UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Fall 2018

COURSE NUMBER NUR 3738

COURSE TITLE Systems of Care 2: Restoration of Wellness

CREDITS 3

PLACEMENT BSN Program: 2nd Semester Upper Division

PREREQUISITES NUR 3138 Systems of Care 1: Wellness Promotion and Illness Prevention

NUR 3129 Pathophysiology and Psychopathology

NUR 3069C Health Assessment and Communication

COREQUISITES NUR 3145 Pharmacology for Nursing

# FACULTY Jane Gannon, DNP, CNM. CNL

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# Michael Aull, MSN, RN, CEN

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# Shari Huffman, MN, CPNP-PC

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COURSE DESCRIPTION The purpose of this course is to examine the knowledge necessary to participate in development of plans of care for clients with common acute and chronic illnesses across the lifespan and for intrapartal women. Emphasis is on principles of safe and effective delivery of care to diverse clients with disease, injury and disability in a variety of settings. Focus is on clients with a medium to high potential for wellness.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Analyze the healthcare needs of clients with selected common acute and chronic illnesses across the lifespan.
2. Incorporate principles and concepts from liberal arts and science and nursing science into plans of care for selected clients.
3. Incorporate the health beliefs, values, attitudes and practices of individuals and families into the development of plans of care.
4. Develop evidence-based plans of care using principles of quality and safety.
5. Analyze interprofessional plans of care for clients with common acute and chronic illnesses across the lifespan.
6. Examine nurse-sensitive indicators that influence utilization of resources in delivery of effective care.

COURSE SCHEDULE

Section Day Time Room

2D93 Wednesday 9:00am-11:45am TBA

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

I. General Approach

Use of the problem solving process to develop interdisciplinary plans of care.

1. Application of concepts to exemplars across the lifespan
2. Nursing interventions that are developed based on identified nursing problems and utilize evidence based guidelines and standards of care, including PICO structured statements aimed at finding current care strategies.

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| 1. CONCEPTS to be introduced in this course: For each concept provide definition, background/theories, assessment tools, nurse sensitive indicators, and evidence-based standards of care. CONCEPTS | EXAMPLES OF ASSOCIATED NURSING PROBLEMS |
| ROLE | Parent/infant attachment, sick role |
| TISSUE INTEGRITY | Surgical wounds, pressure ulcers, infection |
| COMFORT | Acute pain |
| OXYGENATION | Dyspnea |
| PERFUSION | Hemorrhage, deep vein thrombosis |
| SLEEP | Insomnia |
| AFFECT | Sadness, Bereavement |
| COGNITION | Confusion |
| STRESS | Anxiety |
| PERCEPTION | Hearing and visual impairment |
| METABOLISM | Obesity, hyper/hypoglycemia, nausea and vomiting, fluid and electrolyte imbalance |

2. CONCEPTS to be reviewed in this course: For each concept provide assessment tools, nurse sensitive indicators, and evidence-based standards of care.

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| CONCEPTS | EXAMPLES OF ASSOCIATED NURSING PROBLEMS |
| Safety | Falls, Medication Errors |
| Nutrition | Malabsorption, Malnutrition |
| Elimination | Diarrhea, constipation, incontinence, ileus |

3. EXEMPLARS: For each exemplar, tie to related concepts, identify specific nursing problems and specific nursing interventions across the life span where applicable (eg. monitoring, medications and their administration, teaching, interdisciplinary collaboration, therapeutic communication and comfort measures)

a. Intrapartal woman/fetus/newborn

b. Patient requiring perioperative care

c. Patients with:

1) pneumonia/asthma

2) angina/congenital heart disease

3) depression/delirium/sick role/ bereavement

4) diabetes

5) fractures/immobility

6) irritable bowel syndrome

d. Children with:

1) asthma/croup

2) nutritional deficiencies/vomiting and diarrhea

3) congenital heart disease

4) cerebral palsy/meningitis

5) developmental dysplasia of the hip

TEACHING METHODS

Lecture, audiovisual and written materials, case studies.

LEARNING ACTIVITIES

Participation in large and small group discussions and team based learning activities, selected readings and electronic sources

EVALUATION METHODS/COURSE GRADE CALCULATION

Evaluation is based on 4 examinations, the mid-curricular HESI examination, and 3 group case studies.

Examinations:

Exam 1 20%

Exam 2 20%

Exam 3 20%

Cumulative Final 20%

**The average of the four examinations above must be 74% or higher to pass the course.**

HESI Exam 10%

Quizzes: 2%

Quizzes will be a combination of 4 team readiness assessments (TRAT) at the beginning of class, and 6 individual open book quizzes due before the start of class.

Written Assignments (3) 8%

Total 100%

MAKE UP POLICY

There are no make-up examinations or quizzes except under exceptional circumstances. In the event of an emergency (death in the family, severe illness or injury requiring emergency medical treatment), contact the instructor as soon as possible prior to the due date to discuss late submission without penalty. Arrangements may be made at the discretion of the instructor. Work or vacation related activities that cause a missed assignment, quiz, or exam are not excused absences. Assignments submitted late, unless an approved exceptional circumstance, will incur a 2% penalty for each day late, and are only accepted up to 7 days after the due date.

The team readiness assessment quizzes will begin at 9:00; any student arriving after the quiz has started will not earn points for the group quiz.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/process/student-conduct-code/>.  Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies – (<http://students.nursing.ufl.edu/currently-enrolled/course-syllabi/course-policies>)

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

DISABILITY STATEMENT

Students who wish to obtain individual accommodations due to special learning needs must register with the University of Florida Disability Resources Center (DRC) **at the beginning of each semester**. Accommodations are not retroactive, therefore, students should contact the DRC at the beginning of each semester in the term for which they are seeking accommodations. The DRC may be contacted at 352-392-8565 so that appropriate accommodations may be made.  **Individual accommodations require time for the Disability Resources Center (DRC) to approve and the faculty to respond to any special learning needs**.  **Each semester**, it is the students’ responsibility to notify all their faculty of any special accommodations **once approval by the DRC for special accommodations has been made**.  <https://drc.dso.ufl.edu/>

REQUIRED TEXTBOOKS

Perry, S., Hockenberry, M., Lowdermilk, D., Chashion, K, Alden, K., Rogers, C, & Wilson, D.  (2018). *Maternal child nursing care* (6th ed.). St. Louis, MO: Elsevier.

Lewis, S.L., Dirksen, R.F., Heitkemper, M.M., Bucher, l., & Camera, I.M.  (2017).

     Medical-Surgical nursing:  Assessment and management of clinical problems (10th ed.).

     St. Louis, Mo:  Mosby.

​Silvestri, L.A.  (2016).  *Saunders comprehensive review for the NCLEX-RN examination*

      (7th ed.). St. Louis, MO: Saunders.

HESI. (2017). *Comprehensive review for the NCLEX-RN examination* (5th ed.). St. Louis,

MO: Elsevier.

WEEKLY CLASS SCHEDULE

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| WEEK | DATE/FACULTY | TOPICS |
| 1 | Wednesday  8/22  Gannon | Topics:  **Welcome & Course Orientation**  **Role of the professional nurse, sick role** |
| 2 | Wednesday  8/29  Gannon | Topics:  **Care of the family during pregnancy**  **Assessment for risk in pregnancy** |
| 3 | Wednesday  9/5  Gannon | Topics:  **Comfort measures during pregnancy and labor**  **Nursing care during labor and birth**  **Fetal Monitoring**  **Immediate care of the newborn** |
| 4 | Wednesday  9/12  Huffman | Topics:  **Online lectures to view: Review of developmental theory,**  **Comfort measures: Pain in children**  **Nursing care of infants** |
| 5 | Wednesday  9/19  Gannon | Topics:  **Labor and birth complications**  **Postpartum nursing care**  **Postpartum complications**  **Bereavement, coping with loss** |
| 6 | Wednesday  9/26  Gannon | Topics: (Will be on Exam 2)  **Nursing care of the adult with urinary & reproductive problems** |
|  | Friday  9/28 | **Exam 1 – through week 5 topics only**  **Location: CON**  **TIME: TBD** |
| 7 | Wednesday  10/3  Huffman | Topics:  **Nursing care of toddlers and young children**  **Nursing care of adolescents**  **Care of the hospitalized child (online lecture to review)** |
| 8 | Wednesday  10/10  Huffman | Topics:  **Nursing care of the child with cardiovascular dysfunction**  **Nursing care of the child with respiratory dysfunction** |

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| WEEK | DATE/FACULTY | TOPICS |
| 10 | Wednesday  10/24  Aull | Topics: (Will be on Exam 3)  **Nursing care of the adult with respiratory dysfunction**  **Fluid/Electrolyte & Acid Base Balance** |
|  | **Friday**  **10/26** | **Exam 2 – Week 6 through week 9 topics only**  **LOCATION: CON**  **TIME: TBA** |
| 11 | Wednesday  10/31  Aull | Topics:  **Nursing care of the adult with cardiovascular dysfunction, hypertension** |
| 12 | Wednesday  11/7  Aull | Topics:  **Nursing care of the adult with diabetes**  **Obesity** |
| **HESI EXAM** | **Friday**  **11/9** | **Mid Curricular exam**  **Location: TBA**  **Time: 1:00 – 4:30 PM** |
| 13 | Wednesday  11/14  Aull | Topics:  **Nursing care of the adult with musculoskeletal dysfunction**  **Nursing care of the patient with sleep disorders** |
| 14 |  | THANKSGIVING |
| 15 | Wednesday  11/28  Huffman/Aull | Topics:  **Nursing care of the adult with GI dysfunction**  **Nursing care of the adult with vision and hearing dysfunction** |
|  | Friday  11/30 | **Exam 3 – Week 10 - 13 topics only**  **Location: CON**  **TIME: TBA** |
| 16 | Wednesday  12/5  Aull | Topics:  **Wound care**  **Perioperative nursing care** |
| **FINALS WEEK** | **WED 12/12** | **Cumulative Final Exam (approx. 80% cumulative, 20% weeks 14 & 15)**  **Location: POB**  **Time: 9:00** |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12  09/09; 03/12  10/09; 04/12 |