UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

FALL 2021

COURSE NUMBER: NGR 6503L

COURSE TITLE: Psychiatric-Mental Health Nurse Practitioner: Individual Psychotherapy Clinical

CREDITS: 03

PLACEMENT: DNP Program: Psychiatric-Mental Health Nurse Practitioner Track

# CO-REQUISITES: NGR 6560C Advanced Psychiatric Assessment and Diagnostics

NGR 6503 Psychiatric-Mental Health Nurse Practitioner: Individual Psychotherapy

# FACULTY:

# Michaela K. Hogan, DNP, APRN, PMHNP-BC

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Family, Community, and Health System Science

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Clinical Assistant Professor

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Office hours: Wednesday 3-5 PM.

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COURSE DESCRIPTION This course provides supervised clinical experiences in the assessment, diagnosis, treatment, and evaluation of clients across the lifespan who are experiencing acute and/or chronic psychiatric disorders. Emphasis is placed on evidenced-based practice and the utilization of theoretical and conceptual models for assessing, planning, and treating major psychiatric disorders. Moreover, emphasis focuses on the promotion, maintenance, and restoration of wellness to individual clients of all ages. Holistic therapeutic approaches are utilized to enhance the functioning of diverse individuals across the lifespan.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Develop a professional role as an advanced practice psychiatric-mental health nurse, including the integration of self-knowledge.
2. Utilize selected theories to promote therapeutic alliance with clients receiving mental health care across the lifespan.
3. Implement individual therapy with selected clients across the lifespan experiencing psychiatric problems.
4. Apply age-appropriate health promotion and disease prevention guidelines based on individual patient variances.
5. Collaborate with clients and health care providers to provide holistic nursing care to individuals fromdiverse populations.
6. Establish treatment plans based on research and evidence-based practice related to mental health.
7. Apply knowledge of political, legal, economic, social, cultural, and technological factors in delivering mental health services to clients across the lifespan.
8. Evaluate and incorporate ethical and legal decisions, as well as the consequences of these decisions, in the development of an advanced practice role.

CLINICAL SCHEDULE

Faculty Section Day/Time

Hogan 2E13 Clinical-To be arranged with preceptor and faculty member.

Poole 0706

Rutter 0707

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

# TEACHING METHODS

Seminar, supervised clinical practice, individual and group supervision, written assignments, audiovisual materials, and selected readings.

LEARNING ACTIVITIES

Clinical practice, readings, case presentations, clinical reports, and OSCE

CLINICAL EVALUATION

**Minimum Required Clinical Practice Hours: 144 hours**

Clinical experience is evaluated through faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Evaluation is based on achievement of course and program objectives using a College of Nursing Clinical Evaluation Form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course. A rating of less than satisfactory in any of the areas at semester end will constitute an Unsatisfactory course grade.

The faculty member will hold evaluation conferences with the student and clinical preceptor at each site visit. The faculty member will document or summarize each conference on the Clinical Evaluation Form or Incidental Advisement Record. This summary will be signed by the faculty member and students. Mid-rotation evaluation of conferences will be made available to each student. Final evaluation conferences with the faculty member are mandatory and will be held during the last week of each clinical rotation. A student may request additional conferences at any time by contacting the clinical faculty member.

Mandatory Documentation of Clinical Hours and Experiences

Students are required to use Exxat software associated with the UF account to schedule all clinical days and to record patient logs. The faculty will also use Exxat or otherwise communicate with the student to schedule the site visit. Students are required to submit a written calendar of planned clinical practice dates and times in Exxat prior to beginning the clinical rotation. Any changes to the calendar (dates and times) must be submitted in writing to the course faculty member before the change is planned to occur. Clinical hours accrued without prior knowledge of the faculty member will not be counted toward the total number of clinical hours required for the course. Students must notify preceptor and clinical faculty member of any missed clinical days due to illness.

Students also assess their learning experience using the Clinical Site Assessment Form. The Clinical Site Assessment Form is submitted in Exxat. At the middle of the clinical experience the student completes a self-evaluation. The faculty member completes a student evaluation using the College of Nursing Clinical Evaluation Form.

Exxat clinical log information must be updated weekly. The student has a 7-day window to post each clinical contact. You are required to complete ALL of the data for each case in Exxat.

For technical problems, you may reach out to the Exxat support team at support@exxat.com

MAKE UP POLICY

Students will notify faculty in advance for any anticipated absences, missed assignments due to excused absences, or missed clinical hours. Students will develop arrangements with the faculty or and clinical preceptor as required to make up missed written or clinical assignments, as well as clinical hours.

GRADING SCALE

Clinical component

S Satisfactory = Meets course objectives

U Unsatisfactory = Does not meet course objectives

**Satisfactory completion of this course requires completion of required clinical hours, submission of schedule and all patient visits in Exxat, submission of 4 satisfactory psychiatric notes, participation in scheduled seminars, submission of completed preceptor form in Exxat and submission of signed midterm and final evaluations.**

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/graduate/regulations/>

ASSIGNMENT DUE DATE

Assignment #1 Clinical Write Up September 12th

Assignment #2 Clinical Write Up October 3rd

Assignment #3 Clinical Write Up October 17th

Assignment #4 OSCE & Write Up November 12th

Assignment #5 Clinical Write Up November 21st

Assignment #6 Clinical Write Up December 5th

Scheduled seminars via zoom will be held on **Dr. Hogan and Professor Rutter’s groups will meet** **Mondays from 4-6pm on the following dates August 23rd, September 13th and 27th, October 11th and 25th, November 8th and 22rd**.

**Dr. Poole’s groups will meet Monday from 4-6pm August 23rd, and Wednesdays 4-6pm on September 15th and 29th, October 13th and 27th, November 10thand 17th.**

**OSCEs will be completed on November 12th with a clinical write-up due the same day.** Mid-Term and Final evaluations will be conducted through individual appointment time with course faculty.

COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

ACCOMMODATIONS DUE TO DISABILITY

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://disability.ufl.edu/> ) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/> . Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>) and a full explanation of each of the university policies – (<http://students.nursing.ufl.edu/currently-enrolled/course-syllabi/course-policies>)

UF Grading Policy

Religious Holidays

Counseling and Mental Health Services

Student Handbook

Faculty Evaluations

Student Use of Social Media

REQUIRED TEXTBOOKS

American Nurses Association, American Psychiatric Nurses Association, & International Psychiatric Nurses (2014). *Scope and standards of psychiatric-mental health nursing practice.* Washington, DC: ANA

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: Author. Free online access available here: <https://doi.org/10.1176/appi.books.9780890425596>

Dewan, M. J., Steenbarger, B. N., & Greenberg, R. P. (Eds.). (2018). *The art and science of brief psychotherapies: a practitioner's guide*. American Psychiatric Pub.

Eaton, S. E., Lenart, B. A., Jones, R., & Premji, Z. A. (2019). APA 7th Edition Training.

Kaplan, H. I., & Sadock, B. J. (2018). *Pocket handbook of clinical psychiatry (6th ed.)*.

Baltimore, MD: Williams & Wilkins.

Sadock, B. J., Ruiz, P., & Sadock, V. A. (2015). *Kaplan & Sadock’s synopsis of psychiatry: Behavioral sciences, clinical psychiatry* (11th ed.). Philadelphia: Wolters Kluwer.

Wheeler, K., PhD, P. B., & APRN, F. (2020). *Psychotherapy for the advanced practice psychiatric nurse*. St. Louis, MO: Mosby.

REQUIRED ELECTRONIC RESOURCES

Dulcan, M. K. (Ed.). (2015). *Dulcan's textbook of child and adolescent psychiatry*. American Psychiatric Pub. Free online access available here: <https://doi.org/10.1176/appi.books.9781615370306>

Thakur, M. E. (Ed.). (2015). *The American psychiatric publishing textbook of geriatric psychiatry*. American Psychiatric Pub. Free online access available here: <https://doi.org/10.1176/appi.books.9781615370054>

RECOMMENDED TEXTBOOKS

Stahl, S.M. (2013). *Essential psychopharmacology. Neuroscientific basis and practical applications* (4th ed.). New York: Cambridge University Press.

Stahl, S.M. (2017). *The prescriber’s guide (Stahl’s essential psychopharmacology* (6th ed.). New York: Cambridge University Press.

Approved: Academic Affairs Committee: 01/08; 01/13

Faculty: 02/08; 01/13

UF Curriculum: 10/08; 03/13