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| DATE | TOPIC/ EVALUATION | ASSIGNMENTS/READINGS  See course website for complete description | FACULTY |
| SUMMER A: SKILLS LAB WEEKS 1-6 | | | |
| 5/16 | Introduction  Communication/  Safety/RACE | **Potter & Perry Fundamentals of Nursing Textbook**  Chapter 24: Communication  Chapter 27: Patient Safety and Quality  **Perry & Potter Clinical Nursing Skills & Techniques**  Chapter 3: Communication & Collaboration  Chapter 9: Medical Asepsis  **Clinical Skills Essentials Online (Evolve)**  *See posted list of skills online. Complete the competency test for each video prior to Lab. Must get 100% on each*  **LAB**  In-lab quiz  Station 1: Intro to the course, RACE Scenario  Station 2: Fall prevention strategies  Station 3: Applying physical restraints safely  Station 4: ATI: Types of communication | Gannon  Hays  Watt  TBA |
| 5/23 | Mobility  Safety | **Potter & Perry Fundamentals of Nursing Textbook**  Chapter 28: Mobility & Immobility  **Perry & Potter Clinical Nursing Skills & Techniques**  Chapter 11:  Safe Patient Handling Chapter 12: Exercise and Mobility Chapter 13: Support Surfaces/ Sp. Beds  **Clinical Skills Essentials Online (Evolve)**  *See posted list of skills online. Complete the competency test for each video prior to Lab. Must get 100% on each*  **LAB**  Station 1: Applying compression devices and elastic stockings (obtain VS)  Station 2: Transfer techniques  Station 3: Moving and positioning in bed  Station 4: ATI-Therapeutic Communication  Dr Prerna Poojary-Mazzotta will demonstrate OT strategies at each station | Gannon  Hays  Watt  TBA |

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| DATE | TOPIC/ EVALUATION | ASSIGNMENTS/READINGS  See course website for complete description | FACULTY |
| 5/30 | Safety  Perfusion  Tissue Integrity  Surgical Asepsis | **Potter & Perry Fundamentals of Nursing Textbook**  Chapter 29: Infection Prevention & Control  **Perry & Potter Clinical Nursing Skills & Techniques**  Chapter 10: Sterile Technique  Chapter 14: Patient Safety.  **Clinical Skills Essentials Online (Evolve)**  *See posted list of skills online. Complete the competency test for each video prior to Lab. Must get 100% on each*  **LAB**  Station 1: Perform effective hand hygiene/ Don PPE  Station 2: Don sterile gloves  Station 3: Prepare a sterile field  Station 4: ATI- Factors that affect communication | Gannon  Hays  Watt  TBA |
| 6/6 | Hygiene/ Comfort Care  (Please wear/bring a bathing suit, or other clothing that will make it easy for you to take part in some partial bed bathing activities)  Bring your own toothbrush and toothpaste  Towel and washcloth | **Potter & Perry Fundamentals of Nursing Textbook**  Chapter 40: Hygiene **Perry & Potter Clinical Nursing Skills & Techniques**  Chapter 18: Personal Hygiene & Bed-making  **Clinical Skills Essentials Online (Evolve)**  *See posted list of skills online. Complete the competency test for each video prior to Lab. Must get 100% on each*  **LAB**  Station 1: Making an occupied bed  Station 2: Bathing and perineal care  Station 3: Mouth, nail and foot care (includes transfer from bed to chair)  Station 4: ATI- Organizational communication | Gannon  Hays  Watt  TBA |
| 6/13 | Oxygenation **-** Oxygen administration  Regulation **–** Blood Glucose monitoring | **Potter & Perry Fundamentals of Nursing Textbook**  Chapter 41 Oxygenation  Chapter 44 Pain Management : pp1053-1063, 1072-1076, Box 45-7  **Perry & Potter Clinical Nursing Skills & Techniques**  Chapter 7: Blood Glucose Monitoring  Chapter 23: Oxygen Therapy  Chapter 24 Performing Chest PT  **Clinical Skills Essentials Online (Evolve)**  *(Review Quick Start, Supplies, Demos)*  *See posted list of skills online. Complete the competency*  *test for each video prior to Lab. Must get 100% on each* | Gannon  Hays  Watt  TBA |

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| DATE | TOPIC/ EVALUATION | ASSIGNMENTS/READINGS  See course website for complete description | FACULTY |
|  |  | **CONTINUED**  **LAB**  Station 1: Perform chest wall percussion and position for postural drainage  Station 2: Apply a nasal cannula and oxygen mask and select ordered rate/ calculate tank percents  Station 3: Select and apply age appropriate oxygen delivery systems/ provide education for selected patients with oxygen needs  Station 4: Demonstrate blood glucose monitoring/ provide BGM education for newly diagnosed patients | Gannon  Hays  Watt  TBA |
| 6/20 | Elimination  Measuring & Recording I&O | **Potter & Perry Fundamentals of Nursing Textbook**  Chapter 46: Urinary Elimination  Chapter 47: Bowel Elimination  **Perry & Potter Clinical Nursing Skills & Techniques**  Chapter 7: Specimen collection 166-180  Chapter 34: Urinary Elimination  Chapter 35: Bowel Elimination  **Clinical Skills Essentials Online (Evolve)**  *See posted list of skills online. Complete the competency test for each video prior to Lab. Must get 100% on each*  **LAB**  Station 1: Place patient on and off bedpan (standard, fracture pan); apply condom catheter  Station 2: Specimen collection (urinalysis, clean catch, guiac, draining pouches) ; patient education on urine collection strategies  Station 3: Interpret completed intake and output records- shift, 24 hour  Station 4: Prepare and administer cleansing enema; perform catheter care | Gannon  Hays  Watt  TBA |
| 6/24-7/1 | SUMMER BREAK | **No Class** |  |
| SUMMER B: SIMULATION LAB WEEKS 8-13 | | | | |
| 7/4 | Mobility/Immobility Applied | No Lab. Students ARE responsible for the following didactic content: (See course website for more info)  Tinetti Balance and Gait Evaluation  Fall Risk Assessment | Gannon  Hays  Huffman  Watt |
| 7/11 | Hospital Environmental Safety/ Communication | Station 1: Simulated Home Safety Assessment  Station 2: Hospital Room Safety Assessment-  Station 3: PPE drills  Station 4: ATI-Profession & Professional Identify | Gannon  Hays  Huffman  Watt |
| 7/18 | Maintaining Asepsis and Sterility Applied | Station 1: Virtual Infection Control activity Station 2: L. Chambers, postop, high fidelity sim  Station 3: Wound dressing and drainage drills  Station 4: ATI- Professional Nursing Practice | Gannon  Hays  Huffman  Watt |
| DATE | TOPIC/ EVALUATION | ASSIGNMENTS/READINGS  See course website for complete description | FACULTY |
| 7/25 | Hygiene/ Comfort care Applied | Station 1: Minnie Hall Story  Station 2: Meeting care needs of Lisa Rae  Station 3: Oral and perineal care drills  Station 4: ATI- Professional Behaviors in Nursing | Gannon  Hays  Huffman  Watt |
| 8/1 | Oxygenation and Regulation | Station 1: H. Medvedev, respiratory distress, HFS  Station 2: M. Aviso, pneumonia, HFS  Station 3: BGM and oxygenation drills  Station 4: ATI-Selected case studies | Gannon  Hays  Huffman  Watt |
| 8/8 | Elimination | Station 1: The JS Story  Station 2: B. Jackson, infection, high fidelity sim  Station 3: I&O measurement of a patient  Station 4: ATI- Selected case studies | Gannon  Hays  Huffman  Watt |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12; 02/14  09/09; 03/12; 02/14  10/09; 04/12 |