UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Summer/2018

COURSE NUMBER NUR 3069C, Sections 7F36 and 7029

COURSE TITLE Health Assessment and Communication

CREDITS 3 (2 credits didactic; 1 credit laboratory)

PLACEMENT BSN Program: 1st Semester Upper Division

PREREQUISITE Admission to Upper Division BSN Program

COREQUISITE NUR 3129 Pathophysiology and Psychopathology

NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention

FACULTY

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COURSE DESCRIPTION

This purpose of this course is to examine therapeutic communication and health assessment principles and techniques. Emphasis is on development of therapeutic communication skills and assessment of the health of individuals across the lifespan. Focus is on development of therapeutic relationships and the use of general and specialized assessment skills as a basis for clinical decision making.

COURSE OBJECTIVES

Upon completion of this course, the student will be able to:

1. Utilize therapeutic communication techniques within the nurse-client relationship.
2. Assess health history, including environmental exposure, wellness/illness beliefs, values, attitudes, and practices of individuals, and a focused family health history.
3. Identify cultural, developmental, and functional patterns, variations in the health status of individuals across the lifespan.
4. Perform an integrated comprehensive physical examination using inspection, palpation, percussion, and auscultation techniques.
5. Document health assessment data in accordance with legal and ethical guidelines.
6. Identify principles used in electronic recording of patient care information.

COURSE SCHEDULE

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications. Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Communication across the lifespan
   1. Active listening
   2. Empathy
   3. Silence
   4. Touch
   5. Paraphrasing
   6. Clarifying
   7. Focusing
   8. Summarizing
   9. Self-disclosing
   10. Confronting
2. Problem solving process in nursing practice
3. Critical thinking and decision making
4. Assessment
   1. Overview
   2. Health history
   3. Functional Health Pattern assessment
   4. Developmental assessment
   5. Cultural assessment
   6. Mental status assessment
   7. Physical examination
      1. Techniques
      2. System review
5. Communication of health assessment data
6. Collaboration with inter-professional healthcare team
7. Electronic health records

TEACHING METHODS

Online lecture, demonstration, and guided laboratory practice sessions.

LEARNING ACTIVITIES

Reading assignments, online videos, return demonstrations, and simulated laboratory experiences.

EVALUATION METHODS/COURSE GRADE CALCULATION

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| Lab Participation | 13 | % | Includes writes assignments and attendance |
| Virtual Assignments | 15 | % | Shadowhealth, SBAR Assignments |
| Comprehensive Health Assessment Video | 30 | % | Recorded outside of class and uploaded to course site |
| Examinations (3) | 40 | % | 75 questions, multiple choice, ExamSoft |
| NCLEX Adaptive Quiz | 2 | % | S/U, graded satisfactory by completion |
| Total | 100 |  |  |

**All examination and activity grades must be individually above the minimum, 74%, for successful completion of this course**

GRADING

Lab Participation is a cumulative grade including NRC attendance, participation and preparation: Three (3) points total are given for the full attendance (1), active participation (1), and prior preparation with the lab manual (1) in the NRC session. For any missed NRC sessions or incomplete chapter manuals partial points are at the discretion of the lab instructor. Due to the complexity of the lab coordination, there will be no switching or altering of the required NRC lab times. Students will adhere to their assigned lab times

Examinations: There are a total of 3 examinations. The examinations will be on campus utilizing the ExamSoft examination program. More information will be provided on the course website.

MAKE UP POLICY

Alternative or make up activities will be only made available in the event the faculty member is notified prior to the missed occurrence. Excused absences are limited to personal illness or a death in the immediate family. The faculty member may request documentation supporting any absence. Work, family events, vacations, or other related activities that cause a missed assignment, missed exam or missed attendance in the simulation lab are not excusable absences.

Missed NRC Session

* For an excused absence: The student will receive credit (3 points) for attending the make-up lab, preparing the lab manual prior to the make-up lab and submitting the material to the instructor on the original due date, and fully participating in the make-up lab.
* For an unexcused absence: The student will receive no credit for attending the ***required*** make-up session.

Missed Examinations

* If you have an excused absence, you may make up a maximum of one missed exam per semester. The make-up examination will be scheduled as soon as possible after the original examination date. The exact date and location of the examination will be determined by the course instructor with a secured testing area. You may not make up more than one exam.
* If you have an unexcused absence and miss an examination, the grade for that examination is 0%.

GRADING SCALE

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

**\* 74 is the minimal passing grade**

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

* Attendance
* UF Grading Policy
* Accommodations due to Disability
* Religious Holidays
* Counseling and Mental Health Services
* Student Handbook
* Faculty Evaluations
* Student Use of Social Media

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at http://www.dso.ufl.edu/students.php. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

REQUIRED TEXTBOOKS

Ackley, B., & Ladwig, G. (2016). *Nursing diagnosis handbook: An evidence-based guide to planning care* (11th ed.). St. Louis: Mosby/Elsevier.

Jarvis, C. (2015a). *Physical examination and health assessment* (7th ed.). St. Louis: Saunders/Elsevier.

Jarvis, C. (2015b). *Physical examination and health assessment student laboratory manual* (7th ed.). St. Louis: Saunders/Elsevier.

Jarvis, C. (2015c). *Pocket companion for physical examination and health assessment* (7th ed.). St. Louis: Saunders/Elsevier.

**Evolve Adaptive Quiz Questions. More information is on the Canvas course site.**

Shadow Health – Online Virtual Patient

### Student Account Setup: Students can create their accounts by visiting http://app.shadowhealth.com/ and enrolling in your course with this course-specific PIN: **May2018-5482-4635-6204-2754**

Recommended Textbooks

Perry, A. G., & Potter, P. A. (2017). *Clinical nursing skills and techniques* (9th ed.). St. Louis: Mosby/Elsevier.

Potter, P. A., & Perry, A. G. (2017). *Fundamentals of nursing* (9th ed.). St. Louis: Mosby/Elsevier

WEEKLY CLASS/LAB SCHEDULE

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| **WEEK/**  **DATE** | **LECTURE TOPIC** | **READINGS/ASSIGNMENTS** | **EVALUATION** |
| **Week 1:**  May 14-18  **NRC Lab (Wed) - May 16th**   * Introduction * Communication * Cultural Competence * Functional Health Pattern Questions   **Lab Intro**: 9:00am-10:30am  Everyone  **Session 1**: 10:30am-12:15pm  Clinical Groups: 1, 2, 3, 4  **Session 2**: 1:00pm-2:45pm  Clinical Groups: 5, 6, 7, 8 | Online Lectures   * Course Introduction * Evidence-Based Assessment * Cultural Competence * The Interview | Jarvis: Ch. 1, 2, 3, 4  Jarvis Lab Manual: Ch. 1, 3, 4 (p.25-28) *– done before NRC lab time* | 1. Shadow Health Orientation 2. Shadow Health Conversation Concept Lab (All Shadow Health and related assignments are due by midnight before the NRC lab session each week) **Due May 15th by 11:59pm** 3. Lab Manual Assignment #1 – p.29-36, uploaded to Canvas, **Due May 18th, by 11:59pm** |

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| **WEEK/**  **DATE** | **LECTURE TOPIC** | **READINGS/ASSIGNMENTS** | **EVALUATION** |
| **Week 2:**  May 21-25  **NRC Lab (Wed) - May 23rd**  **Location: 0900-1030 HPNP Rm G-301**  **Location: Session 1 & 2, HPNP Rm 2102**   * General Survey * Pain * Vital Signs * Derm Assessment   **Lab Intro**: 9:00am-10:30am  Everyone  **Session 1**: 10:30am-12:15pm  Clinical Groups: 1, 2, 3, 4  **Session 2**: 1:00pm-2:45pm  Clinical Groups: 5, 6, 7, 8 | Online Lectures   * Assessment Techniques * General Survey & Vital Signs * Pain Assessment * Dermatological Assessment: Skin, Hair, Nail Assessment | Jarvis: Ch. 8, 9, 10, 12  Jarvis Lab Manual: Ch. 8, 9 (p.63-70), 10, 12 (p.85-92) *– done before NRC lab time* | 1. Shadow Health Assignment: Skin, Hair Nails, Due May 22nd by 11:59pm 2. Lab Manual Assignment #2 – p. 71, p.93-94, uploaded to Canvas, Due May 25th by 11:59pm |

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| **WEEK/**  **DATE** | **LECTURE TOPIC** | **READINGS/ASSIGNMENTS** | **EVALUATION** |
| **Week 3:**  May 29-  June 1  Holiday: May 28th  **NRC Lab (Wed) - May 30th**   * HEENT Assessment * Vital Signs Practice   **Lab Intro**: 9:00am-10:30am  Everyone  **Session 1**: 10:30am-12:15pm  Clinical Groups: 1, 2, 3, 4  **Session 2**: 1:00pm-2:45pm  Clinical Groups: 5, 6, 7, 8 | * HEENT (Head, Ear, Eyes, Nose, & Throat) | Jarvis: Ch. 13, 14, 15, 16  Jarvis Lab Manual: Ch. 13 (p.97-102), 14 (p. 105-114), 15 (p.117-124), 16 (p.127-134) *– done before NRC lab time*  Lab Assignment #3: Lab Manual – p. 103-104, p.115-116, p.125-126, p.135-136, Initiated in Lab and uploaded to Canvas, Due June 1st, by 11:59pm | 1. Shadow Health Assignment: HEENT, Due May 29th, 11:59pm 2. Lab Manual Assignment #3: p. 103-104, p.115-116, p.125-126, p.135-136, uploaded to Canvas, Due June 1st, by 11:59pm |

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| **Week 4:** June 4-8  **NRC Lab (Wed) – June 6th**   * Breast Assessment * Pulmonary Assessment * Vital Signs Practice   **Lab Intro**: 9:00am-10:30am  Everyone  **Session 1**: 10:30am-12:15pm  Clinical Groups: 1, 2, 3, 4  **Session 2**: 1:00pm-2:45pm  Clinical Groups: 5, 6, 7, 8 | * Breast Assessment * Pulmonary Assessment * Care Planning Introduction (Ackley) * SBAR Introduction | Ackley: p. xvii-xviii, p. 1-10, 106  Jarvis: Ch. 17, 18, & p.804-805 (SBAR section only)  Jarvis Lab Manual: Ch. 17 (p.137-144), 18 (p.149-158) *– done before NRC lab time* | 1. Shadow Health Assignment: Respiratory, Due June 5th, 11:59pm 2. SBAR #1 – Danny Rivera (Cough, Shadow Health), Due June 8th by 11:59pm 3. Lab Manual Assignment #4: p. 145-146, p. 159-160, uploaded to Canvas (Due June 8th, by 11:59pm) 4. **Examination #1** – June 8th, 11:30 am Place: |

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| **WEEK/**  **DATE** | **LECTURE TOPIC** | **READINGS/ASSIGNMENTS** | **EVALUATION** |
| **Week 5:**  June 11-15  **NRC Lab (Wed) – June 13th**   * Cardiovascular Assessment * Peripheral Vascular and Lymphatic Assessment * Vital Signs Practice     **Lab Intro**: 9:00am-10:30am  Everyone  **Session 1**: 10:30am-12:15pm  Clinical Groups: 1, 2, 3, 4  **Session 2**: 1:00pm-2:45pm  Clinical Groups: 5, 6, 7, 8 | * Cardiovascular Assessment * Peripheral Vascular and Lymphatic Assessment * Care Planning (Ackley) | Ackley: Review Sections II, III  Jarvis: Ch. 19, 20  Jarvis Lab Manual: Ch. 19 (p.161-171), 20 (p. 175-182) *– done before NRC lab time* | 1. Shadow Health Assignment: Cardiovascular, Due June 12th, by 11:59 2. SBAR #2 – Brian Foster (Chest Pain, Shadow Health), Due June 15th by 11:59pm 3. Lab Manual Assignment #5: p.172-174, p. 183-185, uploaded to Canvas, Due June 15th, by 11:59pm |

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| **Week 6:**  June 18-22  **NRC Lab (Wed) – June 20th**   * Neurological Assessment * Mental Status Assessment * Vital Signs Practice   **Lab Intro**: 9:00am-10:30am  Everyone  **Session 1**: 10:30am-12:15pm  \*Clinical Groups: 5, 6, 7, 8  **Session 2**: 1:00pm-2:45pm  \*Clinical Groups: 1, 2, 3, 4  **\*SWITCH LAB SESSIONS\*** | * Neurological Assessment * Mental Status Assessment | Ackley: As needed  Jarvis: Ch. 5, 23  Jarvis Lab Manual: Ch. 5 (p.37-42), 23 (p.209-217) *– done before NRC lab time*  Lab Assignment #8: Lab Manual – p. 43-44, p.219-221, Initiated in Lab and uploaded to Canvas, Due June 22nd, by 5pm | 1. Shadow Health Assignment: Neurological Assessment, Due June 19th by 11:59pm 2. Lab Manual Assignment #6: p. 43-44, p.219-221, uploaded to Canvas, Due June 22nd, by 11:59pm |

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| **Week 7: June 25 – 29** | **Summer Break – No Class** | **No Lab** |

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| **WEEK/**  **DATE** | **LECTURE TOPIC** | **READINGS/ASSIGNMENTS** | **EVALUATION** |
| **Week 8:**  July 2-6  Holiday: July 4th  **NRC Lab (Wed) – July 4th**  **NO NRC - HOLIDAY** | * Musculoskeletal Assessment | Jarvis: Ch. 22  Jarvis Lab Manual: Ch. 22 (p.197-204) *– done before NRC lab time* | 1. Shadow Health Assignment: Musculoskeletal, Due July 3rd, by 11:59pm 2. **Examination #2** – July 6th, 2 pm Place: |

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| **Week 9:**  July 9-13  **NRC Lab (Wed) – July 11th**  **ONLINE LAB**   * Pediatric Assessment * Growth and Development | * Pediatric Assessment * Growth and Development | Jarvis: Ch. 28  Jarvis lab Manual: Ch. 28 (p.265-274) *– done before NRC lab time* | None |

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| **WEEK/**  **DATE** | **LECTURE TOPIC** | **READINGS/ASSIGNMENTS** | **EVALUATION** |
| **Week 10:**  July 16-20  **NRC Lab (Wed) – July 18th**   * Musculoskeletal Assessment * Abdomen Assessment * Male/Female Genitourinary Assessment * Anus, Rectum, Prostate   **Lab Intro**: 9:00am-10:30am  Everyone  **Session 1**: 10:30am-12:15pm  Clinical Groups: 5, 6, 7, 8  **Session 2**: 1:00pm-2:45pm  Clinical Groups: 1, 2, 3, 4 | * Abdominal Assessment * Male Genitourinary * Anus, Rectum, Prostate * Female Genitourinary Assessment (GYN) | Jarvis: Ch. 21, 24, 25, 26  Jarvis Lab Manual: Ch. 21 (p.187-194), 24 (p.223-230), 25 (p.233-238), 26 (p.241-248) *– done before NRC lab time* | 1. Shadow Health Assignment: Abdomen, Due July 17th by 11:59pm 2. Lab Manual Assignment #7: p.195-196, p.231-232, p.239, p. 249-251, uploaded to Canvas, Due July 20th, by 11:59pm 3. Lab Manual Assignment #8: p.205-208, uploaded to Canvas, Due July 20th, by 11:59pm |

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| **WEEK/**  **DATE** | **LECTURE TOPIC** | **READINGS/ASSIGNMENTS** | **EVALUATION** |
| **Week 11:**  July 23-27  **NRC Lab (Wed) – July 25th**   * Pregnant Woman Assessment * Assessment of the Post-Partum Woman * Assessment of the Neonate   **Lab Intro**: 9:00am-10:30am  Everyone  **Session 1**: 10:30am-12:15pm  Clinical Groups: 5, 6, 7, 8  **Session 2**: 1:00pm-2:45pm  Clinical Groups: 1, 2, 3, 4 | * Pregnant Woman Assessment * Assessment of the Post-Partum Woman * Assessment of the Neonate | Jarvis: Ch. 30  Jarvis Lab Manual: Ch. 30 (p.281-296) *– done before NRC lab time* | 1. Pregnant Woman SOAP Note, Due July 27th by 11:59pm 2. SBAR #3 – Esther Park (Abdominal Pain), Due July 27th by 11:59pm |

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| **Week 12:**  July 30 – August 3  **NRC Lab (Wed) – August 1st**   * Comprehensive Health Assessment   **Lab Intro**: 9:00am-10:30am  Everyone  **Session 1**: 10:30am-12:15pm  Clinical Groups: 5, 6, 7, 8  **Session 2**: 1:00pm-2:45pm  Clinical Groups: 1, 2, 3, 4 | * Comprehensive Health Assessment * Bedside Assessment * Electronic Health Recording | Jarvis: Ch. 27, 29, 31  Jarvis Lab Manual: Ch. 31 (p.297-306) | 1. Shadow Health Assignment: Health History, Due July 31st by 11:59pm 2. **Examination #3** – August 3rd, 3:30 pm Place: |

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| **WEEK/**  **DATE** | **LECTURE TOPIC** | **READINGS/ASSIGNMENTS** | **EVALUATION** |
| **Week 13:** August 6 – 10  NRC Lab - None | * None | * None | 1. Comprehensive Video Assessment, Due August 7th by 11:59pm |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 02/03, 12/03; 09/09; 02/14  02/03, 01/04; 09/09; 02/14  05/03; 10/09 |