# UNIVERSITY OF FLORIDA COLLEGE OF NURSING COURSE OUTLINE

Spring 2022

# COURSE NUMBER NGR 6509L

COURSE TITLE Psychiatric-Mental Health Nurse Practitioner: Family and

Individual Psychotherapy Clinical

# CREDITS 03

PLACEMENT DNP Program: Psychiatric-Mental Health Nurse Practitioner Track

PREREQUISITE NGR 6503L Psychiatric-Mental Health Nurse Practitioner:

Individual Psychotherapy Clinical

COREQUISITE NGR 6509 Psychiatric-Mental Health Nurse

Practitioner: Family Psychotherapy

# FACULTY

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\*Faculty are generally available to meet with students (in the office or virtually) as listed above. Due to professional travel and other unavoidable obligations, faculty may not be present every week without notice. It advisable that students confirm availability or make an appointment in advance.

COURSE DESCRIPTION This course provides the student with the advanced clinical skills to use family psychotherapy to intervene with clients experiencing dysfunctional family patterns. Emphasis is on application of selected theoretical and conceptual models for assessing, planning, treating, and evaluating families with dysfunctional patterns and restoring mental health. In addition, this course continues to develop advanced clinical skills to intervene with

clients across the lifespan experiencing acute and chronic psychiatric disorders and mental health issues in a variety of settings. The impact of political, legal, economic, social, cultural, and technological factors on families.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Integrate the role of the advanced practice nurse into clinical practice with families and individuals.
2. Utilize theoretical and conceptual models as a basis for advanced nursing practice with families and individuals.
3. Implement family psychotherapy to treat clients with dysfunctional family patterns and to promote, maintain, and restore family system functioning.
4. Implement individual psychotherapy to treat clients across the lifespan with acute and chronic mental disorders/illnesses and to promote, maintain, and restore mental health.
5. Evaluate effectiveness of treatment plans for individuals and families.
6. Collaborate with clients and other health care providers to provide holistic care to families and individuals.
7. Incorporate current research related to family and individual psychotherapy to support treatment planning.
8. Use self-awareness of emotional and behavioral responses from one’s own family system to enhance the therapeutic process.

# CLINICAL SCHEDULE

To be arranged with preceptor and faculty member. All clinical logs and clinical site information will be entered via the EXXAT program.

E-Learning in Canvas is the course management system that you will use for this course. E- Learning in Canvas is accessed by using your Gatorlink account name and password at [http://elearning.ufl.edu/.](http://elearning.ufl.edu/) There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu.](mailto:helpdesk@ufl.edu)

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications. Course websites are generally made available on the Friday before the first day of classes.

# TEACHING METHODS

Seminar, supervised clinical practice, individual and group supervision, written assignments, audiovisual materials, and selected readings.

LEARNING ACTIVITIES

Clinical practice, readings, case presentations, clinical reports, and OSCE

# CLINICAL EVALUATION

Minimum Required Clinical Practice Hours: 144 hours

Clinical experience will be evaluated through faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation Form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course. A rating of less than satisfactory in any of the areas at semester end will constitute an Unsatisfactory course grade.

The faculty member will hold evaluation conferences with the student and clinical preceptor at each site visit. The faculty member will document or summarize each conference on the Clinical Evaluation Form or Incidental Advisement Record. This summary will be signed by the faculty member and students. Mid-rotation evaluation of conferences will be made available to each student. Final evaluation conferences with the faculty member are mandatory and will be held during the last week of each clinical rotation. A student may request additional conferences at any time by contacting the clinical faculty member.

Mandatory Documentation of Clinical Hours and Experiences

Students are required to use Exxat software associated with the UF account to schedule all clinical days and to record patient logs. As a guide, **a minimum of one patient log should be entered for each clinical hour with the goal of entering 2-3 logs per clinical hour.** The faculty will also use Exxat or otherwise communicate with the student to schedule the site visit. **Students are required to submit a written calendar of planned clinical practice dates and times in Exxat prior to beginning the clinical rotation. Any changes to the calendar (dates and times) must be submitted in writing to the course faculty member before the change is planned to occur. Clinical hours accrued without prior knowledge of the faculty member will not be counted toward the total number of clinical hours required for the course.**

**Students must notify preceptor and clinical faculty member of any missed clinical days due to illness.**

Students also assess their learning experience using the Clinical Site Assessment Form. The Clinical Site Assessment Form is submitted in Exxat. At the middle of the clinical experience the student completes a self-evaluation. The faculty member completes a student evaluation using the College of Nursing Clinical Evaluation Form.

Exxat clinical log information must be updated weekly. The student has a 7-day window to post each clinical contact. You are required to complete ALL of the data for each case in Exxat.

For technical problems, you may reach out to the Exxat support team at [support@exxat.com](mailto:support@exxat.com) CLASS ATTENDANCE AND MAKE UP POLICY

Students are responsible for meeting all academic objectives as defined by the instructor.

Absences count from the first class meeting. In general, acceptable reasons for absences from class include illness, serious family emergencies, special curricular requirements, military obligation, severe weather conditions, religious holidays, and participation in official University activities. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) must be excused. Other reasons also may be approved.

Students may not attend classes unless they are registered officially or approved to audit with evidence of having paid audit fees. After the end of drop/add, the Office of the University Registrar provides official class rolls/addenda to instructors. Students who do not attend at least one of the first 2 class meetings of a course or laboratory in which they are registered and who have not contacted the academic unit to indicate their intent may be dropped from the

course. **Students must not assume that they will automatically be dropped if they fail to attend the first few days of class.** The academic unit will notify students dropped from courses or laboratories by posting a notice in the academic unit office. Students may request reinstatement on a space-available basis if documented evidence is presented. The University recognizes the right of the individual professor to make attendance mandatory. After due warning, professors may prohibit further attendance and then assign a failing grade for excessive absences. Students who have registration changes, at any time during the semester, should verify their registrations before the last day of class of the term. Retroactive drop/add or other registration changes will not be permitted.

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at: <https://catalog.ufl.edu/graduate/regulations/#text>

# GRADING SCALE

Clinical component:

S Satisfactory = Meets course objectives

U Unsatisfactory = Does not meet course objectives

For more information on grades and grading policies, please refer to University’s grading policies: [https://catalog.ufl.edu/graduate/regulations/.](https://catalog.ufl.edu/graduate/regulations/)

# COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at [https://gatorevals.aa.ufl.edu/students/.](https://gatorevals.aa.ufl.edu/students/) Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via [https://ufl.bluera.com/ufl/.](https://ufl.bluera.com/ufl/) Summaries of course evaluation results are available to students at [https://gatorevals.aa.ufl.edu/public-results/.](https://gatorevals.aa.ufl.edu/public-results/)

# ACCOMMODATIONS DUE TO DISABILITY

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://disability.ufl.edu/>) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

# PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

***As students in the health professions at UF Health, you are expected to promote safety and a culture of care and concern for each other and for patients. Across our academic health center’s missions of research, teaching and patient care, nursing students must lead by example and take individual responsibility for modeling healthy habits and behaviors to minimize the spread of COVID-19. Failure to comply with the established public health measures, both on and off campus, is considered a serious breach of professional conduct*.**

# UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

# UNIVERSITY AND COLLEGE OF NURSING POLICIES

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>)

# REQUIRED TEXTBOOKS

Titelman, P. (1998). *Clinical applications of Bowen family systems theory*. New York: Hawthorne Press.

McGoldrick, M., Gerson, R., & Petry, S (2020*). Genograms: Assessment and interventions. (4rd ed.).* New York: Norton.

Titeleman, P. (2015*). Differentiation of self: Bowen Family Systems Theory Perspective (ed.)*.

New York: Routledge, Taylor and Francis Group.

Stahl, S. M. (2020). *Prescriber's guide: Stahl's essential psychopharmacology*. Cambridge University Press.

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders (DSM-5®)*. American Psychiatric Pub.

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| **Spring 2022 NGR 6509L**  **Course Calendar Assignments are due**  **Friday of respective week at 11:59pm** | |
| Online Clinical Documentation and Site Visits:   * All clinical hours, patient logs, and evaluations will be completed via Exxat. * Each student is responsible for entering clinical dates and hours into Exxat. Those clinical dates/hours must be sent to their clinical site preceptor for approval. * All clinical hours will be verified/logged by clinical site preceptor via Exxat. * Students are responsible for a minimum of 1 patient log per clinical hour for each clinical date. * Site visits via Zoom will be completed by faculty at least once per semester/as needed. * The clinical preceptor should plan to be present for Zoom site visits. | |
| Date | Activity |
| 1/5/22 | First day to start clinical hours |
| 1/10/22 | Case Conference Seminar (4-6pm) |
| 1/31/22 | Case Conference Seminar (4-6pm) |
| 2/14/22 | Case Conference Seminar (4-6pm) |
| 2/28/22 | Case Conference Seminar (4-6pm) |
| 3/4/22 | Last day to complete virtual Site Visit  DUE Midterm self-evaluation; Midterm Clinical Evaluation |
| 3/14/22 | Case Conference Seminar (4-6pm) |
| 3/25/22 | Virtual OSCE (please hold the entire day until schedule is released) |
| 3/28/22 | Case Conference Seminar (4-6pm) |
| 4/11/22 | Case Conference Seminar (4-6pm) |
| 4/20/22 | Last day to complete clinical hours  DUE: Final Clinical Evaluation; Site & Preceptor Evaluation |

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| Approved: | Academic Affairs Committee: | 01/08; 01/13 |
|  | Faculty: | 02/08; 01/13 |
|  | UF Curriculum: | 10/08; 03/13 |