UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Fall 2020

COURSE NUMBER NUR 3535C

COURSE TITLE Clinical Reasoning and Personalized Nursing Care: Mental Health

CREDITS 04 (3/1) 45 clinical hours

PREREQUISITE NUR 3066C Clinical Reasoning Health Assessment

NUR 3737C Principles of Personalized Nursing Care 1

COREQUISITE None

FACULTY

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COURSE DESCRIPTION This course provides foundational knowledge and principles of personalized nursing care in prevention, treatment, and recovery of mental illness and substance misuse disorders across the life span. Emphasis is on using biobehavioral theories to design personalized nursing care for promoting mental health and recovery.

COURSE OBJECTIVES Upon completion of this course the student will be able to:

1. Explain how use of therapeutic communication in the nurse-patient relationship enhances the well-being of individuals living with mental illness.
2. Provide mental health focused personalized nursing care that integrates cultural humility and cultural competency.
3. Demonstrate core professional values and legal/ethical principles to the provision of mental health focused personalized nursing care.
4. Integrate evidence-based approaches to enhance patient outcomes, including quality of life for individuals with mental illnesses across the lifespan.
5. Demonstrate interprofessional collaboration and care coordination strategies to advocate for the mental health of individuals and families.
6. Evaluate approaches to managing selected mental illnesses and substance misuse disorders using personalized nursing care.

SYNCHRONOUS COURSE SCHEDULE

Section #                                  Faculty   Day   Time

194H (21864)                      Menzies GNV              Wednesday            0800-0900

1940 (21863)  Menzies GNV2           Wednesday                 0930-1030

195H (21865)                      Stacciarini JAX          Wednesday                 0800-0900

Our class sessions may be audio visually recorded for students in the class to refer back and for enrolled students who are unable to attend live. Students who participate with their camera engaged or utilize a profile image are agreeing to have their video or image recorded.  If you are unwilling to consent to have your profile or video image recorded, be sure to keep your camera off and do not use a profile image. Likewise, students who un-mute during class and participate orally are agreeing to have their voices recorded.  If you are not willing to consent to have your voice recorded during class, you will need to keep your mute button activated and communicate exclusively using the "chat" feature, which allows students to type questions and comments live. The chat will not be recorded or shared. As in all courses, unauthorized recording and unauthorized sharing of recorded materials is prohibited.

In response to COVID-19, the following policies and requirements are in place to maintain your learning environment and to enhance the safety of our in-classroom interactions.

* You are required to wear approved face coverings at all times during face-to-face class sessions and within campus buildings. Following and enforcing these policies and requirements are all of our responsibility. Failure to do so will lead to a report to the Office of Student Conduct and Conflict Resolution.
* During on-campus experiences (e.g., skills lab, simulation), you will be assigned a physical classroom with enough capacity to maintain physical distancing (6 feet between individuals) requirements. Please utilize designated seats and maintain appropriate spacing between students. Please do not move desks or stations.
* Sanitizing supplies are available in the classroom and you will be expected to wipe down your work area at the end of the class session.
* Follow College of Nursing staff guidance on how to enter and exit the building and classrooms.  Practice physical distancing to the extent possible when entering and exiting.
* If you are experiencing COVID-19 symptoms ([Click here for guidance from the CDC on symptoms of coronavirus](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html)), please use the UF Health screening system and follow the instructions on whether you are able to attend class. [Click here for UF Health guidance on what to do if you have been exposed to or are experiencing Covid-19 symptoms](https://coronavirus.ufhealth.org/screen-test-protect/covid-19-exposure-and-symptoms-who-do-i-call-if/).
* Course materials will be provided to you with an excused absence, and you will be given a reasonable amount of time to make up work. [Find more information in the university attendance policies](https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/).

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TEACHING METHODS

* Asynchronous Lecture/discussion
* Synchronous Class Activities/discussion
* Simulated clinical practice
* Supervised clinical practice experiences
* Seminar/debriefing

LEARNING ACTIVITIES

* Participation in small group activities and class discussion
* Assigned asynchronous lectures
* Assigned readings to accompany lectures and discussion
* Clinical practice (simulated and instructor supervised)

EVALUATION METHODS/COURSE GRADE CALCULATION

Exam 1 15%

Exam 2 15%

Exam 3 15%

Hesi Final Exam 10%

Hesi Case Studies (taken together) 23%

Medication Quizzes/Canvas 12%

Weekly Participation Activities 10%

Total: 100%

An online proctoring service will be used allowing testing offsite. Students are required to have a working webcam, and a stable Internet connection using Google Chrome. On the day of testing you will be instructed to download a testing extension via email. An authentication process will include a picture of yourself, UF ID, and scanning the room. All testing is based on honor code, students found breaching the honor code will be dismissed from the UF College of Nursing and possibly the University of Florida.

*Course Average*

Students must earn an average of 74% on all required course work (exams and assignments) to pass the course. No grades will be rounded including the exam scores and the final course grade.

*HESI RN Specialty Exam 15%:*

The HESI RN Specialty Exam: Mental Health will be administered in this course as follows. Raw scores on the HESI exam will be converted to scores on a 100-point scale and assigned a letter grade as indicated by the grading scale below.  The converted score on the HESI exam will be included in the final course average, which must reach 74% overall. (Retaking the HESI is not required or permissible in this course.) **The overall course average (including the HESI converted score) must reach 74%.**

*Clinical performance (S/U)*

Satisfactory performance on all clinical and laboratory experiences is required to receive a passing grade for this course. Clinical experience will be evaluated by faculty assessment of student performance based on the course clinical evaluation form and completion of simulation activities. A rating of satisfactory represents satisfactory achievement of clinical learning objectives and a rating of unsatisfactory represents unsatisfactory performance. Regardless of grades on other course assignments or exams, **a student receiving an unsatisfactory evaluation in the clinical component of a course will be assigned a course grade of E.** Students will be required to repeat the course before progressing to the next semester.

Progression in the College of Nursing baccalaureate program requires that students maintain a “C” or above and a satisfactory grade in clinical practice for all required nursing courses.

<https://con-main.sites.medinfo.ufl.edu/files/2011/05/S2.03-Academic-Progression-for-Baccalaureate-Degree-Students.pdf>

Students who fail to maintain a “C” grade or satisfactory in a clinical courses must complete an out-of-sequence petition in order to create a program improvement plan: <https://con-main.sites.medinfo.ufl.edu/files/2011/05/S2.15-Out-of-Sequence-Progression.pdf\>

GRADE ROUNDING

No grades will be rounded including the final exam averages and final course grade.

CLASS ATTENDANCE AND MAKEUP POLICY

Collaborative learning is an essential component of this course; therefore, attendance is expected at all scheduled synchronous class and laboratory sessions. Advanced notice of absence is expected. In general, acceptable reasons for absence from or failure to participate in class include illness, serious family emergencies, special curricular requirements (e.g., professional conferences **with advanced notice**), military obligation, severe weather conditions, religious holidays, and participation in official university activities. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) are excused. Makeup assignments for excused absences will be negotiated with the instructor. **If at all possible**, the course instructor must be notified in advance if an exam is missed due to an extenuating circumstance. If no notice is given or without prior approval of an absence for a reason listed above, a grade of zero will be assigned. Students may not opt out of any exams.

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

LATE ASSIGNMENTS

Students are expected to plan in advance and submit assignments by posted due dates. There will be a 10% deduction per day on late assignments. After 3 days, you will receive a zero on the assignment unless you approved in advance by your instructor.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

ACCOMMODATIONS DUE TO DISABILITY

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://disability.ufl.edu/> ) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

***As students in the health professions at UF Health, you are expected to promote safety and a culture of care and concern for each other and for patients. Across our academic health center’s missions of research, teaching and patient care, nursing students must lead by example and take individual responsibility for modeling healthy habits and behaviors to minimize the spread of COVID-19. Failure to comply with the established public health measures, both on and off campus, is considered a serious breach of professional conduct*.**

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/> . Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies – (<http://students.nursing.ufl.edu/currently-enrolled/course-syllabi/course-policies>)

UF Grading Policy

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

REQUIRED TEXTBOOKS

Townsend, M. C., & Morgan, K. I. (2018). *Psychiatric Mental Health Nursing: Concepts of*

*Care in Evidence-based Practice,* 9th Ed. Philadelphia, PA: F.A. Davis Co. (We will not be using any of the online materials that come with this textbook).

PRIOR TO SEMESTER START: Please sign into Canvas/3535C and review the course syllabus and the course introduction (video). Take time to familiarize yourself with the evolve site for HESI case studies in psychiatric mental health and with 3535C SLS materials. Please don’t hesitate to contact your course faculty or your clinical faculty with any questions you may have.

GENERAL DIRECTIONS: Every week there is asynchronous online reading & audiovisual self-directed learning to complete. In the course schedule below, the weekly synchronous date and time is listed along with test dates. Each week’s content and associated chapters are provided. Read Chapters associated with topical content for each week and review all asynchronous audiovisuals that accompany each module’s content and complete all weekly evaluation strategies that are found in each course module on CANVAS for 3535C. Please don’t hesitate to contact your course faculty with any questions you may have about the didactics portion of this course.

WEEKLY COURSE SCHEDULE

*Class is on Wednesdays; Tests are on Mondays (Sept 14; Oct 12; Nov 30)(Hesi Test: Dec 15)*

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| **Week 1** |  |  |  |
| SYNC Class:  Wednesday  9/02/20 | a. Concepts and foundations: Mental Health and Mental Illness & Psychological adaptations; | Chapters 1 & 2 | Program Outcome (PO)- 1, 3, 8-9; 11  Course Objectives (CO)- 1-3; 6 |
|  | b. Cognitive/Behavioral Intro. | Chapters 18 &19 | PO 8,11  CO 1-3,6 |
|  | c. Therapeutic Approaches (relationships, therapeutic communication, milieu) | Read Chapters 7, 8 & 12 | PO 3,10 11  CO 1,4 |
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| **Week 2** |  |  |  |
| SYNC Class:  Wednesday  9/09/20 | a. Legal & Ethical Nursing | Read Chapter 5 | PO 2,3,7,8,10 &11  CO 1,2,3 & 5 |
|  | b. Crisis Intervention /Anger /Aggression | Read Chapters 13, 16 | PO 8, 10  CO 3,4, & 6 |
|  |  |  |  |
| **Week 3** |  |  |  |
| **Monday**  **9/14** | **Exam 1** | **Covers content of Weeks 1 and 2** |  |
| SYNC Class:  9/16/20 | a. Suicide Prevention | Read Chapter 17  Read pp. 809-818 | PO 2,3,7,8,&11  CO 1,3,4 & 5 |
|  | b. Mood Disorders/ECT | Read Chapters  20,25 & 26.  Read pp. 61-70 | PO 3,8,9,11  CO 4,5,6 |
|  |  |  |  |
| **Week 4** |  |  |  |
| SYNC Class:  9/23/20 | a. Anxiety & Trauma | Read Chapters 27 & 28  Read pp. 59-61 | PO 2,3,7,8,& 11  CO 1,2,3,4,&5 |
|  | b. Survivors of Abuse or Neglect | Read Chapter 35 | PO 2,3,7,8,&11  CO 1,3,4 & 5 |
|  | c. Social Justice & Mental Health | Read assigned article |  |
| MED QUIZ | Med quiz due this week | Category  Benzodiazepines / Non-Benzodiazepines |  |
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| **Week 5** |  |  |  |
| SYNC Class:  9/30/20 | Substance-related and addictive disorders; Recovery Model | Read Chapter 23.  Review Chapter 21 | PO 2,3,7,8 & 11  CO 1,3,4,5 & 6 |
| MED QUIZ | Med quiz due this week | Category:  Substance Abuse |  |

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| **Week 6** |  |  |  |
| SYNC Class:  Wednesday  10/07/20 | Disorders: Schizophrenia and other psychotic disorders | Read Chapter 24  Read pp. 57-59; 70-77 | PO 3,8,11  CO 2,4,5,6 |
| MED QUIZ | Med quiz due this week | Category: Antipsychotics |  |
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| **Week 7** |  |  |  |
| **Monday**  **October 12** | **Exam 2** | **Covers content of Weeks 3, 4, 5, and 6** |  |
| SYNC Class:  10/14/20 | 1. Personality Disorders | Read Chapter 32 | PO 2,3,4  CO 1-6 |
|  | 1. Somatic & Dissociative   Disorders | Read Chapter 29 | PO 2,3,4  CO 1-6 |
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| **Week 8** |  |  |  |
| NO SYNC Class  10/21/20 | 1. Eating disorders | Read Chapter 31 | PO 2, 3, 8, 10, 11  CO 2,5 |
|  | 1. Children and Adolescents | Read Chapter 33 | PO 2,3,7,9,11  CO 4,5 |
|  |  |  |  |
| **Week 9**  Oct 26-30 | Clinicals | Clinicals | Clinicals |
| **Week 10**  Nov 3,4,5 | Clinicals | Clinicals | Clinicals |
| **Week 11**  Nov 10, 11, 12 | Clinicals | Clinicals | Clinicals |
|  |  |  |  |
| **Week 12** |  |  |  |
| SYNC Class:  Wednesday  11/18/20 | a. Aging Individual  b. Neurocognitive Disorders  c. Bereavement | Read Chapters  22 & 34 & 37 | PO 2,3,7,9,11  CO 4,5 |
| MED QUIZ | Med Quiz due this week | Category:  Antidepressants |  |
| **Week 13**  Nov 25-26 |  | Thanksgiving |  |
| **Week 14** |  |  |  |
| **Monday**  **Nov 30** | **Exam 3** | **Covers Content of Weeks 7, 8 and 12** |  |
| SYNC Class:  12/02/20 | Course Content Review & medication Quiz |  |  |
| MED QUIZ | Med quiz due this week | Category:  Cognitive Enhancers and Mood Stabilizers |  |
| **Week 15** | Dec 9 is last day of class  Reading Days Dec 10 & 11  Finals Weeks Dec 12-18 | No Wednesday Class  Review all HESI content during this week |  |
|  |  |  |  |
| **Week 16**  **DEC 15** | **FINAL EXAM**  **(HESI RN Specialty)** |  |  |

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| --- | --- | --- |
| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 02/18  02/18  03/18 |