

UNIVERSITY OF FLORIDA
COLLEGE OF NURSING
COURSE SYLLABUS
SUMMER 2021

<u>COURSE NUMBER</u>	NGR 6508
<u>COURSE TITLE</u>	Psychiatric-Mental Health Nurse Practitioner: Group Psychotherapy
<u>CREDITS</u>	02
<u>PLACEMENT</u>	DNP Program: Psychiatric-Mental Health Nurse Practitioner Track
<u>PREREQUISITES</u>	None
<u>COREQUISITES</u>	None
<u>FACULTY</u>	Michaela K. Hogan, DNP, APRN, PMHNP-BC Clinical Assistant Professor Family, Community, and Health System Science Office: HPNP 3215 Cell: 352-514-9281 Office Hours: Mondays 3-5 pm Email: mhogan@ufl.edu

COURSE DESCRIPTION

This course provides the student with advanced knowledge to use group psychotherapy to intervene with adolescent and adult clients experiencing dysfunctional interpersonal patterns. Emphasis is on theoretical and conceptual models of group dynamics and processes for assessing, planning, treating, and evaluating dysfunctional patterns in groups. Additionally, promoting and maintaining effective communication patterns in a variety of groups is addressed.

COURSE OBJECTIVES

Upon completion of this course, the student will be able to:

1. Analyze the past, present, and future patterns and trends in group therapies, including the role of the advanced practice nurse.
2. Analyze theoretical and conceptual models of group dynamics and processes for advanced nursing practice with groups.
3. Plan group therapy to treat clients with dysfunctional interpersonal patterns to promote, maintain, and restore mental health.
4. Critique current research related to group dynamics, processes, and therapy.
5. Discuss legal and ethical principles in the conduct of group psychotherapy.

COURSE SCHEDULE

<u>Faculty</u>	<u>Section</u>	<u>Day</u>
Hogan	7E71	Web-based

This is a web-based course with synchronous and asynchronous components.

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu.

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

TOPICAL OUTLINE

1. Past, present, and future patterns and trends in group psychotherapies, including the role of the advanced practice psychiatric-mental health nurse.
2. Lewin's group dynamics.
3. Legal and ethical issues in group therapy.
4. Initiation of group therapies: Role of the therapist in assessing and selecting group members and dealing with beginning groups issues.
5. Process and content in adolescent and adults.
6. Curative factors in group psychotherapy.
7. Stages of group psychotherapy with adolescents and adults.
8. Research issues in group psychotherapies and group dynamics.

TEACHING METHODS

Lecture, group discussion, written assignments, audiovisual materials, case analysis, and selected readings.

LEARNING ACTIVITIES

Readings, written assignments, group role play activities, and discussions.

EVALUATION METHODS/COURSE GRADE CALCULATION

Reflective Papers (2)	20%
Group Role Play Clinical Notes (4)	40%
Group Role Play Participation (4 synchronous online meetings)	20%
Final Examination	15%
IPLH participation	5%

Total 100%

The College of Nursing DNP program participates in a mandatory on-line interprofessional activity with students from the Public Health degree program. “Satisfactory” in IPLH must be achieved to earn IPLH participation points (5% total grade) in NGR 6508. You will be added to a separate Canvas course to participate in this activity. You will work in small interprofessional teams to address patient safety and quality issues associated with HIV/AIDs in the United States. There are three modules with associated team and individual assignments that will be graded.. Please log into the Canvas site during the first week of class and make note of deadlines for activities associated with the 3 modules.

MAKE UP POLICY

Students will notify faculty in advance for any anticipated absences, missed assignments due to excused absences, or missed classes. Students will develop arrangements with the faculty to make up missed assignments which must be complete within one week of scheduled assignment.

GRADING SCALE/QUALITY POINTS

A	95-100 (4.0)	C	74-79* (2.0)
A-	93-94 (3.67)	C-	72-73 (1.67)
B+	91- 92 (3.33)	D+	70-71 (1.33)
B	84-90 (3.0)	D	64-69 (1.0)
B-	82-83 (2.67)	D-	62-63 (0.67)
C+	80-81 (2.33)	E	61 or below (0.0)

* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/graduate/regulations/>

COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

ACCOMMODATIONS DUE TO DISABILITY

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://disability.ufl.edu/>) by providing appropriate

documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual's ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

As students in the health professions at UF Health, you are expected to promote safety and a culture of care and concern for each other and for patients. Across our academic health center's missions of research, teaching and patient care, nursing students must lead by example and take individual responsibility for modeling healthy habits and behaviors to minimize the spread of COVID-19. Failure to comply with the established public health measures, both on and off campus, is considered a serious breach of professional conduct.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/> . Students are required to provide their own privacy screen for all examination's administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

UNIVERSITY AND COLLEGE OF NURSING POLICIES

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies – (<http://students.nursing.ufl.edu/currently-enrolled/course-syllabi/course-policies>)

UF Grading Policy
Religious Holidays
Counseling and Mental Health Services
Student Handbook
Faculty Evaluations
Student Use of Social Media

REQUIRED TEXTBOOK

Yalom, I. D., & Leszcz, M. (2020). *The theory and practice of group psychotherapy* (6th ed.)

Hachette UK.

RECOMMEND TEXTBOOK

Corey, M., Corey, G., & Corey, C. (2018). *Groups: Process and practice* (10th ed.). Cengage

Learning.

Sue, D.W., Sue, D., Neville, H.A., Smith, L. (2019). *Counseling the culturally diverse theory*

and practice (8th ed). New Jersey: John Wiley and Sons, Inc.

WEEKLY CLASS SCHEDULE (Please use this format)

DATE Module	TOPIC/EVALUATION	READINGS/Assignments	Program Outcomes
Module 1 5/10/21- 5/23/21	Introduction to Group Work: 1. Types, Settings, & Duration 2. Leader Role & Responsibilities 3. Standards & Guidelines 4. Theories & Techniques	Readings: Yalom Chp 5, 6, & 7 Assignments: Group Role Play 5/19/21 Group Write-up #1 DUE 5/23/21	1,2,5, & 6
Module 2 5/24/21- 6/6/21	Group Process: 1. Selection, Composition, & Creation 2. Stages & Dynamics 3. Therapeutic Factors	Readings: Yalom Chp 8, 9, 10, & 11 Assignments: Group Role Play 6/2/21 Group Write-up #2 DUE 6/6/21	1,2,5, & 6
Module 3 6/7/21- 6/20/21	Therapeutic Factors: 1. Cohesion 2. Interpersonal Learning	Readings: Yalom Chp 1, 2, & 3 Assignment: Reflection Paper # 1 DUE 6/20/21	1,2,5, & 6
6/21/21- 6/27/21	Summer Break	No Class	
Module 4 6/28/21- 7/11/21 Holidays 7/4 & 7/5	Advanced Group: 1. Conflict 2. Subgrouping 3. Problem Group Members	Readings: Yalom Chp 12 & 13 Assignments: Group Role Play 7/7/21 Group Write-up #3 DUE 7/11/21	1,2,5, & 6
Module 5 7/12/21- 7/25/21	Specialized Group: 1. Formats 2. Settings	Readings: Yalom Chp 14 & 15 Assignments: Reflection Paper # 2 DUE 7/18/21 Group Role Play 7/21/21 Group Write-up #4 DUE 7/25/21	1,2,5, & 6
Module 6 7/26/21- 8/6/21	Additional Training: 1. Observation 2. Participation 3. Supervision	Readings: Yalom Chp 17 Assignment: Final Exam DUE 8/4/21	1,2,5, & 6 Note: IPLH targets program outcome #3.

Approved: Academic Affairs Committee: 01/08; 01/13
Faculty: 02/08; 01/13
UF Curriculum: 10/08; 03/13