UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

Spring 2022

COURSE NUMBER NUR 3168

COURSE TITLE Lead and Inspire 2: Research and Evidence-Based Nursing Practice

CREDITS 02

PREREQUISITE NUR 3106 Lead and Inspire 1: Professional Nursing Practice

COREQUISITE None

FACULTY **Staja “Star” Booker, PhD, RN**

Assistant Professor

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**Patrick Nobles, DNP, FNP-BC, CNL**

Clinical Assistant Professor

Office: HPNP 3216

Office Phone: (352) 273-6241

# Office Hours: Thursday 12-2pm (Zoom, Phone, or F2F by request)

Email: [patrick.nobles@ufl.edu](mailto:patrick.nobles@ufl.edu)

*\*Faculty are generally not available after 5:00pm (unless urgent), on the weekends, or during official university holidays. Please allow 48 business hours for a response to your inquiry. Canvas email is the best way to reach faculty.*

COURSE DESCRIPTION The purpose of this course is to provide a foundation for evidence-based nursing practice. The emphasis is on problem identification and assessing and analyzing evidence to support the delivery of personalized nursing care.

COURSE OBJECTIVES Upon completion of this course the student will be able to:

1. Compare and contrast evidence-based approaches to address nursing clinical problems.
2. Discuss the roles and responsibilities of the nurse related to generating and utilizing evidence.
3. Discuss informatics and technology solutions to support the generation of evidence to support personalized nursing care
4. Formulate clinically relevant questions using a systematic process.
5. Describe how nursing evidence can be generated through a systematic literature review.
6. Discuss change management strategies for implementing new evidence.
7. Discuss the relationships of nurse identity, policy engagement, and accountability to evidence based nursing practice.

COURSE SCHEDULE

Faculty Section Day/Time Room

Booker 35CC Friday/10:40am-12:35pm HPNP G312

Catarelli 35CB Friday/10:40am-12:35pm HPNP G307

Nobles 35CD Friday/10:40am-12:35pm HPNP G316

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Monday before the first day of classes.

TEACHING METHODS

Lecture/discussion

Team-based learning activities

Group assignments

Guest lectures

PlayPosit / Short Videos

LEARNING ACTIVITIES

Group presentations

Small group activities

Class participation/discussion

Application to Practice Activities

EVALUATION METHODS/COURSE GRADE CALCULATION

Team Presentation/EBP Worksheet 30%

Research Critique 25%

Class Participation 10%

Research Conference Summary 10%

PlayPosits 10%

EBP in Action: Clinical Unit Assignment 10%

Syllabus Quiz 3%

Midcourse Survey 2%

100%

\*All assignments (individual and group) will be evaluated by course instructors consistent with the grading rubric included with the written description of the assignment as distributed on the course Canvas site.

COURSE AVERAGE

Students must earn an average of 74% on all required course work (exams and assignments) to pass the course. No grades will be rounded including the exam scores and the final course grade.

GRADE ROUNDING

No grades will be rounded, including the final course grade.

CLASS ATTENDANCE AND MAKEUP POLICY

Collaborative learning is an essential component of this course. Therefore, attendance is expected at all scheduled class and laboratory sessions. Advanced notice of absence is expected. In general, acceptable reasons for absence from or failure to participate in class include illness, serious family emergencies, special curricular requirements (e.g., professional conferences **with advanced notice**), military obligation, severe weather conditions, religious holidays, and participation in official university activities. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) are excused. Makeup assignments for excused absences will be negotiated with the instructor. **If at all possible**, the course instructor must be notified in advance if an assignment is missed due to an extenuating circumstance. If no notice is given or without prior approval of an absence for a reason listed above, a grade of zero will be assigned. Late assignments will be not be accepted unless the instructor has been notified prior to the due date.

Requirements for class attendance and make-up assignments, and other work in this course are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

GRADING SCALE

A 95-100 (4.0) C 74-79\* (2.0)

A- 93-94 (3.67) C- 72-73 (1.67)

B+ 91- 92 (3.33) D+ 70-71 (1.33)

B 84-90 (3.0) D 64-69 (1.0)

B- 82-83 (2.67) D- 62-63 (0.67)

C+ 80-81 (2.33) E 61 or below (0.0)

\* 74 is the minimal passing grade

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

ACCOMMODATIONS DUE TO DISABILITY

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://disability.ufl.edu/> ) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

***As students in the health professions at UF Health, you are expected to promote safety and a culture of care and concern for each other and for patients. Across our academic health center’s missions of research, teaching and patient care, nursing students must lead by example and take individual responsibility for modeling healthy habits and behaviors to minimize the spread of COVID-19. Failure to comply with the established public health measures, both on and off campus, is considered a serious breach of professional conduct.***

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/> . Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>)

REQUIRED TEXTBOOKS

\*Schmidt, N., & Brown, J. (2022). *Evidence-based practice for nurses: Appraisal and application of research* (5th ed.).Jones & Barlett.

\*American Psychological Association. (2019). *Publication manual of the American Psychological Association* (7th ed.). American Psychological Association.

\*This book is available for purchase as a hard copy and/or an electronic copy through UF All Access for a discounted rate.

**WEEKLY CLASS SCHEDULE**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Class Dates | Week | Topic  ***For weekly readings, see Canvas.*** | Assignments Due  ***\*All assignments due on Thursdays at 11:59pm*** | Program Outcomes (PO)/  Course Outcomes (CO) |
| 1/7 | **1** | What is Evidence-Based Practice (EBP) Anyway? | * **Syllabus Quiz – 1/6** | 1, 3,9-10 / 1,2 |
| 1/14 | **2** | **Step 0:** Cultivate a Spirit of Inquiry | * **Submit Step 0 of EBP Worksheet – 1/20** | 1,7 / 2 |
| 1/21 | **3** | **Step 1:** Develop Searchable Clinical Questions | * **Submit Step 1 of EBP Worksheet – 1/27** | 3,9 / 4 |
| 1/28  ***ONLINE***  ***Synchronous*** | **4** | **Step 2:** Search the Literature for Best Evidence | * **Submit Step 2 of EBP Worksheet – 2/3** * **Guest Speaker: Margaret Ansell, CON Librarian** | 4,5 / 5 |
| 2/4 | **5** | **Step 3:** Critically Appraise the Evidence, Pt. 1: *Identifying a Research Study and Basic Statistics for Research Appraisal* |  | 1,4 / 1,5 |
| 2/11 | **6** | **Step 3:** Critically Appraise the Evidence, Pt. 2: *Quantitative, Qualitative, and Mixed Methods Studies* | * **Research Critique – 2/17** * **Submit Step 3 of EBP Worksheet – 2/17** | 1,4 / 1,5 |
| 2/18  ***ONLINE***  ***Asynchronous*** | **7** | **Step 3:** Critically Appraise the Evidence, Pt. 3: *Clinical Practice Guidelines*  *Dorothy M. Smith Leadership Conference is optional, but highly encouraged – 2/18* | * **Mid-course survey- 2/24** * **Submit Clinical Practice Guideline Example- 2/24** | 1,4 / 1,5 |
| 2/25 | **8** | **Step 4:** Integrate Evidence with Patient Preferences and Clinical Judgment for Practice Change, Pt. 1: *EBP Models and Implementation* | * **Submit Step 4 *and* 5 of EBP Worksheet – 3/3** | 3,5,9,11 / 2-3,6 |
| 3/4 | **9** | **Step 4:** Integrate Evidence with Patient Preferences and Clinical Judgment for Practice Change, Pt. 2: *The Change Process and Innovation* | * **Innovation Studio in Class** | 3,5,9,11 / 2-3,6 |
| 3/11 | **10** |  | **SPRING BREAK** |  |
| 3/18 | **11** | **Step 5:** Evaluate Outcomes and Quality and Performance Improvement | * **Submit EBP in Action: Clinical Unit Assignment – 3/24** | 2,4-8,11 / 3,6 |
| 3/25  ONLINE  ***Asynchronous*** | **12** | **Step 6:** Disseminate Evidence, Pt. 1: *Dissemination Strategies* | * **Submit Step 6 of EBP Worksheet – 3/31** | 8,10 / 5,7 |
| 4/1 | **13** | **Step 6:** Disseminate Evidence, Pt 2: *Translating Evidence into Health Policy* |  | 6,8 / 7 |
| 4/8  ***Asynchronous*** | **14** | **Steps 0-6:** Putting It All Together | * **Attend UF CON Research Summit for class – 4/8** * **Research Conference Summary – due by 4/14** *(can be turned in prior, but needs to be completed by 4/14)* | 4, 7, 10 |
| 4/15 | **15** | EBP Application: NUR3168 Research Summit | * **Final EBP Worksheet / Team Presentation / Peer Evaluation - 4/15** | 4-9 / 1-7 |
| 4/22 | **16** | **READING DAYS- NO CLASS** | | |

Program Outcomes:

1. Apply critical thinking to synthesize knowledge grounded in liberal education and nursing, in the practice of professional nursing in the global community.
2. Collaborate with the healthcare team and clients to provide safe and cost effective high quality health care.
3. Integrate evidence-based findings in decision-making in the practice of professional nursing.
4. Appraise current evidence to evaluate health care safety and quality improvement initiatives for individuals and groups.
5. Analyze information from health care technology systems to apply evidence that will guide nursing practice.
6. Utilize knowledge of health care regulation to advocate for policy change to improve health care systems and professional nursing practice.
7. Illustrate the importance of advocacy in the improvements in nursing practice and throughout the healthcare system.
8. Demonstrate professional communication, collaboration and documentation with healthcare teams to support improvement in patient health outcomes.
9. Utilize health promotion, health maintenance, and disease prevention strategies across settings to improve the health of diverse individuals and populations across the lifespan.
10. Demonstrate professional competence and values reflective of professional nursing standards and mutual respect within a global society.

11. Build therapeutic alliance with patients and families to provide personalized care.

Approved: Academic Affairs Committee: 02/18

General Faculty: 02/18

UF Curriculum Committee: 03/19