UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

FALL 2018

COURSE NUMBER NUR 3738C- sections 12A5, 12A6, 22D8, 22EF, 22FA, 22FC, 22FO,

3G57, & 3G58

COURSE TITLE Clinical Practice 2: Restoration of Wellness

CREDITS 5 (1 credit didactic, 4 credits laboratory/clinical)

PLACEMENT BSN Program: 2nd Semester Upper Division

PREREQUISITES NUR 3138 Clinical Practice 1: Wellness Promotion and Illness Prevention

COREQUISITES NUR 3738 Systems of Care 2: Restoration of Wellness

NUR 3145 Pharmacology for Nursing

NUR 3169 Inquiry and Evidence in Professional Nursing Practice

or

NGR 6101 Theory and Research for Nursing

FACULTY

David J. Derrico RN, MSN, CNE HPNP 352-273-6341 Friday 0800-1000

Clinical Assistant Professor 3202 cell 352-562-6305 & by appointment

[derridj@ufl.edu](mailto:derridj@ufl.edu)

Course Coordinator

Sharon M. Adams, DNP, CNM, ARNP HPNP 352-273-6358 Wednesday 1300-1500

Clinical Assistant Professor 3213 (cell) 606-226-2752 Thursday 0900-1100

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Karen Aul, PhD, RN, CNE HPNP 352-273-6362 Friday 0800-1000

Clinical Assistant Professor 3235 (cell) 724-991-9085 & by appointment

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Sandra Wolfe Citty, PhD, ARNP-BC, CNE HPNP 352-356-1581 Friday 0900-1100

Clinical Associate Professor 2205 & by appointment

[swolfe@ufl.edu](mailto:swolfe@ufl.edu)

Anne Dillard, DNP, RN, AGCNS-BC HPNP 352-273-6366 Friday 1100-1300 Clinical Assistant Professor 3231 & by Appointment

[acdillard@ufl.edu](mailto:acdillard@ufl.edu)

Lisa L. Ferguson, DNP, ARNP, WHNP-BC HPNP 352-294-8605 Thursday 1300-1500

Clinical Assistant Professor 2219 & by appointment

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Cynthia Figueroa, PhD, ARNP, ANA-BC HPNP 352-273-6424 Tuesday 1300-1500

Clinical Assistant Professor 3239 cell 352-682-6363 & by appointment

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Stacia M. Hays, DNP, CPNP, CCTC, CNE HPNP 352-273-6348 Tuesday 1000-1200

Clinical Assistant Professor 2232

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Osvaldo Hunter, DHA(c), MSN, RN HPNP 352-265-0449 by Appointment

Clinical Assistant Professor

[huntero@shands.ufl.edu](mailto:huntero@shands.ufl.edu)

Charlene Krueger, PhD, ARNP HPNP 352- 273-6332 Wednesday 1130-1330

Associate Professor 2228

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Rebecca Norton, MSN, RN, CCRN HPNP 352-745-6106 by Appointment

Clinical Assistant Professor

[Rebecca.Norton@va.gov](mailto:Rebecca.Norton@va.gov)

Tiffany Scalf, DNP, AGACNP-BC HPNP cell: 772-233-5284 By appointment

Adjunct Clinical Assistant Professor Text preferred

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Jennifer C Vendt DNP, ARNP,

CPNP-PC, PHC HPNP 352-273-6512 Wednesday 1300-1500

Clinical Assistant Professor 4219 & by appointment

[jvend001@ufl.edu](mailto:jvend001@ufl.edu)

Nancy G. Young, MSN, ARNP, HPNP 352-273-6403 Friday, 1000-1200

CPNP-PC, CNE 2221

Clinical Assistant Professor

[ngyoung@ufl.edu](mailto:ngyoung@ufl.edu)

COURSE DESCRIPTION The purpose of this course is to provide the student with laboratory and clinical experiences in the provision of nursing care for clients with common acute and chronic illnesses across the lifespan and for intrapartal women. Emphasis is on the delivery of holistic, safe, and evidence based healthcare for diverse clients in a variety of settings. Focus is on the use of healthcare and information management technologies in the implementation and evaluation of nursing interventions.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Incorporate health/ illness beliefs, values, attitudes, and practices of individuals and families in the development of plans of care.
2. Develop collaborative plans of care that include health determinants, available resources, and activities that restore wellness and prevent illness.
3. Utilize health and information management technologies to provide safe nursing care.
4. Implement evidence-based nursing interventions to manage common acute and chronic illnesses and to promote wellness across the lifespan.
5. Contribute to revisions of plans of care based on healthcare outcomes.
6. Demonstrate accountability for personal and professional behaviors.

CLINICAL/LABORATORY SCHEDULE

Weeks 1 and 2 Wednesdays:

Clinical Groups 15810, 15824, 15822, & 22026 NRC Lab 0730-1130

Clinical Groups 15823, 15825, 15826, & 22027 NRC Lab 1200-1600

Week 3 Wednesday:

Clinical Groups 15810, 15824, 15822, & 22026 NRC Lab 0730-1030

Clinical Groups 15823, 15825, 15826, & 22027 NRC Lab 1100-1400

Weeks 4 through 16: Clinical: Tuesdays & Wednesdays – see Clinical List and Schedule

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>.There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Oxygenation
   1. Airway management, tracheostomy tubes, & suctioning
   2. Chest tube management
2. Mobility
   1. Safe transfer & positioning
   2. Ambulation & use of gait belt
3. Tissue Integrity
   1. Wound management: complex dressings, pressure ulcers, suture & staple removal
   2. IV therapy, venipuncture
4. Nutrition
   1. Nasogastric tubes, feeding tubes & management
   2. Total parenteral nutrition

5. Elimination

a. Urinary catheterization & drainage

b. Ostomy appliances

6. Perfusion

a. Fetal Monitoring

TEACHING METHODS

Demonstration, supervised laboratory and clinical simulation, supervised clinical practice experiences and seminars

LEARNING ACTIVITIES

Selected laboratory and clinical experiences, community home, skill practice and demonstration, participation in clinical, seminars, and assigned interprofessional education activities, e.g., Interdisciplinary Family Health (IFH), Interprofessional Learning in Healthcare (ILPH), and/or ATTAC-IT (Area Health Education Centers Tobacco Training and Cessation Program – Initial Training).

EVALUATION METHODS/ COURSE GRADE CALCULATION

Clinical courses are evaluated using the Clinical Evaluation form. Clinical evaluation will be based on faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Clinical evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. **The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course.** A rating of less than satisfactory in any of the areas at semester end will constitute a course grade of E. Regardless of the classroom grade, the student receiving an Unsatisfactory evaluation in the clinical component of the course will be assigned a course grade of E or U.

The faculty member will hold evaluation conferences with the student and clinical preceptor, if applicable, at each site visit. The faculty member will document or summarize each conference on the Clinical Evaluation Form or Advisement Record. This summary will be signed by the faculty member and student. Mid-rotation evaluation conferences will be made available to each student. **Final evaluation conferences with the faculty member are mandatory** and will be held during the last week of each course. A student may request additional conferences at any time by contacting the faculty member.

MAKE UP POLICY

Students will be required to make up time missed in lab and clinical based upon the faculty’s assessment of whether the individual student is meeting the clinical objectives and the frequency of absences.

GRADING SCALE

S Satisfactory

U Unsatisfactory

Weekly quizzes are due after the assigned Wednesday lab on week 1 and before the assigned Wednesday labs for weeks 2 through 4. Students must achieve a quiz grade of 100%, attend lab weekly, and practice each skill in the NRC to achieve a satisfactory grade in this course. Lateness to lab will also affect a satisfactory grade.

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

Uniforms

NRC and Acute Clinical Settings

* Navy scrub top & pants
* White, closed toe, closed backs, nonporous shoes
* White or navy accessories (socks, hose, belts)
* Cleanly laundered and pressed
* In cold weather, white or navy shirts permitted underneath scrub tops
* **NO** sweatshirts or hoodies on the clinical unit
* Watch with a second hand
* Stethoscope

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/process/student-conduct-code/>.  Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies – (<http://students.nursing.ufl.edu/currently-enrolled/course-syllabi/course-policies>)

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

DISABILITY STATEMENT

Students who wish to obtain individual accommodations due to special learning needs must register with the University of Florida Disability Resources Center (DRC) **at the beginning of each semester**. Accommodations are not retroactive, therefore, students should contact the DRC at the beginning of each semester in the term for which they are seeking accommodations. The DRC may be contacted at 352-392-8565 so that appropriate accommodations may be made.  **Individual accommodations require time for the Disability Resources Center (DRC) to approve and the faculty to respond to any special learning needs**.  **Each semester**, it is the students’ responsibility to notify all their faculty of any special accommodations **once approval by the DRC for special accommodations has been made**.  <https://drc.dso.ufl.edu/>

REQUIRED TEXTBOOKS

Elsevier. (2015). Clinical Skills: Essentials Collection, 1st Edition, ISBN-10: 0323394493

Lewis, S. L., Dirksen, R. F., Heitkemper, M. M., & Bucher, L.  (2017).

*Medical-surgical nursing:  Assessment and management of clinical problems* (10th ed.).

            St. Louis, MO: Mosby/Elsevier. ISBN:  978-0-323-08678-3

Perry, A.G., Potter, P.A. & Ostendorf, W.  (2017). *Clinical nursing skills & techniques*

(9th ed.).  St. Louis: Mosby/Elsevier.  ISBN-10: 0323400698

Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D.  (2014). *Maternal child nursing*

*care* (5th ed.).Maryland Heights, MO: Mosby. ISBN-10: 0323400698

Potter, P. A. & Perry, A.G.  (2017). *Fundamentals of nursing* (9th ed.).  St. Louis:

            Mosby/Elsevier.  ISBN-10: 0323327400

Silvestri, L.A.  (2017). *Saunders comprehensive review for the NCLEX-RN examination*

(7th ed.). St. Louis, MO: Saunders. ISBN-10: 0323358519

Silvestri, L.A. & Silvestri, A. (2016). *Strategies for test success: Passing nursing school and the NCLEX*

*exam*. St. Louis, MO: Elsevier. ISBN-10: 0323296610

WEEKLY CLASS SCHEDULE

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| NRC DATES:  Wednesdays | TOPIC/EVALUATION | ASSIGNMENTS/READINGS |
| Week 1  Wednesday  8/22/18  0730-1130 or  1200-1600 | Urinary Elimination Skills:  Male and Female Catheterization  Indwelling &  In & Out Catheterization  Discontinuing Catheters  Bladder Scanner  Wound Management Skills:  Central Venous Line Dressing  Child Health Skills: Nursing Care & Safety | Web Lecture:  Potter & Perry Fundamentals: pp. 1119-1127, 1131-1147  Perry & Potter Clinical Nursing Skills: Chapter 34  Clinical Skills Essentials Edition**:** *(Review Quick Start, Supplies, Demos)*  Inserting an Indwelling Urinary Catheter in a Female  Inserting an Indwelling Urinary Catheter in a Male  Performing Intermittent Straight Catheterization  Irrigating a Urinary Catheter  Obtaining Specimen from Indwelling Urinary Catheter  Providing Catheter Care  Removing an Indwelling Urinary Catheter  Caring for a Suprapubic Catheter  *Complete competency test for each video after this lab.*  Web Lecture:  Potter & Perry Fundamentals: Chapter 48  Perry & Potter Clinical Nursing Skills: Chapter 10, 40, & 41  Clinical Skills Essentials Edition:  (Review Quick Start, Supplies, Demos)  Assessing Wounds  Caring for Pressure Ulcers  Establishing and Maintaining a Sterile Field  Changing a Dressing  Adding Items to a Sterile Field  Pouring a Sterile Solution  Irrigating Wounds  Using Wound Drainage Systems  *Complete competency test for each video after this lab*  Web Lecture:  Potter & Perry Fundamentals: Chapter 48 (review)  Perry & Potter Clinical Nursing Skills: Chapter 29 & 41  Clinical Skills Essentials Edition:  (Review Quick Start, Supplies, Demos)  Using a Prepackaged Sterile Kit  Establishing and Maintaining a Sterile Field  Changing a Dressing  Adding Items to a Sterile Field  Performing Dressing Care for a CVAD  *Complete competency test for each video prior to lab.*  Assignment:  NDNQI Modules 1 (Pressure Ulcers and Staging) & NDNQI Module 2 (Other Wound Types & Skin Injuries). Due Sunday, 9/2/18, 1159.  Perry, Hockenberry, Lowdermilk, & Wilson: Chapter 39  Pediatric Medication safe dosage calculation |
| Week 2  Wednesday  8/29/18  0730-1130 or  1200-1600 | Airway Management Skills & Oxygenation:  Suctioning, Tracheostomy Care, Chest tubes    Gastrointestinal Tubes and Enteral Nutrition Skills: Nasogastric Tubes (NG), Enteral Tubes, Tube Feeding  Mobility and Safety | Web Lecture:  Potter & Perry Fundamentals: Chapter 41  Perry & Potter Clinical Nursing Skills: Chapter 23, 25 & 27  Clinical Skills Essentials Edition:  (Review Quick Start, Supplies, Demos)  Ensuring Oxygen Safety  Maintaining an Airway  Performing Nasotracheal/Nasopharyngeal Suctioning  Performing Oropharyngeal Suctioning  Providing Tracheostomy Care  Collecting a Sputum Specimen  *Complete competency test for each video prior to lab.*  Web Lecture:  Potter & Perry Fundamentals: Chapter 45 & 47  Perry & Potter Clinical Nursing Skills: Chapter 32, 35, & 36  Clinical Skills Essentials Edition:  (Review Quick Start, Supplies, Demos)  Inserting a Nasogastric Tube  Managing a Nasogastric Tube  Providing Enteral Feedings  Removing a Feeding Tube  Pouching a Colostomy  Pouching a Urostomy  *Complete competency test for each video prior to lab*  Potter & Perry Fundamentals: Chapter 39  Perry & Potter Clinical Nursing Skills: Chapter 11 & 12  Clinical Skills Essentials Edition:  (Review Quick Start, Supplies, Demos)  Assisting with Ambulation Using a Gait Belt  Transferring From Bed to Wheelchair Using a Transfer Belt  Using A Hydraulic Lift  Complete competency test for each video prior to lab |
| Week 3  Wednesday  9/5/18  0730-1030 or  1100-1400  Week 3 cont. | Venipuncture Skills: IV initiation and blood sample drawing  Fluid and Electrolyte Skills: Intravenous Fluids  Child Health Skills: Nursing Care & Safety  Pressure Ulcers | Web Lecture:  Potter & Perry Fundamentals: pp. 967-989  Perry & Potter Clinical Nursing Skills: Chapter 29  Clinical Skills Essentials Edition:  (Review Quick Start, Supplies, Demos)  Performing Venipuncture  Preparing an Infusion Site  Changing Intravenous Dressings  Discontinuing Intravenous Therapy  Drawing Blood and Administering Fluid  Dressing the Infusion Site  *Complete competency test for each video prior to lab*  Web Lecture:  Potter & Perry Fundamentals: Chapter 42  Perry & Potter Clinical Nursing Skills: Chapter 29  Clinical Skills Essentials Edition:  (Review Quick Start, Supplies, Demos)  Using an Infusion Pump  Changing Intravenous Tubing and Fluids  Regulating an Intravenous Infusion  Troubleshooting Intravenous Infusions  Troubleshooting Vascular Access Devices  Administering Parenteral Nutrition Through a Central Line  Administering PPN with Lipid Infusion  *Complete competency test for each video prior to lab.*  Perry, Hockenberry, Lowdermilk, & Wilson: Chapter 39  Pediatric Medication safe dosage calculation  Assignment:  NDNQI Modules 1 (Pressure Ulcers and Staging) & NDNQI Module 2 (Other Wound Types & Skin Injuries). Due Sunday, 9/2/18, 1159.  Post proof of completion on Canvas. |
| 9/11 - 11/28/18  Tuesdays & Wednesdays | Clinical-See Schedule | Assigned Facility/Faculty |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12; 02/14  09/09; 03/12; 02/14  10/09; 04/12 |