UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Spring 2020

COURSE NUMBER NUR 3535C

COURSE TITLE Clinical Reasoning and Personalized Nursing Care: Mental Health

CREDITS 04 (3/1) 45 clinical hours

PREREQUISITE NUR 3066C Clinical Reasoning Health Assessment

NUR 3737C Principles of Personalized Nursing Care 1

COREQUISITE None

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COURSE DESCRIPTION This course provides foundational knowledge and principles of personalized nursing care in prevention, treatment, and recovery of mental illness and substance misuse disorders across the life span. Emphasis is on using biobehavioral theories to design personalized nursing care for promoting mental health and recovery.

COURSE OBJECTIVES Upon completion of this course the student will be able to:

1. Explain how use of therapeutic communication in the nurse-patient relationship enhances the well-being of individuals living with mental illness.
2. Provide mental health focused personalized nursing care that integrates cultural humility and cultural competency.
3. Demonstrate core professional values and legal/ethical principles to the provision of mental health focused personalized nursing care.
4. Integrate evidence-based approaches to enhance patient outcomes, including quality of life for individuals with mental illnesses across the lifespan.
5. Demonstrate interprofessional collaboration and care coordination strategies to advocate for the mental health of individuals and families.
6. Evaluate approaches to managing selected mental illnesses and substance misuse disorders using personalized nursing care.

COURSE SCHEDULE

Section Day Time Room

35C3 Menzies Wednesday 8:00-11:00am C1-4

35C4 Menzies Wednesday 1:00-4:00pm C1-4

35C5 Elder Thursday 8:00-11:00am C1-3

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TEACHING METHODS

* Lecture/discussion
* Simulated clinical practice
* Supervised clinical practice experiences
* Seminar/debriefing

LEARNING ACTIVITIES

* Participation in small group activities and class discussion
* Assigned readings
* Clinical practice (simulated and instructor supervised)

EVALUATION METHODS/COURSE GRADE CALCULATION

Exam 1: 15%

Exam 2 : 15%

Exam 3: 15%

HESI Final Exam: 10%

HESI cases and patient reviews: 10%

Reflective papers (2): 5%

In-class medication quizzes (5): 15%

Assignments (in-class submissions, ATIs): 15%

Total 100%

Clinical practice performance S/U

Clinical performance (S/U) Satisfactory performance on all clinical and laboratory experiences is required to receive a passing grade for this course. Clinical experience will be evaluated by faculty assessment of student performance based on the course clinical evaluation form and completion of simulation activities. A rating of satisfactory represents satisfactory achievement of clinical learning objectives and a rating of unsatisfactory represents unsatisfactory performance. Regardless of grades on other course assignments or exams, **a student receiving an unsatisfactory evaluation in the clinical component of a course will be assigned a course grade of E.** Students will be required to repeat the course before progressing to the next semester.

Progression in the College of Nursing baccalaureate program requires that students maintain a “C” or above and a satisfactory grade in clinical practice for all required nursing courses.

<https://con-main.sites.medinfo.ufl.edu/files/2011/05/S2.03-Academic-Progression-for-Baccalaureate-Degree-Students.pdf>

Students who fail to maintain a “C” grade or satisfactory in a clinical courses must complete an out-of-sequence petition in order to create a program improvement plan: <https://con-main.sites.medinfo.ufl.edu/files/2011/05/S2.15-Out-of-Sequence-Progression.pdf>

EXAM AVERAGE

Students must have an average exam score greater or equal to 74% on exams in order to pass the course.  Students must achieve an average of 74% on the exams BEFORE the remaining assignment percentages are calculated into the final course grade.

GRADE ROUNDING

No grades will be rounded including the final exam averages and final course grade.

CLASS ATTENDANCE AND MAKEUP POLICY

Collaborative learning is an essential component of this course; therefore, attendance is expected at all scheduled class and laboratory sessions. Advanced notice of absence is expected. In general, acceptable reasons for absence from or failure to participate in class include illness, serious family emergencies, special curricular requirements (e.g., professional conferences **with advanced notice**), military obligation, severe weather conditions, religious holidays, and participation in official university activities. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) are excused. Makeup assignments for excused absences will be negotiated with the instructor. **If at all possible**, the course instructor must be notified in advance if an exam is missed due to an extenuating circumstance. If no notice is given or without prior approval of an absence for a reason listed above, a grade of zero will be assigned. Students may not opt out of any exams.

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

LATE ASSIGNMENTS

Students are expected to plan in advance and submit assignments by posted due dates. There will be a 10% deduction per day on late assignments. After 3 days, you will receive a zero on the assignment unless you approved in advance by your instructor.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at https://gatorevals.aa.ufl.edu/students/. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

ACCOMMODATIONS DUE TO DISABILITY

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, [www.dso.ufl.edu/drc/](http://www.dso.ufl.edu/drc/)) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/students/student-conduct-code/>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies – (<http://students.nursing.ufl.edu/currently-enrolled/course-syllabi/course-policies>)

Attendance

UF Grading Policy

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Student Use of Social Media

Faculty Evaluations

REQUIRED TEXTBOOKS

Townsend M. C & Morgan, K. I. (2018). *Psychiatric Mental Health Nursing: Concepts of Care in Evidence-based Practice, 9th Ed. Philadelphia, PA, Davis Company.*

WEEKLY CLASS SCHEDULE

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| --- | --- | --- | --- |
| Date | Topics | To do before class | Course objectives |
| Week 1  Jan 8 & 9 | Course Introduction  Concepts and foundations: Mental Health and Mental Illness & Psychological adaptations; Cognitive/Behavioral Intro. | Review syllabus | Program Outcome (PO)- 1, 3, 8-9; 11  Course Objectives (CO)- 1-3; 6 |
| Week 2  Jan 15 & 16 | Therapeutic Approaches (relationships, therapeutic communication, milieu) | Complete pre-class assignments as posted on Canvas.  Read Chapters 7, 8 & 12 | PO 3,11  CO 1,4 |
| Week 3  Jan 22 & 23 | Suicide Prevention  Survivors of Abuse  Bereavement | Complete pre-class assignments as posted on Canvas.  Read Chapters 17, 35 & 37  Read pp. 809-818 | PO 2,3,7,8,&11  CO 1,3,4 & 5 |
| Week 4  Jan 29 & 30 | Legal & Ethical Nursing | Complete pre-class assignments as posted on Canvas.  Read Chapters 1, 2, & 5 | PO 2,3,7,8,10 &11  CO 1,2,3 & 5 |
| Week 5  Feb 5 & 6 | Therapeutic Approaches (crisis intervention, anger and Aggression) | Complete pre-class assignments as posted on Canvas.  Read Chapters 13 & 16 | PO 8, 10  CO 3,4, & 6 |
| Week 6  Feb 12 & 13 | Substance-related and addictive disorders; Recovery Model | Complete pre-class assignments as posted on Canvas.  Read Chapter 23.  Review Chapter 21 | PO 2,3,7,8 & 11  CO 1,3,4,5 & 6 |
| Week 7  Feb  19 & 20 | PMH: Aging Individual  Neurocognitive Disorders | Complete pre-class assignments as posted on Canvas.  Read Chapters 22 & 34. | PO 2,3,7,9,11  CO 4,5 |
| Week 8  Feb 26 & 27 | Disorders: Schizophrenia and other psychotic disorders | Complete pre-class assignments as posted on Canvas.  Read Chapter 24  Read pp. 57-59; 70-77 | PO 3,8,11  CO 2,4,5,6 |
| Week 9  Mar 4 & 5 | Spring Break | Spring Break | Spring Break |
| Week 10  Mar 11 & 12 | Mood disorders and ECT | Complete pre-class assignments as posted on Canvas.  Read Chapters 20, 25, & 26.  Read pp. 61-70 | PO 3,8,9,11  CO 4,5,6 |
| Week 11  March  18 & 19 | Anxiety, stress and trauma | Complete pre-class assignments as posted on Canvas.  Read Chapters 27 & 28  Read pp. 59-61 | PO 2,3,7,8,& 11  CO 1,2,3,4,&5 |
| Week 12  March  25 & 26 | Eating disorders | Complete pre-class assignments as posted on Canvas.  Read Chapter 31 | PO 2, 3, 8, 10, 11  CO 2,5 |
| Week 13  April 1 & 2 | Personality Disorders  Somatic D/O | Complete pre-class assignments as posted on Canvas.  Read Chapters 29 & 32 | PO 2,3,4  CO 1-6 |
| Week 14  April 8 & 9 | PMH: Children and Adolescents | Complete pre-class assignments as posted on Canvas.    Read Chapters 33 | PO 2,3,7,9,11  CO 4,5 |
| Week 15  11/25-11/29 | Assertiveness Training  Review of Course Content | Complete pre-class assignments as posted on Canvas.  Read Chapter 14 | PO 1, 3, 4 , 7 -11  CO 1-6 |

Approved:

Academic Affairs Committee:

General Faculty:

UF Curriculum Committee