UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Spring 2020

COURSE NUMBER NUR 3168

COURSE TITLE Lead and Inspire 2: Research and Evidence-Based Nursing Practice

CREDITS 02

PREREQUISITE NUR 3106 Lead and Inspire 1: Professional Nursing Practice

COREQUISITE None

FACULTY Miriam O. Ezenwa, PhD, RN, FAAN

Associate Professor

# Office: HPNP 3221

# Office Phone: 352-273-6344

# Office Hours: Wednesday 1-3 by appointment

Email: [moezenwa@ufl.edu\*](mailto:moezenwa@ufl.edu*)

Staja “Star” Booker, PhD, RN

Assistant Professor

Office: HPNP 4207

Office Phone: 352-273-6351

Office Hours: Tuesdays- 3-4pm and Thursdays- 8-9am (by appointment or walk-in)

Email: [bookers@ufl.edu](mailto:bookers@ufl.edu)\*

Faculty are not available after 5:00 pm or on the weekends. Please allow 48 hours for a response to your inquiry.

\*Note: Email is the best way to reach faculty

COURSE DESCRIPTION The purpose of this course is to provide a foundation for evidence-based nursing practice. The emphasis is on problem identification and assessing and analyzing evidence to support the delivery of personalized nursing care.

COURSE OBJECTIVES Upon completion of this course the student will be able to:

1. Compare and contrast evidence-based approaches to address nursing clinical problems.
2. Discuss the roles and responsibilities of the nurse related to generating and utilizing evidence.
3. Discuss informatics and technology solutions to support the generation of evidence to support personalized nursing care
4. Formulate clinically relevant questions using a systematic process.
5. Describe how nursing evidence can be generated through a systematic literature review.
6. Discuss change management strategies for implementing new evidence.
7. Discuss the relationships of nurse identity, policy engagement, and accountability to evidence based nursing practice.

COURSE SCHEDULE

Section Instructor Day Time Room

35CB Ezenwa Wed 11:30-12:30 Hybrid/G210

35CD Ezenwa Thurs 11:00-12:00 Hybrid/G201

35CC Booker Thurs 9:00-10:00 Hybrid/G210

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications. Course websites are generally made available on the Friday before the first day of classes.

TEACHING METHODS

Lecture/discussion

Team-based learning acivities

Group assignments

LEARNING ACTIVITIES

Professional portfolio/journal

Group presentations

Small group activities

Class participation/discussion

EVALUATION METHODS/COURSE GRADE CALCULATION

Exams 40%

Class assignments 25%

Annotated Bibliography 10%

Class Participation 20%

Portfolio/Journaling 3%

Syllabus quiz 1%

Midcourse survey 1%

100%

\*All assignments (individual and group) will be evaluated by course instructors consistent with the grading rubric included with the written description of the assignment as distributed on the course Canvas site.

EXAM AVERAGE

Students must have an average exam score greater or equal to 74% on course exams in order to pass the course. Students must achieve an average of 74% on the exams BEFORE the remaining assignment percentages are calculated into the final course grade.

GRADE ROUNDING

No grades will be rounded including the final course grade.

LATE ASSIGNMENTS

Students are expected to plan in advance and submit assignments by posted due dates. There will be a 10% deduction per day on late assignments. After 3 days, you will receive a zero on the assignment unless you have spoken with the instructor **PRIOR** to the deadline and arrangements have been made. Please keep in mind that your academic obligations **ALWAYS** take priority over personal or social commitments.

Extenuating circumstances only (such as severe illness/injury or death of immediate family) will be considered by the instructor on a case by case basis where there is an official documentation of the circumstance. Please contact the instructor as soon as possible to discuss.

CLASS ATTENDANCE AND MAKEUP POLICY

Collaborative learning is an essential component of this course; therefore, attendance is expected at all scheduled class and laboratory sessions. Advanced notice of absence is expected. In general, acceptable reasons for absence from or failure to participate in class include illness, serious family emergencies, special curricular requirements (e.g., professional conferences **with advanced notice**), military obligation, severe weather conditions, religious holidays, and participation in official university activities. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) are excused. Makeup assignments for excused absences will be negotiated with the instructor. **If at all possible**, the course instructor must be notified in advance if an exam is missed due to an extenuating circumstance. If no notice is given or without prior approval of an absence for a reason listed above, a grade of zero will be assigned. Students may not opt out of any exams.

There is no opportunity to make up missed exams. In the case of a missed exam, the following exam grade will be used to replace the missed exam (it will be counted twice), provided the professor has been notified, received a documentation of the circumstance, and has granted approval.

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

GRADING SCALE

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at https://gatorevals.aa.ufl.edu/students/. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

ACCOMMODATIONS DUE TO DISABILITY

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, [www.dso.ufl.edu/drc/](http://www.dso.ufl.edu/drc/)) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/students/student-conduct-code/>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies – (<http://students.nursing.ufl.edu/currently-enrolled/course-syllabi/course-policies>)

Attendance

UF Grading Policy

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Student Use of Social Media

Faculty Evaluations

REQUIRED TEXTBOOKS

Melnyk, B. & Fineout-Overholt, E. (2019). *Evidence-based practice in nursing and healthcare:*

*A guide to best practice* (4thed.). Philadelphia, PA: Wolters Kluwer Health.

American Psychological Association. (2010). *Publication manual of the American Psychological Association*(6th ed.). Washington, DC: American Psychological Association.

**WEEKLY SCHEDULE-Lead and Inspire 2**

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| --- | --- | --- | --- | --- |
| **Date/Week** | **Topic** | **Reading Assignments** | **Course Objectives** | **Program Outcomes** |
| Week 1:  Jan 8/9 | Introduction to Evidence-Based Practice  **Syllabus Quiz due 1/7 at 11:59 pm** | Chapter 1 | 1 |  |
| Week 2:  Jan 15/16 | Developing Searchable Clinical Questions | Chapter 2 | 4 |  |
| Week 3:  Jan 22/23 | Searching the Literature for Supporting Evidence  **ONLINE CLASS** | Chapter 3 | 5 |  |
| Week 4:  Jan 29/30 | Introduction to Critical Appraisal of Evidence  Appraisal of Quantitative Studies | Chapter 4  Chapter 5  (Chapter 19 recommended for further information) | 5 | 4 |
| Week 5:  Feb 5/6 | Appraisal of Qualitative Studies and Mixed Methods Studies | Chapter 6  (Chapter 20 recommended for further information) | 5 | 4 |
| Week 6:  Feb 12/13 | Patient Concerns, Choices, and Clinical Judgment in EBP  **ONLINE CLASS**  **Annotated Bibliography due 2/14 at 11:59 pm** | Chapter 7 | 2 |  |
| Week 7:  Feb 19/20 | Information technology and patient clinical data | **Article**: Using Nursing Practices and Health IT to Reduce Fall-Related Injuries | 3 | 5 |
| Week 8:  Feb 26/27 | Implementing and Sustaining EBP in Clinical Settings  **ONLINE CLASS**  **MIDCOURSE SURVEY due 2/28 at 11:59 pm** | Chapter 9 | 6 |  |
| Mar 4/5 | **SPRING BREAK** | | | |
| Week 9:  Mar 11/12 | Quality Improvement and Outcomes  Leadership Strategies for Creating and Sustaining EBP in an Organization  **MIDTERM EXAM (3/13)** | Chapter 10  Chapter 12 | 2,6,7 | 4 |
| Week 10:  Mar 18/19 | Models for Implementing EBP  **ONLINE CLASS** | Chapter 14 | 6 | 3,5 |
| Week 11:  Mar 25/26 | Motivating Change to EBP in Individuals, Teams, and Organizations | Chapter 15 | 6 | 3 |
| Week 12:  Apr 1/2 | Developing and Using ARCC© EBP Mentors  **ONLINE CLASS** | Chapter 18 | 2 |  |
| Week 13:  Apr 8/9 | Disseminating Evidence  **Group in-class presentation**  **PPT Presentation due 4/10 at 11:59 pm** | Chapter 20 | 7 |  |
| Week 14:  Apr 15/16 | Ethical Considerations for EBP Implementation and Evidence Generation  **ePortfolio due 5/17 at 11:59 pm** | Chapter 23 | 7 |  |
| Week 15:  Apr 22/23 | **Reading Days** | | | |
| Week 16:  Final Exam Week | **Final Exam (4/27)** | | | |

Program Outcomes:

1. Apply critical thinking to synthesize knowledge grounded in liberal education and nursing, in the practice of professional nursing in the global community.
2. Collaborate with the healthcare team and clients to provide safe and cost effective high quality health care.
3. Integrate evidence-based findings in decision-making in the practice of professional nursing.
4. Appraise current evidence to evaluate health care safety and quality improvement initiatives for individuals and groups.
5. Analyze information from health care technology systems to apply evidence that will guide nursing practice.
6. Utilize knowledge of health care regulation to advocate for policy change to improve health care systems and professional nursing practice.
7. Illustrate the importance of advocacy in the improvements in nursing practice and throughout the healthcare system.
8. Demonstrate professional communication, collaboration and documentation with healthcare teams to support improvement in patient health outcomes.
9. Utilize health promotion, health maintenance, and disease prevention strategies across settings to improve the health of diverse individuals and populations across the lifespan.
10. Demonstrate professional competence and values reflective of professional nursing standards and mutual respect within a global society.

11. Build therapeutic alliance with patients and families to provide personalized care.

Approved: Academic Affairs Committee: 02/18

General Faculty: 02/18

UF Curriculum Committee: 03/19