UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

SPRING/2021

COURSE NUMBER NUR 3535C

COURSE TITLE Clinical Reasoning and Personalized Nursing Care: Mental Health

CREDITS 04 (3/1) 45 clinical hours

PREREQUISITE NUR 3066C Clinical Reasoning Health Assessment

NUR 3737C Principles of Personalized Nursing Care 1

COREQUISITE None

COURSE FACULTY

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| Michaela K. Hogan, DNP, ARNP  Clinical Assistant Professor  Office: HPNP 3215  Office Phone: (352) 273-6322  Office hours: Mondays 1:00-3:00  Email: [mhogan@ufl.edu](mailto:mhogan@ufl.edu) | Victoria Menzies, PhD, APRN, FAAN  Associate Professor  Office: HPNP 4202  Office Phone: (352) 273-6345  Office hours: Thursdays 1:00-3:00  (or by appointment)  Email: [vmenzies@ufl.edu](mailto:vmenzies@ufl.edu) |

CLINICAL FACULTY

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| Diane Beauchamp, MSN, RN  Adjunct Clinical Assistant Professor  850-566-1500 cell  Office hours: by appointment  [dbeauchamp1@ufl.edu](mailto:dbeauchamp1@ufl.edu) | Kathy Lockhart, RN, MSN, MPA  Adjunct Clinical Assistant Professor  410-971-1373-cell  Office hours: by appointment  Email: via Canvas |
| James Poole, DNP, APRN, PMHNP-BC  Adjunct Clinical Assistant Professor  352-214-0115-cell  Office hours: by appointment  Email: [j.poole4@ufl.edu](mailto:j.poole4@ufl.edu) |  |

COURSE DESCRIPTION This course provides foundational knowledge and principles of personalized nursing care in prevention, treatment, and recovery of mental illness and substance misuse disorders across the life span. Emphasis is on using biobehavioral theories to design personalized nursing care for promoting mental health and recovery.

COURSE OBJECTIVES Upon completion of this course the student will be able to:

1. Explain how use of therapeutic communication in the nurse-patient relationship enhances the well-being of individuals living with mental illness.
2. Provide mental health focused personalized nursing care that integrates cultural humility and cultural competency.
3. Demonstrate core professional values and legal/ethical principles to the provision of mental health focused personalized nursing care.
4. Integrate evidence-based approaches to enhance patient outcomes, including quality of life for individuals with mental illnesses across the lifespan.
5. Demonstrate interprofessional collaboration and care coordination strategies to advocate for the mental health of individuals and families.
6. Evaluate approaches to managing selected mental illnesses and substance misuse disorders using personalized nursing care.

COURSE SCHEDULE

Faculty Section Day Time

Menzie s 35C3 Wednesday 8:30-11:30am

Hogan 35C4 Wednesday 8:30-11:30am

Menzies 35C5 Thursday 8:30-11:30am

We will have face-to-face instructional sessions in the clinical setting to accomplish the student learning objectives of this course. In response to COVID-19, the following policies and requirements are in place to maintain your learning environment and to enhance the safety of our in-classroom interactions.

* + - You are required to wear approved face coverings at all times during class and within buildings. Following and enforcing these policies and requirements are all of our responsibility. Failure to do so will lead to a report to the Office of Student Conduct and Conflict Resolution.
    - If you are experiencing COVID-19 symptoms ([Click here for guidance from the CDC on symptoms of coronavirus](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html)), please use the UF Health screening system and follow the instructions on whether you are able to attend class. [Click here for UF Health guidance on what to do if you have been exposed to or are experiencing Covid-19 symptoms](https://coronavirus.ufhealth.org/screen-test-protect/covid-19-exposure-and-symptoms-who-do-i-call-if/).
    - Course materials will be provided to you with an excused absence, and you will be given a reasonable amount of time to make up work. [Find more information in the university attendance policies](https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/)
    - You are expected to adhere to all policies of the clinical agency to maintain safety such as wearing approved personal protective equipment. It is your responsibility to act in accordance with the UF Health Student COVID-19 Pledge.

Synchronous sessions for this course may be audio visually recorded for students in the class to refer back and for enrolled students who are unable to attend live. Students who participate with their camera engaged or utilize a profile image are agreeing to have their video or image recorded.  If you are unwilling to consent to have your profile or video image recorded, be sure to keep your camera off and do not use a profile image. Likewise, students who un-mute during class and participate orally are agreeing to have their voices recorded.  If you are not willing to consent to have your voice recorded during class, you will need to keep your mute button activated and communicate exclusively using the "chat" feature, which allows students to type questions and comments live. The chat will not be recorded or shared. As in all courses, unauthorized recording and unauthorized sharing of recorded materials is prohibited.

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications. Course websites are generally made available on the Friday before the first day of classes.

TEACHING METHODS

* Lecture/discussion
* Simulated clinical practice
* Supervised clinical practice experiences
* Seminar/debriefing

LEARNING ACTIVITIES

* Participation in small group activities and class discussion
* Assigned readings
* Clinical practice (simulated and instructor supervised)

EVALUATION METHODS/COURSE GRADE CALCULATION

Exam 1: 16%

Exam 2 : 16%

Exam 3: 16%

HESI Final Exam: 10%

HESI Case Studies (taken together) 22%

HESI Assignment Quiz 5%

Participation Activities 15%

Total 100%

An online proctoring service will be used allowing testing offsite. Students are required to have a working webcam, and a stable Internet connection using Google Chrome. On the day of testing you will be instructed to download a testing extension via email. An authentication process will include a picture of yourself, UF ID, and scanning the room. All testing is based on honor code, students found breaching the honor code will be dismissed from the UF College of Nursing and possibly the University of Florida.

*Course Average*

Students must earn an average of 74% on all required course work (exams and assignments) to pass the course. No grades will be rounded including the exam scores and the final course grade.

Progression in the College of Nursing baccalaureate program requires that students maintain a “C” or above and a satisfactory grade in clinical practice for all required nursing courses.

<https://con-main.sites.medinfo.ufl.edu/files/2011/05/S2.03-Academic-Progression-for-Baccalaureate-Degree-Students.pdf>

*HESI RN Specialty Exam 10%:*

The HESI RN Specialty Exam: Mental Health will be administered in this course as follows. Raw scores on the HESI exam will be converted to scores on a 100-point scale and assigned a letter grade as indicated by the grading scale below.  The converted score on the HESI exam will be included in the final course average, which must reach 74% overall. (Retaking the HESI is not required or permissible in this course.) **The overall course average (including the HESI converted score) must reach 74%.**

*Clinical performance (S/U)*

Satisfactory performance on all clinical, simulation and laboratory experiences is required to receive a passing grade for this course. Clinical experience will be evaluated by faculty assessment of student performance based on the course clinical evaluation form and completion of simulation activities. A rating of satisfactory represents satisfactory achievement of clinical learning objectives and a rating of unsatisfactory represents unsatisfactory performance. Regardless of grades on other course assignments or exams, **a student receiving an unsatisfactory evaluation in the clinical component of a course will be assigned a course grade of E.** Students will be required to repeat the course before progressing to the next semester.

CLASS ATTENDANCE & MAKE UP POLICY

Collaborative learning is an essential component of this course; therefore, attendance is expected at all scheduled synchronous class, clinical and laboratory sessions. Advanced notice of absence is expected. In general, acceptable reasons for absence from or failure to participate in class include illness, serious family emergencies, special curricular requirements (e.g., professional conferences **with advanced notice**), military obligation, severe weather conditions, religious holidays, and participation in official university activities. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) are excused. Makeup assignments for excused absences will be negotiated with the instructor. **If at all possible**, the course instructor must be notified in advance if an exam is missed due to an extenuating circumstance. If no notice is given or without prior approval of an absence for a reason listed above, a grade of zero may be assigned. Students may not opt out of any exams.

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

GRADING SCALE/QUALITY POINTS

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

ACCOMMODATIONS DUE TO DISABILITY

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://disability.ufl.edu/> ) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

***As students in the health professions at UF Health, you are expected to promote safety and a culture of care and concern for each other and for patients. Across our academic health center’s missions of research, teaching and patient care, nursing students must lead by example and take individual responsibility for modeling healthy habits and behaviors to minimize the spread of COVID-19. Failure to comply with the established public health measures, both on and off campus, is considered a serious breach of professional conduct*.**

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/> . Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies – (<http://students.nursing.ufl.edu/currently-enrolled/course-syllabi/course-policies>)

UF Grading Policy

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

PRIVACY POLICIES/ ELECTRONIC RESOURCES

Below are links to the privacy policies associated with the corporate electronic resources used in our course.

Elsevier <https://www.elsevier.com/legal/privacy-policy>

Top Hat <https://tophat.com/company/legal/privacy-policy/>

Honorlock <https://honorlock.com/student-privacy-statement/>

REQUIRED TEXTBOOKS

Townsend M. C & Morgan, K. I. (2018). *Psychiatric Mental Health Nursing: Concepts of Care in Evidence-based Practice* 9th Ed. Philadelphia, PA, Davis Company.

(We will not be using any of the online materials that come with this textbook).

WEEKLY CLASS SCHEDULE:

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| Date | Topics | To do before class | Course objectives |
| Module 1  Jan 13,14 | Course Introduction  Concepts and foundations: Mental Health and Mental Illness & Psychological adaptations; Cognitive/Behavioral Intro. | Read Chapters 1, 2, 18 & 19 | Program Outcome (PO)- 1, 3, 8-9; 11  Course Objectives (CO)- 1-3; 6 |
| Module 2  Jan 20,21 | Therapeutic Approaches (relationships, therapeutic communication, milieu) | Complete pre-class assignments as posted on Canvas.  Read Chapters 7, 8 & 12 | PO 3,11  CO 1,4 |
| Module 3  Jan 27,28 | Suicide Prevention  Survivors of Abuse & Neglect | Complete pre-class assignments as posted on Canvas.  Read Chapters 17, 35  Read pp. 809-818  (Test 1 Content) | PO 2,3,7,8,&11  CO 1,3,4 & 5 |
| Module 4  Feb 3,4 | Exam 1 – in class  Lecture: Legal & Ethical Nursing | Complete pre-class assignments as posted on Canvas.  Read Chapters 1, 2, & | PO 2,3,7,8,10 &11  CO 1,2,3 & 5 |
| Module 5  Feb 10,11 | Therapeutic Approaches (crisis intervention, anger and Aggression);  Bereavement | Complete pre-class assignments as posted on Canvas.  Read Chapters 13, 16 & 37 | PO 8, 10  CO 3,4, & 6 |
| Module 6  Feb 17,18 | Substance-related and addictive disorders; Recovery Model | Complete pre-class assignments as posted on Canvas.  Read Chapter 23.  Review Chapter 21 | PO 2,3,7,8 & 11  CO 1,3,4,5 & 6 |
| Module 7  Feb  24,25 | PMH: Aging Individual  Neurocognitive Disorders | Complete pre-class assignments as posted on Canvas.  Read Chapters 22 & 34 | PO 2,3,7,9,11  CO 4,5 |
| Module 8  Mar 3,4 | Disorders: Schizophrenia and other psychotic disorders | Complete pre-class assignments as posted on Canvas.  Read Chapter 24  Read pp. 57-59; 70-77 | PO 3,8,11  CO 2,4,5,6 |
| Module 9  Mar 10,11 | Exam 2 – in class  Didactics: Eating disorders | Complete pre-class assignments as posted on Canvas.  Read Chapter 31 | PO 2, 3, 8, 10, 11  CO 2,5 |
| Module 10  Mar 17,18 | Mood disorders and ECT | Complete pre-class assignments as posted on Canvas.  Read Chapters 20, 25, & 26.  Read pp. 61-70 | PO 3,8,9,11  CO 4,5,6 |
| Module 11  March 24,25 | Anxiety, stress and trauma | Complete pre-class assignments as posted on Canvas.  Read Chapters 27 & 28  Read pp. 59-61 | PO 2,3,7,8,& 11  CO 1,2,3,4,&5 |
| Module 12  March 31  April 1 | Personality Disorders  Somatic D/O | Complete pre-class assignments as posted on Canvas.  Read Chapters 29 & 32  (Test 3 Content) | PO 2,3,4  CO 1-6 |
| Week 13  Apr 7,8 | Exam 3 – in class  Class Discussion \_ Health determinants and disparities in Psych Mental Health | Complete pre-class assignments as posted on Canvas. |  |
| Week 14  Apr 14,15 | PMH: Children and Adolescents | Complete pre-class assignments as posted on Canvas.    Read Chapters 33 | PO 2,3,7,9,11  CO 4,5 |
| Week 15  Reading Days | April 23 & 24 |  |  |
| Week 16 | HESI TEST week  April 27-30 | HESI Test Date To Be Announced |  |

Program Outcomes:

1. Apply critical thinking to synthesize knowledge grounded in liberal education and nursing, in the practice of professional nursing in the global community.
2. Collaborate with the healthcare team and clients to provide safe and cost-effective high-quality health care.
3. Integrate evidence-based findings in decision-making in the practice of professional nursing.
4. Appraise current evidence to evaluate health care safety and quality improvement initiatives for individuals and groups.
5. Analyze information from health care technology systems to apply evidence that will guide nursing practice.
6. Utilize knowledge of health care regulation to advocate for policy change to improve health care systems and professional nursing practice.
7. Illustrate the importance of advocacy in the improvements in nursing practice and throughout the healthcare system.
8. Demonstrate professional communication, collaboration and documentation with healthcare teams to support improvement in patient health outcomes.
9. Utilize health promotion, health maintenance, and disease prevention strategies across settings to improve the health of diverse individuals and populations across the lifespan.
10. Demonstrate professional competence and values reflective of professional nursing standards and mutual respect within a global society.

11. Build therapeutic alliance with patients and families to provide personalized care

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| Approved: | Academic Affairs Committee:  General Faculty:  UF Curriculum Committee: | 02/18  02/18  03/18 |