UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Fall 2018

COURSE NUMBER NUR 3737C

COURSE TITLE Principles of Personalized Nursing Care 1

CREDITS 06 (3/3) 3 semester hours/135 clinical hours

PREREQUISITES Admission to the Nursing Program

COREQUISITES None

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COURSE DESCRIPTION This course provides a foundation of personalized nursing care in individuals across the lifespan. Emphasis is on integrating and applying multiple dimensions of cultural and social determinants of health. The focus is on evidence-based, safe, quality care, and achievement of optimal patient outcomes using the nursing process.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Apply cultural humility and principles of therapeutic intra/interpersonal communication to provide personalized nursing care.
2. Utilize assessment data, including patient self-assessment, to identify potential risks and shared care goals.
3. Utilize the nursing process to construct personalized healthcare plans that integrate measurement of progress towards therapeutic goals.
4. Articulate how quality, safety and compassionate nursing care can be improved through collaboration and involvement of patients and families to achieve optimal health outcomes.
5. Demonstrate knowledge of informatics as a basis for delivery and documentation of personalized nursing care.
6. Demonstrate safe and effective foundational principles and clinical skills in the delivery of personalized nursing care.

COURSE SCHEDULE

3F21 Wednesdays 0830-1130 6120

3F23 Wednesdays 1500-1800 MSB Aud.

3F26 Wednesdays 1330-1630 C1-11

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications. Subject presentation dates and content are subject to change to facilitate learning.

Course websites are generally made available on the Friday before the first day of classes.

TEACHING METHODS

Learning burst/discussion

Practice/return demonstration

Simulated clinical practice

Supervised clinical practice experiences

Seminar/debriefing

LEARNING ACTIVITIES

Participation in small group activities and class discussion

Assigned readings

Think Like a Nurse

Tech Time

Clinical practice (simulated and instructor supervised)

Nursing Resource Lab (NRC) competency-based practice/return demonstration

EVALUATION METHODS/COURSE GRADE CALCULATION

Exams (2) 45%

Individual and Team Readiness Assessments 25%

Community Presentation 25%

Peer Evaluation 05%

100%

Clinical practice performance S/U

A midterm and final (non-cumulative) will be given during this course. Please see dates outlined below.

Written assignments will be evaluated by course instructor consistent with the grading rubric included with the posted description of the assignment as distributed on the course Canvas site.

Clinical practice performance (S/U) Satisfactory performance on all clinical and laboratory experiences is required to receive a passing grade for this course. Clinical experience will be evaluated by faculty assessment of student performance based on the course clinical evaluation form and completion of simulation activities. A rating of satisfactory represents satisfactory achievement of clinical learning objectives and a rating of unsatisfactory represents unsatisfactory performance. Regardless of grades on other course assignments or exams, **a student receiving an unsatisfactory evaluation in the clinical component of a course will be assigned a course grade of E.** Students will be required to repeat the course before progressing to the next semester.

Progression in the College of Nursing baccalaureate program requires that students maintain a “C” or above and a satisfactory grade in clinical practice for all required nursing courses.

<https://con-main.sites.medinfo.ufl.edu/files/2011/05/S2.03-Academic-Progression-for-Baccalaureate-Degree-Students.pdf>

Students who fail to maintain a “C” grade or satisfactory in a clinical course must complete an out-of-sequence petition in order to create a program improvement plan: <https://con-main.sites.medinfo.ufl.edu/files/2011/05/S2.15-Out-of-Sequence-Progression.pdf>

EXAM AVERAGE

Students must have an average exam score greater or equal to 74% on unit exams in order to pass the course. Students must achieve an average of 74% on the exams BEFORE the remaining assignment percentages are calculated into the final course grade.

GRADE ROUNDING

No grades will be rounded including the final exam averages and final course grade.

CLASS ATTENDANCE AND MAKEUP POLICY

Collaborative learning is an essential component of this course; therefore, attendance is expected at all scheduled class and laboratory sessions. Advanced notice of absence is expected. In general, acceptable reasons for absence from or failure to participate in class include illness, serious family emergencies, special curricular requirements (e.g., professional conferences **with advanced notice**), military obligation, severe weather conditions, religious holidays, and participation in official university activities. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) are excused. Makeup assignments for excused absences will be negotiated with the instructor. **If at all possible**, the course instructor must be notified in advance if an exam is missed due to an extenuating circumstance. If no notice is given or without prior approval of an absence for a reason listed above, a grade of zero will be assigned. Students may not opt out of any exams.

Students will be required to make up acceptable absence (see above) from the clinical or laboratory setting. Prior notification of clinical instructor (if at all possible) is an expected standard of professional behavior. Any absences from the clinical or laboratory setting with notice or prior approval of instructor for the reasons noted above will be counted as unsatisfactory. Failure to complete clinical and laboratory learning experiences may result in unsatisfactory clinical evaluation for the course if the student has not demonstrated achievement of clinical learning objectives as documented on the course clinical evaluation form.

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

LATE ASSIGNMENTS

Students are expected to plan in advance and submit assignments by posted due dates. There will be a 10% deduction per day on late assignments. After 3 days, you will receive a zero on the assignment unless you approved in advance by your instructor.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/process/student-conduct-code/>.  Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies – (<http://students.nursing.ufl.edu/currently-enrolled/course-syllabi/course-policies>)

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

DISABILITY STATEMENT

Students who wish to obtain individual accommodations due to special learning needs must register with the University of Florida Disability Resources Center (DRC) **at the beginning of each semester**. Accommodations are not retroactive, therefore, students should contact the DRC at the beginning of each semester in the term for which they are seeking accommodations. The DRC may be contacted at 352-392-8565 so that appropriate accommodations may be made.  **Individual accommodations require time for the Disability Resources Center (DRC) to approve and the faculty to respond to any special learning needs**.  **Each semester**, it is the students’ responsibility to notify all their faculty of any special accommodations **once approval by the DRC for special accommodations has been made**.  <https://drc.dso.ufl.edu/>

REQUIRED TEXTBOOKS

Students will be required to purchase Top Hat at a cost of $20 per student.

Ackley, B., Ladwig, G., & Makic, M.B.F. (2016). *Nursing diagnosis handbook* (11th ed.). St. Louis: Elsevier.

Hoffman, J., Sullivan, N. (2017). Davis advantage for medical-surgical nursing: Making connections to practice (1st ed.). Philadelphia: F.A. Davis Company.

Silvestri, L.A. (2018). *Saunders 2018-2019 strategies for test success* (5th ed.) St. Louis: Elsevier

Silvestri, L.A. (2017) *Saunders comprehensive review for the NCLEX-RN® examination* (7th ed.) St. Louis: Elsevier

Treas, L.S., Wilkinson, J.M., Barnett, K.L., Smith, M.H. (2018) *Basic nursing: Thinking, doing and caring*. (2nd ed). Philadelphia: F.A. Davis Company.

CLASS SCHEDULE

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| **Dates** | **Week** | **Unit** | **Module** | **Topic** | **COURSE OBJECTIVES**  **(Program Outcome)** |
| Wednesday  8/22  C1-9 | 1 | **Unit 1 – Essential Nursing Interventions** | **Module 1**  **Orientation and Introduction to Principles of Personalized Nursing Care Course** | Orientation to Course (NRC/Lab, Community Service Learning, Classroom) (PO 2,7,8; CO 1,2,4)  Infection Control (Treas Ch22) (PO 2,9; CO 4,6)  Safety (Treas Ch23) (PO 2,9; CO 4,6)  Documentation and Reporting (Treas Ch18) (PO 2,8; CO 1) | Program Outcome (PO)–  2, 7, 8, 9  Course Objectives (CO)-  1, 2, 4, 6 |
| Monday  8/27  Tuesday  8/28  Wednesday  8/29 | 2 |  | **Module 2**  **Individualizing Personalized Nursing Care** | NRC (CO 6)  EHR – EPIC (PO 2,8; CO 1)  Community Service Learning –Phase One (PO 2,7.8; CO 1,2,4)  Foundations for Medical-Surgical Nursing (Hof Ch1) (CO 1)  Intro to Development of Infancy though Middle Adulthood (Treas Ch9) (CO 1,6)  Intro to Development of Older Adulthood (Treas Ch10) (CO 1,6)  Social Determinants of Health (CO 1,6)  Intro to Epidemiology (CO 1,6)  Intro to Theory Research and Evidence Based Practice (Treas Ch8) (CO 1,6) | Program Outcome (PO)–  2, 7, 8  Course Objectives (CO)-  1, 2, 4, 6 |

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| **Dates** | **Week** | **Unit** | **Module** | **Topic** | **COURSE OBJECTIVES**  **(Program Outcome)** |
| Monday  9/3  Tuesday  9/4  Wednesday  9/5  **Thursday 9/6** | 3 |  | **Module 3**  **Communicating and Therapeutic Relationships & Safety – Mobility/Immobility** | ***Labor Day***  Community School Screenings (CO 6)  Community Service Learning –Phase One (PO 2,7.8; CO 1,2,4)  Communicating and Therapeutic Relationships (Tres Ch20) (PO 2,8,11; CO 1,4)  Interprofessional Collaboration and Care (Hof Ch2) (PO 2,8,11; CO 1,4)  Intro to Ethical Concepts (Hof Ch4) (PO 7; CO 6)  Safety – Mobility/Immobility (PO 2,9; CO 4,6)  ***ATTAC-IT Motivational Interviewing Training (Required Campus wide Activity 9/6) (PO 2,8,11; CO 1,4)*** | Program Outcome (PO)–  2, 7, 8, 9, 11  Course Objectives (CO)–  1, 2, 4, 6 |
| Monday  9/10  Tuesday  9/11  Wednesday  9/12 | 4 |  | **Module 4**  **Nursing Process and Critical Thinking/Reasoning** | NRC (CO 6)  Community School Screenings (CO 6)  Community Service Learning –Phase One (PO 2,7.8; CO 1,2,4)  Critical Thinking/Reasoning (Treas Ch2) (CO 1,6)  Nursing Process (Treas Ch4) (PO 2; CO 1,2,3,4,6) | Program Outcome (PO)–  2,7,8  Course Objectives (CO)-  1, 2, 3, 4, 6 |

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| **Dates** | **Week** | **Unit** | **Module** | **Topic** | **COURSE OBJECTIVES**  **(Program Outcome)** |
| Monday  9/17  Tuesday  9/18  Wednesday  9/19 | 5 | **Unit 2 -** Supporting Physiological Function | **Module 5**  **Sensory and Pain** | Hospital (CO 6)  Putting Families First (PO 2,7,8,9,11; CO 1,2,3,4,5)  Community Service Learning –Phase One (PO 2,7.8; CO 1,2,4)  Sensory (Treas Ch31) (PO 2; CO 1,2,3,4,6)  Pain (Treas Ch32) (PO 2; CO 1,2,3,4,6)  Sleep and Rest (Treas Ch35) (PO 2; CO 1,2,3,4,6) | Program Outcome (PO)-  2, 7, 8 ,9, 11  Course Objectives (CO)-  1, 2, 3, 4, 5, 6 |
| Monday  9/24  Tuesday  9/25  Wednesday  9/26 | 6 |  | **Module 6**  **Oxygenation** | NRC (CO 6)  Community School Screenings (CO 6)  Community Service Learning – Phase One (PO 2,7.8; CO 1,2,4)  Oxygenation (Treas Ch37) (PO 2; CO 1,2,3,4,6)  Oxygen Therapy Management (Hof Ch7) (PO 2; CO 1,2,3,4,6) | Program Outcome (PO)-  2, 7, 8  Course Objectives (CO)-  1, 2, 3, 4, 6 |
| Monday  10/1  Tuesday  10/2  Wednesday  10/3 | 7 |  | **Module 7**  **Nutrition, Bowel, and Urinary** | Hospital (CO 6)  Community Service Learning – Phase One (PO 2,7.8; CO 1,2,4)  Nutrition (Treas Ch28) (PO 2; CO 1,2,3,4,6)  Bowel Elimination (Treas Ch29) (PO 2; CO 1,2,3,4,6)  Urinary Elimination (Treas Ch 30) (PO 2; CO 1,2,3,4,6) | Program Outcome (PO)-  2, 7, 8  Course Objectives (CO)-  1, 2, 3, 4, 6 |

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| **Dates** | **Week** | **Unit** | **Module** | **Topic** | **COURSE OBJECTIVES**  **(Program Outcome)** |
| Monday  10/8  Tuesday  10/9  Wednesday  10/10 | 8 |  | **Module 8**  **Circulation and Perfusion** | NRC (CO 6)  Community Service Learning – Phase One (PO 2,7.8; CO 1,2,4)  Circulation and Perfusion (Treas Ch38) (PO 2; CO 1,2,3,4,6)  Assessment of Cardiovascular Function (Hof Ch28) (PO 2; CO 1,2,3,4,6) | Program Outcome (PO)-  2, 7, 8  Course Objectives (CO)-  1, 2, 3, 4, 6 |
| Monday  10/15  Tuesday  10/16  Wednesday  10/17 | 9 |  | **Module 9**  **Skin Integrity and Wound Care** | Hospital (CO 6)  Putting Families First (PO 2,7,8,9,11; CO 1,2,3,4,5)  Phase One Due (PO 2,7.8; CO 1,2,4)  Skin Integrity and Wound Healing (Treas Ch36) (PO 2; CO 1,2,3,4,6)  Assessment of Integumentary Function (Hof Ch49) (PO 2; CO 1,2,3,4,6)  Emergency Preparedness (PO 2,7,8,9; CO 4,6) | Program Outcome (PO)-  2, 7, 8, 9, 11  Course Objectives (CO)-  1, 2, 3, 4, 5, 6 |
| Friday  10/19 |  |  | **Midterm**  **Exam** | Time TBD |  |
| Monday  10/22  Tuesday  10/23  Wednesday  10/24 | 10 |  | **Module 10**  **Psychosocial Health, Illness, Stress, and Adaptation** | NRC (CO 6)  Community Service Learning - Phase Two: Windshield Survey & Phase Three (PO 2,7.8; CO 1,2,4)  Stress and Adaptation (Treas Ch12) (PO 2; CO 1,2,3,4,6)  Psychosocial Health and Illness (Treas Ch13) (PO 2; CO 1,2,3,4,6) | Program Outcome (PO)-  2, 7, 8  Course Objectives (CO)-  1, 2, 3, 4, 6 |

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| **Dates** | **Week** | **Unit** | **Module** | **Topic** | **COURSE OBJECTIVES**  **(Program Outcome)** |
| Monday  10/29  Tuesday  10/30  Wednesday  10/31 | 11 |  | **Module 11**  **Fluid and Electrolyte and Acid/Base Balance** | Hospital (CO 6)  Community Service Learning - Phase Two: Windshield Survey & Phase Three (PO 2,7.8; CO 1,2,4)  Fluid and Electrolytes and Acid Base Balance (Treas Ch39) (PO 2; CO 1,2,3,4,6)  Fluid Electrolyte Management (Hof Ch8) (PO 2; CO 1,2,3,4,6)  Acid Base Balance (Hof Ch9) (PO 2; CO 1,2,3,4,6) | Program Outcome (PO)-  2, 7, 8  Course Objectives (CO)-  1, 2, 3, 4, 6 |
| Monday  11/5  Tuesday  11/6  Wednesday  11/7 | 12 | **Unit 3 – Factors Affecting Health and Populations** | **Module 12**  **Integration Measurement of Progress Towards Therapeutic Goals & Optimal Patient Health Outcomes** | Hospital (CO 6)  Community Service Learning - Phase Two: Windshield Survey & Phase Three (PO 2,7.8; CO 1,2,4)  Teaching and Learning (Treas Ch26) (PO 2,8,9,11; CO 1,2,3,5,6)  Health Education (PO 2,8,9,11; CO 1,2,3,5,6)  Counseling (PO 2,8,9,11; CO 1,2,3,5,6)  Health Literacy (PO 2,8,9,11; CO 1,2,3,5,6)  Adult Learners (PO 2,8,9,11; CO 1,2,3,5,6) | Program Outcome (PO)-  2, 7, 8, 9, 11  Course Objectives (CO)-  1, 2, 3, 4, 5, 6 |
| Monday  11/12  Tuesday  11/13  Wednesday  11/14 | 13 |  | **Module 13**  **Cultural Considerations** | ***Veterans Day***  Community Service Learning - Phase Two: Windshield Survey & Phase Three (PO 2,7.8; CO 1,2,4)  Cultural Considerations (Hof Ch3) (PO 2,11; CO 1,3,5)  Family (Treas Ch14) (PO 2,11; CO 1,3,5)  Cultural and Ethnicity (Treas Ch15) (PO 2,11; CO 1,3,5)  Spiritualty (Treas Ch16) (PO 2,11; CO 1,3,5) | Program Outcome (PO)-  2, 7, 8, 11  Course Objectives (CO)-  1, 2, 3, 4, 5 |
| **Dates** | **Week** | **Unit** | **Module** | **Topic** | **COURSE OBJECTIVES**  **(Program Outcome)** |
| Monday  11/19  Tuesday  11/20  Wednesday  11/21 | 14 |  | **Module 14**  ***Thanksgiving*** | Hospital (CO 6)  Putting Families First (PO 2,7,8,9,11; CO 1,2,3,4,5)  Community Service Learning - Phase Two: Windshield Survey & Phase Three (PO 2,7.8; CO 1,2,4)  ***Thanksgiving*** | Program Outcome (PO)-  2, 7, 8, 9, 11  Course Objectives (CO)-  1, 2, 3, 4, 5 |
| Monday  11/26  Tuesday  11/27  Wednesday  11/28 | 15 |  | **Module 15**  **Health Promotion and Maintenance in Individual and the Population** | Hospital (CO 6)  Community Service Learning - Phase Three (PO 2,7.8; CO 1,2,4)  Health Promotion and Maintenance (Treas Ch27) (PO 2,11; CO 1,3,5)  Wellness and Illness (PO 2,11; CO 1,3,5)  Population Health (PO 9; CO 5)  Levels of Care (PO 9; CO 5)  Levels of Prevention (PO 9; CO 5) | Program Outcome (PO)-  2, 7, 8, 9, 11  Course Objectives (CO)-  1, 2, 3, 4, 5 |
| Monday  12/3  Tuesday  12/4  Wednesday  12/5 | 16 |  | **Module 16**  **Putting it All Together** | Hospital (CO 6)  Putting it all together (All CO)  Phase 3 Due (PO 2,7.8; CO 1,2,4)  Community Class Presentations (PO 2,7.8; CO 1,2,4)  Community Reflection (CO 1)  ***Dec 6 & 7 Reading Days*** | Program Outcome (PO)-  2, 7, 8, 9, 11  Course Objectives (CO)-  ALL |
| Dec 8-14 |  |  | **Final Exam** | Date requested 12/10/2018 |  |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 12/17  12/17  01/18 |