UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SUMMER 2020

COURSE NUMBER NGR 6612 Section 7E75

COURSE TITLE Family Nurse Practitioner: Complex Family Health Care

CREDITS 3

# PLACEMENT DNP Program: Family Nurse Practitioner Track

PREREQUISITE NGR 6350 Family Nurse Practitioner: Women, Adolescents,

and Children

NGR 6350L Family Nurse Practitioner: Adults, Women,

Adolescents, and Children Clinical

CO-REQUISITE NGR 6612L Family Nurse Practitioner: Complex Family Health

Care Clinical

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COURSE DESCRIPTION

This course provides the student with the knowledge base for the management of adults with age-related changes and complex health comorbidities. Students consider relevant theories, resources, client preferences, evidence-based treatment recommendations, and potential drug synergies and interactions in the development of comprehensive treatment approaches for adults with complex, chronic and unstable health problems. Strategies for optimizing specialist collaboration and client transitions between home, acute care, and chronic care facilities are developed. Clinical implications of the aging process and end-of-life care are also included in this course.

COURSE OBJECTIVES

Upon completion of this course, the student will be able to:

1. Integratefunctional assessment and knowledge of normal physiologic and psychologic age-related changes into the development of comprehensive assessment plans of adults with complex health comorbidities.

1. Utilize appropriate theoretical and evidence-based approaches to develop and evaluate comprehensive health care plans for adults with complex health comorbidities.
2. Analyze the primary care provider role for the client who requires multiple specialists and/or who transitions between health care settings.
3. Develop pharmacologic treatment approaches that consider cost, altered drug metabolism in aging persons, adverse drug interactions, and drug synergism for adults with selected complex health comorbidities.

5. Analyze communication and ethical issues in complex client care situations with clients from diverse backgrounds, including levels of education, and varying views of illness and treatments.

6. Develop strategies to facilitate family and client quality of life at the end of life.

7. Analyze the impact of legal, political, economic and sociocultural factors on access and utilization of health care services for clients and families.

COURSE SCHEUDLE

e-Learning in Canvas is the course management system that you will use for this course.

Access [e-Learning in Canvas](http://elearning.ufl.edu/) using your GatorLink account name and password. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send an email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

The internet browser, Google Chrome, works best with e-Learning and it is often helpful to access the course using the VPN connection.

It is important that you regularly check your GatorLink account email for College and University wide information and the course e-Learning site for announcements and notifications. Course websites are generally made available on the Friday before the first day of classes.

All feedback will be given on the web via Canvas and occasional direct emails, including grades and comments on assignments. If you contact me by cellular voicemail, on-line posting or email, you can expect a response **within three business days**. When I am traveling, response time may be longer because of time changes and access to the Internet. I will not be consistently checking Canvas, phone messages, or email on the weekends or holidays and responses may be limited during these times.

Holidays:

Memorial Day May 25th, 2020

Summer Break June 22nd – July 3rd, 2020 (2 weeks)

Independence Day July 4th, 2020

# TOPICAL OUTLINE

1. Clinical implications of the aging process
2. Assessing and enhancing functional status in older adults
3. End of life/palliative care approaches
4. Management of clients with complex and unstable health conditions such as acute coronary syndrome, pulmonary embolus, acute dyspnea, acute abdominal pain and transient ischemic attacks (TIAs)
5. Management of clients with comorbid and complex health problems such as chronic obstructive pulmonary disease, renal failure, congestive heart failure, atrial fibrillation, psychotic disorders, substance abuse, chronic pain, HIV, diabetes, auto-immune disorders, and dementia
6. Management of clients who require complex pharmacologic regimens
7. Evidence-based treatment recommendations and alterations required by client choice or client resources
8. Care coordination for primary care clients who are hospitalized or require long-term care
9. Impact of environmental factors and ethical factors on access, utilization, and provision of health care

# TEACHING METHODS

Lectures, discussion, individual assignments, presentations.

LEARNING ACTIVITIES

Readings, Case Study Assignments, Individual Assignments, Quizzes

EVALUATION METHODS/COURSE GRADE CALCULATION

Each student is expected to:

1. Comprehensively read and critically analyze materials assigned for each class topic
2. Successfully complete all assignments

Evaluation will be based on the achievement of these criteria. Assignments and their relative weights are as listed below. Details of each assignment will be posted on Canvas.

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| --- | --- | --- |
| **Assignments:**  **All Due weekly on Fridays by 11:59 –**  **Refer to your Canvas site for specific weekly due dates** | **% of Final Grade** | |
| Case Study Assignments: (4 @ 10 points each) | 40% | |
| Quizzes: 7 Modular Quizzes (7 @ 5 points each) | 35% | |
| Individual Assignments: (3 @ 5 points each) | 15% | |
| Participation (Graduate IPLH Requirement)  See attached document under Syllabus/Canvas site | 10% | **Total 100%** |

***Feedback on assignments will be returned within two weeks of due date.***

MAKE UP POLICY

ALL assignments are due on the date and time assigned. If lateness is unavoidable, notify the professor prior to the due date. **Late submission will NOT be accepted for grading unless students speaks with faculty before assignment due date regarding the extenuating circumstance**. Make-up quizzes will not be available.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>.

COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

ACCOMMODATIONS DUE TO DISABILITY

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, [www.dso.ufl.edu/drc/](http://www.dso.ufl.edu/drc/)) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies – (<http://students.nursing.ufl.edu/currently-enrolled/course-syllabi/course-policies>)

Attendance

UF Grading Policy

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Student Use of Social Media

Faculty Evaluations

# REQUIRED TEXTBOOK

Williams, B.A., Chang, A., Ahalt, C., Chen, H., Conant, R. Landefeld, C.S., Ritchie, C. & Yukawa Y. (2014). *Current diagnosis & treatment: Geriatrics* (2nd ed.). New York, NY: McGraw-Hill Education. **(Available as ebook online through UF library)**

# RECOMMENDED TEXTBOOKS

Reuben, D.B., Herr, K.A., Pacala, J.T., Pollock, B.G., Potter, J.F., & Semla, T.P. (2018). Geriatrics at your fingertips-Mobile App (20th ed.). New York, NY: American Geriatrics Society.

Papadakis, M.A., McPhee, S.J., & Rabow, M.W. (2020). Current medical diagnosis & treatment (59th ed.). New York: NY: McGraw-Hill Education. **(Available as ebook online through UF library)**

**DESCRIPTION OF CLASS MODULES** (readings and assignments may be modified to achieve course objectives)

**Refer to your Canvas site for specific weekly due dates**

**All Assignment’s DUE weekly on Fridays by 11:59 PM**

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| **MODULE** | **DATES** | **TOPICS** | **READINGS and DUE DATES** |
| 1 | Classes Begin May11, 2020  5/11/20 -05/15/20 | Welcome and Course Introduction  Physiologic Changes of Aging | Syllabus and Getting Started Guide  *Current Diagnosis and Treatment: Geriatrics*  Chapters 1, 4, 5, 74, 76  Introduce yourself with the Ice Breaker on Big Blue Button-then copy and paste the recording link on the corresponding Discussion Board  Individual assignment Due |
| 2 | 05/18/20 – 05/22/20 | Geriatric Assessment   * Medicare and Medicaid * Medicare Annual Wellness Visit * Preventative and Screening Services * Immunizations * Managing Multiple Chronic Conditions * Polypharmacy | *Current Diagnosis and Treatment: Geriatrics*  Chapters 2, 6--9, 53  The ABCs of the Annual Wellness Visit  Individual Assignment Due |
| 3 | Memorial Day  5/25/2020  05/25/20 –05/29/20 | **Systems Approach to Common Geriatric Conditions**  **Cardiovascular**   1. Abdominal Aortic Aneurysm (AAA) 2. Atrial Fibrillation (AF) 3. Chronic Coronary Heart Disease (CHD) 4. Heart Failure (HF) 5. Hypertension (HTN) (double or triple med therapy) 6. Managing Anticoagulation Therapy | *Current Diagnosis and Treatment: Geriatrics*  Chapters 28-33, 55, 63  Individual Case Study Assignment and Presentation Due  Quiz Due |
| 4 | 06/01/20 – 06/5/20 | **Systems Approach to Common Geriatric Conditions**  **Respiratory**   1. Aspiration Pneumonia 2. Chronic Bronchitis 3. Chronic Obstructive Pulmonary Disease (COPD) 4. Emphysema 5. Pulmonary Embolus 6. Prescribing Oxygen Therapy 7. Sleep Apnea | *Current Diagnosis and Treatment: Geriatrics*  Chapters 34, 47 (respiratory infections), 50 (sleep apnea), 64  Individual Case Study Assignment and Presentation Due  Quiz Due |
| 5 | 06/08/20 – 06/12/20 | **Systems Approach to Common Geriatric Conditions**  **Malignant Neoplasms and Hematologic**   1. Anemia 2. Breast Cancer 3. Cancer Survivorship Care 4. Colon Cancer 5. Lung Cancer 6. Pancreatic Cancer 7. Prostate Cancer 8. Managing Cancer Fatigue 9. Melanoma | *Current Diagnosis and Treatment: Geriatrics*  Chapters 40, 43-44  Individual Case Study Assignment and Presentation Due  Quiz Due |
| 6 | 06/15/20 – 06/19/20 | **Systems Approach to Common Geriatric Conditions**  **Accidents and Sensory Deficits**   1. Dizziness 2. Fall Assessment and Prevention 3. Benign Paroxysmal Positional Vertigo (BPPV) 4. Neuropathy   **Musculoskeletal**   1. Low Back Pain 2. Osteoarthritis 3. Osteoporosis | *Current Diagnosis and Treatment: Geriatrics*  Chapters 25-27, 59, 62  Quiz Due |
| SUMMER BREAK June 22nd – July 3rd , 2020 (2 weeks) (Independence Day July 4th) | | | |
| 7 | 07/06/20 – 07/10/20 | **Systems Approach to Common Geriatric Conditions**  **Neurological**   1. Alzheimer’s Disease 2. Assessing Driving Ability 3. Cerebrovascular Accident (CVA) 4. Essential Tremor 5. Mild Cognitive Impairment 6. Parkinson’s Disease 7. Transient Ischemic Attack (TIA) | *Current Diagnosis and Treatment: Geriatrics*  Chapters 22-24, 52  Individual Case Study Assignment and Presentation Due  Quiz Due |
| 8 | 07/13/20 – 07/17/20 | **Systems Approach to Common Geriatric Conditions**  **Genitourinary**   1. Benign Prostatic Hyperplasia (BPH) 2. Chronic Renal Failure 3. Incontinence 4. Sexual Dysfunction 5. Urinary Tract Infection (UTI)   **Endocrine and Metabolic**   1. Hypothyroidism 2. Hyperthyroidism 3. Type II Diabetes Mellitus | *Current Diagnosis and Treatment: Geriatrics*  Chapters 38-39, 41-42  Quiz Due |
| 9 | 07/20/20 – 07/24/20 | **Systems Approach to Common Geriatric Conditions**  **Gastrointestinal**   1. Assessing Nutritional Deficiencies 2. Chronic Constipation 3. Fatty Liver 4. Hepatitis C (HCV) | *Current Diagnosis and Treatment: Geriatrics*  Chapters 35-36  Quiz Due |
| 10 | 07/27/20 – 07/31/20 | **Systems Approach to Common Geriatric Conditions**  **Immunologic**   1. Herpes Zoster 2. Human Immunodeficiency Virus (HIV) 3. Pneumonia   **Mental Health and Sleep Disorders**   1. Anxiety 2. Assessing Suicide Risk 3. Depression 4. Delirium 5. Insomnia | *Current Diagnosis and Treatment: Geriatrics*  Chapters 21, 45, 47 (HIV/AIDS), 48, 50 (Insomnia) |
| 11 | 08/03/20 -  08/07/20 | Managing Pain  Prescribing Opioid Medications  Assessing the Potential for Substance Abuse | *Current Diagnosis and Treatment: Geriatrics*  Chapters 54, 58, 60, 65-66  Individual Assignment Due |
| 12 | Summer Classes End  August 14, 2020  08/10/20 – 08/14/20 | Transitions in Care: Hospitalization and Long-Term Care  Palliative and End-of-Life Care | *Current Diagnosis and Treatment: Geriatrics*  Chapters 3, 11-13, 15-16, 18-19  IPLH Requirement Due |

Approved: Academic Affairs Committee: 01/08

Faculty: 07/08

UF Curriculum: 10/08