UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SUMMER 2020

COURSE NUMBER NGR 6508 section 7E71

COURSE TITLE Psychiatric-Mental Health Nurse Practitioner: Group Psychotherapy

CREDITS 02

PLACEMENT DNP Program: Psychiatric-Mental Health Nurse Practitioner Track

PREREQUISITES None

COREQUISITES None

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COURSE DESCRIPTION

This course provides the student with advanced knowledge to use group psychotherapy to intervene with adolescent and adult clients experiencing dysfunctional interpersonal patterns. Emphasis is on theoretical and conceptual models of group dynamics and processes for assessing, planning, treating, and evaluating dysfunctional patterns in groups. Additionally, promoting and maintaining effective communication patterns in a variety of groups is addressed.

COURSE OBJECTIVES

Upon completion of this course, the student will be able to:

1. Analyze the past, present, and future patterns and trends in group therapies, including the role of the advanced practice nurse.

2. Analyze theoretical and conceptual models of group dynamics and processes for advanced nursing practice with groups.

3. Plan group therapy to treat clients with dysfunctional interpersonal patterns to promote, maintain, and restore mental health.

4. Critique current research related to group dynamics, processes, and therapy.

5. Discuss legal and ethical principles in the conduct of group psychotherapy.

COURSE SCHEDULE

This is a web-based course with synchronous and asynchronous components.

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Past, present, and future patterns and trends in group psychotherapies, including the role of the advanced practice psychiatric-mental health nurse.
2. Lewin’s group dynamics.
3. Legal and ethical issues in group therapy.
4. Initiation of group therapies: Role of the therapist in assessing and selecting group members and dealing with beginning groups issues.
5. Process and content in adolescent and adults.
6. Curative factors in group psychotherapy.
7. Stages of group psychotherapy with adolescents and adults.
8. Research issues in group psychotherapies and group dynamics.

TEACHING METHODS

Lecture, group discussion, written assignments, audiovisual materials, case analysis, and selected readings.

LEARNING ACTIVITIES

Readings, written assignments, participation in synchronous discussion, and case study analysis.

EVALUATION METHODS/COURSE GRADE CALCULATION

|  |  |
| --- | --- |
| Online Class Discussions/Assignments (8 at 2pts each) | 32% |
| Module Quizzes (8 at 4 pts each) | 32% |
| Comprehensive Examination | 36% |
| Synchronous Seminars (1 hr x 6 zoom sessions) | S/U |
| IPLH participation (mandatory) | S/U |

Total 100%

The College of Nursing DNP program will be participating this summer in a mandatory on-line interprofessional activity with students from the Public Health degree program. “Satisfactory” in IPLH must be achieved to be eligible to earn a passing grade in NGR 6508. You will be added to a separate Canvas course to participate in this activity. You will work in small interprofessional teams to address patient safety and quality issues associated with HIV/AIDs in the United States. There are three modules with associated team and individual assignments that will be graded. Upon satisfactory completion of all assignments, students may claim 6 clinical hours in Typhon. Please log into the Canvas site during the first week of class and make note of deadlines for activities associated with the 3 modules.

MAKE UP POLICY

Students will notify faculty in advance for any anticipated absences, missed assignments due to excused absences, or missed classes. Students will develop arrangements with the faculty to make up missed assignments which must be complete within one week of scheduled assignment.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

ACCOMMODATIONS DUE TO DISABILITY

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, [www.dso.ufl.edu/drc/](http://www.dso.ufl.edu/drc/)) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies:

Please see the College of Nursing website for a full explanation of each of the following policies - <http://nursing.ufl.edu/students/student-policies-and-handbooks/course-policies/>.

Attendance

UF Grading Policy

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

REQUIRED TEXTBOOK

Yalom, I. & Lescez, M. (2005). The theory and practice of group psychotherapy (5th ed.).

New York: Basic Books.

RECOMMENDED TEXTBOOKS

Corey, M., Corey, G., & Corey, C. (2017). Groups: Process and practice (10th ed.). California: Brooks Cole.

Sue, D.W., Sue, D., Neville, H.A., Smith, L. (2019). Counseling the culturally diverse theory and practice (8th ed). New Jersey: John Wiley and Sons, Inc.

WEEKLY CLASS SCHEDULE

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| DATE | TOPIC/EVALUATION | ASSIGNMENTS/READINGS |
| 5/11/20-5/17/20 | Module 1 - Introduction to Groups  Discussion Board: 5/16  Quiz: 5/16-17  Zoom Seminar: 5/18 | Yalom, Chpts.  1,2,3,16 |
| 5/18/20-5/31/20 | Module 2 – Leading Groups  Discussion Board: 5/23  Quiz:5/30-31  Zoom Seminar: 6/1 | Yalom, Chpts. 5,6,7,14 |
| 6/1/20-6/7/20 | Module 3 - Legal, Ethical, Professional Issues  Discussion Board: 6/6  Quiz: 6/6-7 | Assigned Readings |
| 6/8/20-6/21/20 | Module 4 - Structuring Groups  Discussion Board: due 6/6  Quiz:6/13-14  Zoom Seminar: 6/15 | Yalom, Chpts. 8,9,10 |
| 6/22/20-7/3/20 | Sumer Break | Enjoy! |
| 7/6/20-7/12/20 | Module 5- Therapeutic Factors  Discussion Board: due 7/5  Quiz: 7/11-12  Zoom Seminar: 7/6 | Yalom, review chapters 1-3 and read chapter 4 |
| 7/13/20-7/19/20 | Module 6 - Group Dynamics  Discussion Board:7/18  Quiz: 7/18-19  Zoom Seminar: 7/20 | Yalom Chpts. 11,12,13 |
| 7/20/20-7/26/20 | Module 7- Child & Elderly Groups  Discussion Board:7/25  Quiz: 7/25-26 | Yalom, Chpt 15 |
| 7/27/20-8/2/20 | Module 8 – Trauma Groups  Discussion Board: 8/1  Quiz: 8/1-2  Zoom Seminar: 8/3 | Assigned Readings |
| 8/3/20-8/7/20 | Prepare for comprehensive exam  Exam:8/5-6 | Comprehensive Exam |

Approved: Academic Affairs Committee: 01/08; 01/13

Faculty: 02/08; 01/13

UF Curriculum: 10/08; 03/13