UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

FALL 2018

COURSE NUMBER NGR 6503L

COURSE TITLE Psychiatric-Mental Health Nurse Practitioner: Individual Psychotherapy Clinical

CREDITS 03 (144 clock hours)

PLACEMENT DNP Program: Psychiatric-Mental Health Nurse Practitioner Track

# COREQUISITES NGR 6560C Advanced Psychiatric Assessment and Diagnostics

NGR 6503 Psychiatric-Mental Health Nurse Practitioner: Individual Psychotherapy

# FACULTY Tina M. D’Alessandro, PhD, PMHNP-BC, FNP-BC

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# Office hours by appointment

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COURSE DESCRIPTION This course provides supervised clinical experiences in the assessment, diagnosis, treatment, and evaluation of clients across the lifespan who are experiencing acute and/or chronic psychiatric disorders. Emphasis is placed on evidenced-based practice and the utilization of theoretical and conceptual models for assessing, planning, and treating major psychiatric disorders. Moreover, emphasis focuses on the promotion, maintenance, and restoration of wellness to individual clients of all ages. Holistic therapeutic approaches are utilized to enhance the functioning of diverse individuals across the lifespan.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Develop a professional role as an advanced practice psychiatric-mental health nurse, including the integration of self-knowledge.
2. Utilize selected theories to promote therapeutic alliance with clients receiving mental health care across the lifespan.
3. Implement individual therapy with selected clients across the lifespan experiencing psychiatric problems.
4. Apply age-appropriate health promotion and disease prevention guidelines based on individual patient variances.
5. Collaborate with clients and health care providers to provide holistic nursing care to individuals fromdiverse populations.
6. Establish treatment plans based on research and evidence-based practice related to mental health.
7. Apply knowledge of political, legal, economic, social, cultural, and technological factors in delivering mental health services to clients across the lifespan.
8. Evaluate and incorporate ethical and legal decisions, as well as the consequences of these decisions, in the development of an advanced practice role.

CLINICAL SCHEDULE

To be arranged with preceptor and faculty member.

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu.

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

# TEACHING METHODS

Seminar, supervised clinical practice, individual and group supervision, written assignments, audiovisual materials, and selected readings.

LEARNING ACTIVITIES

Clinical practice, written assignments, readings, and clinical reports

CLINICAL EVALUATION

**Minimum Required Clinical Practice Hours: 144 hours**

Clinical experience is evaluated through faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Evaluation is based on achievement of course and program objectives using a College of Nursing Clinical Evaluation Form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course. A rating of less than satisfactory in any of the areas at semester end will constitute an Unsatisfactory course grade.

The faculty member will hold evaluation conferences with the student and clinical preceptor either via face-to-face site visits or conference call or video conferencing. The faculty member will document or summarize each conference on the Clinical Evaluation form or Incidental Advisement Record. Mid-rotation evaluations and final evaluations will be completed by each student with their preceptor and discussed with the faculty member supervising their clinical rotation. A student may request conferences at any time by contacting the clinical faculty member.

**Students are required to use Typhon software associated with the UF account to schedule all clinical days and to record patient logs.  The faculty will also use Typhon or otherwise communicate with the student to schedule the site visit.  Students are required to submit a written calendar of planned clinical practice dates and times in TYPHON prior to beginning the clinical rotation. Any changes to the calendar (dates and times) must be submitted in writing to the course faculty member before the change is planned to occur. Clinical hours accrued without prior knowledge of the faculty member will not be counted toward the total number of clinical hours required for the course. Students must notify preceptor and clinical faculty member of any missed clinical days due to illness.**

**Students also assess their learning experience using Clinical Site Assessment Form G.  Completed Form G is submitted under Assignments tab in Canvas. At the end of the clinical experience the student completes a self-evaluation and the faculty member completes a student evaluation using the College of Nursing Clinical Evaluation Form.**

**Typhon clinical log information must be updated weekly. The student has a 7-day window to post each clinical contact. You are required to complete ALL of the data for each case in Typhon.**

MAKE UP POLICY

Students will notify faculty in advance for any anticipated absences, missed assignments due to excused absences, or missed clinical hours. Students will develop arrangements with the faculty and clinical preceptor as required to make up missed written or clinical assignments, as well as clinical hours.

GRADING SCALE

Clinical component

S Satisfactory = Meets course objectives

 U Unsatisfactory = Does not meet course objectives

Satisfactory completion of this course requires completion of required clinical hours, submission of schedule and all patient visits in typhon, submission of 15 satisfactory psychiatric notes, participation in scheduled seminars, submission of completed form G (in Canvas) and submission of signed midterm and final evaluations.

For more information on grades and grading policies, please refer to University’s grading policies: http://gradcatalog.ufl.edu/content.php?catoid=4&navoid=907#grades

BSN-DNP students who are enrolled in their first clinical semester in the Family, Psych mental health, and Adult Gero Acute tracks will complete the Barkley & Associates 3 P’s examination as part of the course requirements.

This exam assesses your readiness for entry into clinical coursework by evaluating your knowledge of the 3 P’s (Advanced Pathophysiology, Advanced Pharmacology, and Advanced Physical Assessment.

You are not required to achieve a passing score on this examination, the intent is to help you identify the areas where you need to focus study to be successful during clinical.

The College of Nursing has arranged for students to take the Barkley & Associates readiness examination. Barkley & Associates will provide an itemized test analysis for each individual student. Course faculty will be also receive your scores to verify that you have taken the examination. The practice exams have 100 questions and 45 minutes are allowed for each examination.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/process/student-conduct-code/>.  Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies – (<http://students.nursing.ufl.edu/currently-enrolled/course-syllabi/course-policies>)

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

DISABILITY STATEMENT

Students who wish to obtain individual accommodations due to special learning needs must register with the University of Florida Disability Resources Center (DRC) **at the beginning of each semester**. Accommodations are not retroactive, therefore, students should contact the DRC at the beginning of each semester in the term for which they are seeking accommodations. The DRC may be contacted at 352-392-8565 so that appropriate accommodations may be made.  **Individual accommodations require time for the Disability Resources Center (DRC) to approve and the faculty to respond to any special learning needs**.  **Each semester**, it is the students’ responsibility to notify all their faculty of any special accommodations **once approval by the DRC for special accommodations has been made**.  <https://drc.dso.ufl.edu/>

REQUIRED TEXTBOOKS

American Nurses Association, American Psychiatric Nurses Association, & International Psychiatric Nurses (2007). *Scope and standards of psychiatric-mental health nursing practice.* Washington, DC: ANA

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: Author.

Kaplan, H. I., & Sadock, B. J. (2015). *Synopsis of psychiatry* (11th ed.). Baltimore, MD: Williams & Wilkins.

REQUIRED ELECTRONIC RESOURCES

[www.state.sc.us/dmh/clinical/guidelines.htm](http://www.state.sc.us/dmh/clinical/guidelines.htm)

Isabel Healthcare – please see Canvas for information regarding subscribing to Isabel ($49.00/year for students) a discount code and directions will be available through Canvas for this diagnostic tool.

RECOMMENDED TEXTBOOK

Stahl, S.M. (2008). *Essential psychopharmacology. Neuroscientific basis and practical applications* (3rd ed.). New York: Cambridge University Press.

Stahl, S.M. (2011). *The prescriber’s guide (Stahl’s essential psychopharmacology* (4th ed.). New York: Cambridge University Press.

WEEKLY CLASS SCHEDULE

Video conferencing via the Big Blue Button on Canvas will occur weekly from 4 p.m. – 6 p.m. All students are required to attend the weekly video conference.

Approved: Academic Affairs Committee: 01/08; 01/13

Faculty: 02/08; 01/13

 UF Curriculum: 10/08; 03/13