UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

FALL/2018

# COURSE NUMBER NUR 4739 (Section 2G79 and 3G55)

# COURSE TITLE Systems of Care 3: Restoration of Wellness

CREDITS 4

PLACEMENT BSN Program: 3rd Semester Upper Division

PREREQUISITES NUR 3738 Systems of Care 2: Restoration of Wellness

COREQUISITES NUR 3826 Legal and Ethical Issues in Nursing

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COURSE DESCRIPTION The purpose of this course is to examine the knowledge necessary to participate in development of plans of care for diverse clients with complicated acute and chronic illnesses across the lifespan. Emphasis is on principles of safe and effective management of clients with complicated disease, injury and disability in a variety of settings. Focus is on the principles inherent in the care of clients whose complexity affects restoration to wellness.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Analyze factors that contribute to client potential for restoration to wellness.

2. Analyze the healthcare needs of clients with complicated acute and chronic illnesses across the lifespan.

3. Synthesize principles and concepts from liberal arts and science and nursing science into plans of care for selected clients.

1. Integrate multiple factors in construction of holistic plans of care.
2. Analyze inter- and intraprofessional communication and collaborative strategies used to deliver evidence-based, client-centered care.
3. Evaluate healthcare outcomes of clients with complicated acute and chronic illnesses using data from multiple relevant sources.

COURSE SCHEDULE

|  |  |  |
| --- | --- | --- |
| Day | Time | Room |
| Thursday | 7:25am to 11:15am | G301 (section 2G79) Yoon/Elder |
| Thursday | 12:30pm to 4:30pm | C1-11 (section 3G55) Yoon/Elder  \*6120 on 10/11/18 |

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. General Approach

Use of the problem solving process to develop interdisciplinary plans of care for patients with complicated acute and chronic illnesses.

1. Application of concepts to exemplars across the lifespan.
2. Nursing interventions that are developed based on identified nursing problems and utilize evidence based guidelines and standards of care.

C. Exemplars include patients with:

1. Prevalent blood disorders — e.g. iron deficiency anemia, sickle cell anemia, bleeding and clotting disorders
2. Prevalent cancers
3. Prevalent gastrointestinal illnesses
4. Prevalent issues in mental health nursing including substance abuse
5. Prevalent connective tissue illnesses
6. Prevalent endocrine disorders
7. Prevalent cardiac disorders

TEACHING METHODS

Lecture, group activities, and discussion

LEARNING ACTIVITIES

Participation in class and group activities, selected readings and electronic sources

EVALUATION METHODS/COURSE GRADE CALCULATION

|  |  |
| --- | --- |
| Quizzes (it is likely there will be one quiz per week of class) and Participation (Participation includes anything that happens throughout the course, including assigned prep work, active learning activities, and course work other than case studies). | 15% |
| Case studies | 10% |
| Group Presentation | 15% |
| Exam 1 | 15% |
| Exam 2 | 15% |
| Exam 3 (Comprehensive Final) | 30% |
| Total | 100% |

MAKE UP POLICY

***There is no make-up work in this course.*** All assignments are due as posted and will receive a zero grade if not received on time. There will be two dropped weekly grades for the semester. These dropped weeks include illness, religious holiday observance, and previously scheduled engagements. It is an expectation that exams will be completed as scheduled.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

*Rude or discourteous behaviors (i.e. discourteous communication [verbal or non-verbal] and sleeping in class) will result in a 5-points participation reduction per instance. More than 3 instances will result in a dismissal from one class and a zero for any points for that class (including case studies).*

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT:

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Exam security: Students are required to provide their own privacy screen for all examinations administered via student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

UNIVERSITY AND COLLEGE OF NURSING POLICIES

Please see the College of Nursing website for a full explanation of each of the following policies: <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>

Attendance

UF Grading Policy

Accommodations due to Disability

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

DISABILITY STATEMENT

Students who wish to obtain individual accommodations due to special learning needs must register with the University of Florida Disability Resources Center (DRC) **at the beginning of each semester**. Accommodations are not retroactive, therefore, students should contact the DRC at the beginning of each semester in the term for which they are seeking accommodations. The DRC may be contacted at 352-392-8565 so that appropriate accommodations may be made.  **Individual accommodations require time for the Disability Resources Center (DRC) to approve and the faculty to respond to any special learning needs**.  **Each semester**, it is the students’ responsibility to notify all their faculty of any special accommodations **once approval by the DRC for special accommodations has been made**.  <https://drc.dso.ufl.edu/>

REQUIRED TEXTBOOKS

HESI. (2017). *Comprehensive review for the NCLEX-RN examination* (5th ed.). St. Louis,

Missouri: Elsevier.

Lewis, S.L., Bucher, L., Heitkemper, M.M., Harding, M.M., Kwong, J., & Roberts, D. (2017).

*Medical-Surgical nursing: Assessment and management of clinical problems* (10th ed.).

St. Louis, Mo: Elsevier.

Silvestri, L.A. (2017). Saunders comprehensive review for the NCLEX-RN examination

(7th ed.). St. Louis, MO: Saunders.

Townsend, M. C. (2016). *Essentials of psychiatric mental health nursing: Concepts of care in evidence-based practice* (7th ed.). FA Davis.

STUDENT RESPONSIBILITIES:

You are responsible for having the following supplies for this course: At least, either laptop with a privacy screen or a phone (either smart phone or flip phone) is required to participate in the classroom activities throughout the semester. Please plan accordingly. **Top Hat subscription**- <https://tophat.com/> (You will need to enter user code sent by Top Hat). You may have other courses using Top Hat: There is a $24.00 fee per semester NOT per class to purchase the Top Hat app.

**You will not be permitted to take the exam without showing the following items at sign in:**

1. **UF student ID (No substitution)**
2. **A privacy screen**

This will most likely result in a zero grade for the exam.

WEEKLY SCHEDULE

| DATE | TOPIC/EVALUATION | READINGS/ASSIGNMENTS |
| --- | --- | --- |
| 8/23/2018  Module 0  8/23/2018  Module 1 | Orientation  Mental health and illness/stress | Review syllabus and the following links:  <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>  <http://www.dso.ufl.edu/students.php>  <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>  Read: Townsend Chapter 1 |
| 8/30/3018  Module 1  *(Topical Outline# 4)* | Psychiatric Mental Health Nursing Interventions | Read: Townsend Unit 2; Chapter 6, 7, 8, 9, and 11  Read: Townsend Appendix A (p. 797)  Watch: Recorded lectures for Townsend Chapter 7  Watch: Recorded lectures for Townsend Chapter 11  Assignment: Case Study (to be completed in class) |
| 9/6/2018  Module 1  *(Topical Outline# 4)* | Introduction to Psychiatric Mental Health Concepts  Psychiatric Mental Health Nursing Interventions  Care of Clients with Psychiatric Disorders  Psychiatric Mental Health Nursing of Special Populations | Read: Townsend Chapter 5  Watch: Recorded lecture for Townsend Chapter 5  Read: Townsend Chapter 10 and 12  Read: Townsend Chapter 14  Watch: Recorded lecture for Townsend Chapter 14  Read: Townsend Chapter 24  Read: Townsend Appendix B (p. 799)  Read: Townsend Appendix F (p. 832)  Assignment: Case Study (to be completed in class) |
| 9/13/2018  Module 1  *(Topical Outline# 4)* | Care of Clients with Psychiatric Disorders | Read: Townsend Chapter 13, 15, 16, and 17 (pp. 419-442)  Watch: Recorded lecture for Townsend Chapter 13  Assignment: Case Study (to be completed in class) |
| 9/20/2018  Module 1  *(Topical Outline# 4)* | Care of Clients with Psychiatric Disorders | Read: Townsend Chapter 18 (pp. 449-474), Chapter 19 (pp. 479-500), Chapter 20 (pp. 506-527), Chapter 22, and Chapter 23  Watch: Recorded lecture for Townsend Chapter 19  Watch: Recorded lecture for Townsend Chapter 20  Assignment: Case Study (to be completed in class) |
| **Module 1 Complete: Exam 1 Scheduled 09/28/2018 1130-1330 in the Testing Center** | | |
| 9/27/2018 | Cancer | **Read: Lewis Chapter 15**  **Complete any assigned prep work**  Listen to any posted recorded material  Case Study (to be completed in class)  Active Learning Activity (to be determined)  NCLEX review questions (TopHat) |
| 10/04/2018 | Hematologic Disorders | **Read: Lewis Chapter 29 and 30**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Case Study (to be completed in class)  Active Learning Activity (to be determined)  NCLEX review questions (TopHat) |
| 10/11/2018 | Coronary Disease and Dysrhythmias | **Read: Lewis Chapter 33 and 35**  **Complete any assigned prep work**  Listen to any posted recorded material  View any posted videos  Case Study (to be completed in class)  Active Learning Activity (to be determiner)  NCLEX review questions (TopHat) |
| 10/18/2018 | Vascular Disease | **Read: Lewis Chapter 37**  **Complete any assigned prep work**  Listen to any posted recorded material  Review any posted videos  Case Study (to be completed in class)  Active Learning Activity (to be determined)  NCLEX review questions (TopHat) |
| **Module 2 Complete: Exam 2 Scheduled 10/26/2018 1130-1330 (FSNA alt exam TBD)**  **in the Testing Center** | | |
| 10/25/2018 | Endocrine | **Read: Lewis Chapter 47 and 49**  **Complete any assigned prep work**  Listen to any posted recorded material  Review any posted videos  Case Study (to be completed in class)  Active Learning Activity (to be determined)  NCLEX review questions (TopHat) |
| 11/01/2018 | Liver, Pancreas, and Biliary Tract Problems | **Read: Lewis Chapter 43**  **Complete any assigned prep work**  Listen to any posted recorded material  Review any posted videos  Case Study (to be completed in class)  Active Learning Activity (to be determined)  NCLEX review questions (TopHat) |
| 11/08/2018 | Arthritis and Connective Tissue Diseases | **Read: Lewis Chapter 64**  **Complete any assigned prep work**  Listen to any posted recorded material  Review any posted videos  Case Study (to be completed in class)  Active Learning Activity (to be determined)  NCLEX review questions (TopHat) |
| 11/15/2018 | Lower Gastrointestinal Problems | **Read: Lewis Chapter 47 and 49**  **Complete any assigned prep work**  Listen to any posted recorded material  Review any posted videos  Case Study (to be completed in class)  Active Learning Activity (to be determined)  NCLEX review questions (TopHat) |
|  | | |
| **11/29/2018** | **GROUP PRESENTATIONS (UPLOAD MATERIALS BY 11:59 P.M. 11/26/2018)** | |
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| **COMPREHENSIVE FINAL EXAM (Exam 3): Scheduled 12/11/2018 1000-1300**  **In the HPNP Auditorium** | | |

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 09/09; 02/12  09/09; 03/12  10/09; 04/12 |