UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE SYLLABUS

FALL 2022

COURSE NUMBER: NGR 6503L

COURSE TITLE: Psychiatric-Mental Health Nurse Practitioner: Individual Psychotherapy Clinical

CREDITS: 03

PLACEMENT: DNP Program: Psychiatric-Mental Health Nurse Practitioner Track

# CO-REQUISITES: NGR 6560C Advanced Psychiatric Assessment and Diagnostics

 NGR 6503 Psychiatric-Mental Health Nurse Practitioner: Individual Psychotherapy

# FACULTY:

# Michaela K. Hogan, DNP, APRN, PMHNP-BC

Clinical Assistant Professor

Family, Community, and Health System Science

Office: HPNP 2225

Cell: (352) 514-9281

Office Hours\*: Monday 2-4pm

Email: mhogan@ufl.edu

James Poole, DNP, APRN, PMHNP-BC

Clinical Assistant Professor

Office: HPNP 3214

Phone: (352) 214 – 0215 (c)

Office Hours\*: Tuesday 10am – 12pm

Email: j.poole4@ufl.edu

\* Faculty are generally available to meet with students (in the office or virtually) as listed above. Due to professional travel and other unavoidable obligations, faculty may not be present every week without notice. It advisable that students confirm availability or make an appointment in advance.

COURSE DESCRIPTION This course provides supervised clinical experiences in the

assessment, diagnosis, treatment, and evaluation of clients across the lifespan who are

experiencing acute and/or chronic psychiatric disorders. Emphasis is placed on evidenced-based

practice and the utilization of theoretical and conceptual models for assessing, planning, and

treating major psychiatric disorders. Moreover, emphasis focuses on the promotion,

maintenance, and restoration of wellness to individual clients of all ages. Holistic therapeutic

approaches are utilized to enhance the functioning of diverse individuals across the lifespan.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Develop a professional role as an advanced practice psychiatric-mental health nurse, including the integration of self-knowledge.
2. Utilize selected theories to promote therapeutic alliance with clients receiving mental health care across the lifespan.
3. Implement individual therapy with selected clients across the lifespan experiencing psychiatric problems.
4. Apply age-appropriate health promotion and disease prevention guidelines based on individual patient variances.
5. Collaborate with clients and health care providers to provide holistic nursing care to individuals fromdiverse populations.
6. Establish treatment plans based on research and evidence-based practice related to mental health.
7. Apply knowledge of political, legal, economic, social, cultural, and technological factors in delivering mental health services to clients across the lifespan.
8. Evaluate and incorporate ethical and legal decisions, as well as the consequences of these decisions, in the development of an advanced practice role.

CLINICAL SCHEDULE

Faculty Section Day/Time

Hogan 2E13 Clinical-To be arranged with preceptor and faculty member.

Poole 0706 Clinical-To be arranged with preceptor and faculty member.

E-Learning in Canvas is the course management system that you will use for this course.

ELearning in Canvas is accessed by using your Gatorlink account name and password at

<http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning

login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or

send email to helpdesk@ufl.edu.

It is important that you regularly check your Gatorlink account email for College and

Universitywide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

# TEACHING METHOD

Supervision with observation; precepted clinical practice activities with faculty and

preceptor evaluation; guided online, synchronous clinical seminar

LEARNING ACTIVITIES

Seminar: Students are assigned presentation dates for synchronous seminar events. Seminar is

a mandatory element of the overall learning experience. Successful course completion requires

seminar attendance and participation. Students should document seminar hoursin Exxat; these

hours will apply to the indirect clinical hours. Seminar information including rubrics to the

assignment is posted on Canvas web.

Supervised clinical practice: In DNP clinical courses, students prepare to transition to the

advanced practice nurse (APN) role and achieve APN clinical competencies. Clinical practice

under the supervision of an approved preceptor should include:

* Taking comprehensive psychiatric histories and conducting mental status exams; constructing differential diagnoses and provisional diagnosis; developing treatment plans and case formulations congruent with evidence-based practice; providing brief individual therapies; presenting cases in written and verbal forms to peer groups and interdisciplinary team; writing and dictating activities in an electronic health record; analyzing scholarly works to support diagnostic approaches and treatment plan.

Objective Standardized Clinical Evaluation (OSCE): Students will demonstrate clinical skills

while interviewing a standardized patient. OSCEs will by completed in weeks 10-12 to evaluate

clinical competencies. Students are required to submit a clinical write up (SOAP note) based on

this evaluation activity. OSCE information, including rubric, is posted on Canvas.

ATTENDANCE

Clinical hours must be completed within the semester timeframe. Students submit a written

calendar of planned clinical practice dates and times prior to beginning the clinical rotation.

Changes to the calendar (dates and times) must be submitted in writing to the course faculty

before the change is planned to occur. Clinical hours accrued without prior knowledge of the

faculty will not be counted toward the total number of clinical hours required for the course.

Students must notify preceptor and clinical faculty of any missed clinical days due to illness. For

additional details, please see [Student Handbook](https://nursing.ufl.edu/wordpress/files/2019/08/2019-Student-Handbook.pdf) (Clinical Courses for DNP Students)

CLINICAL EVALUATION

**Minimum Required Clinical Practice Hours: 144 hours**

Clinical experience is evaluated through faculty observation, verbal communication with the

student, written work, and agency staff reports using a College of Nursing Clinical Evaluation

Form. Faculty reserve the right to alter clinical experiences, including removal from client care

areas, of any student to maintain patient safety and to provide instructional experiences to

support student learning.

Evaluation is based on achievement of course and program objectives using a College of Nursing

Clinical Evaluation Form. All areas are to be rated. A rating of Satisfactory represents

satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance.

The student must achieve a rating of Satisfactory in each area by completion of the semester in

order to achieve a passing grade for the course. A rating of less than satisfactory in any of the

areas at semester end will constitute an Unsatisfactory course grade.

The faculty member will hold evaluation conferences with the student and clinical preceptor at

each site visit. The faculty member will document or summarize each conference on the Clinical

Evaluation Form or Incidental Advisement Record. This summary will be signed by the faculty

member and students. Mid-rotation evaluation of conferences will be made available to each

student. Final evaluation conferences with the faculty member are mandatory and will be held

during the last week of each clinical rotation. A student may request additional conferences at

any time by contacting the clinical faculty member.

Mandatory Documentation of Clinical Hours and Experiences

Students are required to use Exxat software associated with the UF account to schedule all

clinical days and to record patient logs. The faculty will also use Exxat or otherwise

communicate with the student to schedule the site visit. Students are required to submit a written

calendar of planned clinical practice dates and times in Exxat prior to beginning the clinical

rotation. Any changes to the calendar (dates and times) must be submitted in writing to the

course faculty member before the change is planned to occur. Clinical hours accrued without

prior knowledge of the faculty member will not be counted toward the total number of clinical

hours required for the course. Students must notify preceptor and clinical faculty member of any

missed clinical days due to illness.

Students also assess their learning experience using the Clinical Site Assessment Form. The

Clinical Site Assessment Form is submitted in Exxat. At the middle of the clinical experience the

student completes a self-evaluation. The faculty member completes a student evaluation using

the College of Nursing Clinical Evaluation Form.

Exxat clinical log information must be updated weekly. The student has a 7-day window to post

each clinical contact. You are required to complete ALL of the data for each case in Exxat.

For technical problems, you may reach out to the Exxat support team at support@exxat.com

MAKE UP POLICY

Students will notify faculty in advance for any anticipated absences, missed assignments due to

excused absences, or missed clinical hours. Students will develop arrangements with the faculty

 or and clinical preceptor as required to make up missed written or clinical assignments, as well

as clinical hours.

GRADING SCALE

Clinical component

S Satisfactory = Meets course objectives

 U Unsatisfactory = Does not meet course objectives

**Satisfactory completion of this course requires completion of**

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| --- | --- |
| **Submission of 6 Psychiatric SOAP notes** | **S/U** |
| **Participation in Scheduled Seminars** | **S/U** |
| **OSCE (via zoom)** | **S/U** |
| Submission and completion of clinical hours  | S/U |
| Completion of patient logs  | S/U |
| Self evaluation  | S/U |
| Final site evaluation | S/U |
| Preceptor evaluation | S/U |

**Submission of midterm and final evaluation forms and confirmation that preceptor has**

**also completed midterm/final evaluations for and approved timesheet and patient logs**

**submitted.**

For more information on grades and grading policies, please refer to University’s grading

policies: <https://catalog.ufl.edu/graduate/regulations/>

COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of

instruction in this course by completing course evaluations online via GatorEvals. Guidance on

how to give feedback in a professional and respectful manner is available at

<https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period

opens, and can complete evaluations through the email they receive from GatorEvals, in their

Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course

evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

ACCOMMODATIONS DUE TO DISABILITY

Students with disabilities requesting accommodations should first register with the Disability

Resource Center (352-392-8565, <https://disability.ufl.edu/> ) by providing appropriate

documentation. Once registered, students will receive an accommodation letter which must be

presented to the instructor when requesting accommodation. Students with disabilities should

follow this procedure as early as possible in the semester.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with

patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These

and other qualities will be evaluated during patient contacts and in other relevant settings by both

faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to

become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate

care; refusal by, or inability of, the student to participate constructively in learning or patient

care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff;

misuse of written or electronic patient records (e.g., accession of patient information without

valid reason); substance abuse; failure to disclose pertinent information on a criminal

background check; or other unprofessional conduct can be grounds for disciplinary measures

including dismissal.

INCLUSIVE LEARNING ENVIRONMENT

We strive to provide an inclusive learning environment as we prepare graduates who care, lead,

and inspire. As we share our nursing values and personal beliefs inside or outside of the

classroom, it is always with the understanding that we value and respect diversity of background,

experience, and opinion, where every individual feels they belong to the College of Nursing

community.

<https://nursing.ufl.edu/wordpress/files/2022/08/BSN_DNP-Handbook-Jul-28-2022.pdf>

CIVILITY STATEMENT

Civility among all individuals in the CON (faculty, staff and students) is vital for an inclusive

environment that fosters personal reflection, growth and a collective harmony.

<https://nursing.ufl.edu/wordpress/files/2022/08/BSN_DNP-Handbook-Jul-28-2022.pdf>

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students

should be sure that they understand the UF Student Honor Code at

<https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/> . Students are required

to provide their own privacy screen for all examination’s administered to student laptops. No

wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies

(<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>)

REQUIRED TEXTBOOKS

American Nurses Association, American Psychiatric Nurses Association, & International
Psychiatric Nurses (2022). Scope and standards of psychiatric-mental health nursing practice (3rd ed.). Washington, DC: ANA.

American Psychiatric Association. (2022). Diagnostic and statistical manual of mental disorders, Fifth Edition, Text Revision (DSM-5-TR). Washington, DC: Author. Free online access available here:
https://dsm.psychiatryonline.org/doi/book/10.1176/appi.books.9780890425787

American Psychological Association. (2020). Publication manual of the American Psychological
Association (7th ed.). Washington, DC: Author.

Dewan, M. J., Steenbarger, B. N., & Greenberg, R. P. (Eds.). (2018). The art and science of brief
psychotherapies: a practitioner's guide. American Psychiatric Pub.

Sadock, B. J., Ruiz, P., & Sadock, V. A. (2021). Kaplan & Sadock’s synopsis of psychiatry: Behavioral sciences, clinical psychiatry (12th ed.). Philadelphia: Wolters Kluwer.

Wheeler, K., PhD, P. B., & APRN, F. (2022). Psychotherapy for the advanced practice psychiatric nurse (3rd ed.). St. Louis, MO: Mosby.

REQUIRED ELECTRONIC RESOURCES

Dulcan, M. K. (Ed.). (2022). Dulcan's textbook of child and adolescent psychiatry (3rd ed.). American Psychiatric Pub. Free online access available here: <https://doi.org/10.1176/appi.books.9781615374809>

Thakur, M. E. (Ed.). (2015). The American psychiatric publishing textbook of geriatric psychiatry (5th ed.). American Psychiatric Pub. Free online access available here:
<https://doi.org/10.1176/appi.books.9781615370054>

RECOMMENDED TEXTS

Beck, J. S. (2019). Cognitive behavior therapy: Basics and beyond (3rd ed.). New York, NY, US: Guilford Press.

Stuart, S., & Robertson, M. (2012). Interpersonal psychotherapy 2E a clinician's guide (2nd ed.). CRC Press.

Miller, W. R., & Rollnick, S. (2012). Motivational interviewing: Helping people change (3rd ed.). Guilford press

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| **Fall 2022 NGR 6503L****Course Calendar**  |
| Online Clinical Documentation and Site Visits:* All clinical hours, patient logs, and evaluations will be completed via Exxat.
* Each student is responsible for entering clinical dates and hours into Exxat. Those clinical dates/hours must be sent to their clinical site preceptor for approval.
* All clinical hours will be verified/logged by clinical site preceptor via Exxat.
* Students are responsible for a minimum of 1 patient log per clinical hour for each clinical date.
* Site visits via Zoom will be completed by faculty at least once per semester/as needed.
* The clinical preceptor should plan to be present for Zoom site visits.
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| Dat 8/31/22 | ActiviGroup Orientation  |
| 9/11/2022 | SOAP Note 1 Due |
| 9/14/2022 | Supervision 1 |
| 9/25/22 | SOAP Note 2 Due |
| 9/28/22 | Supervision 2 |
| 10/9 10/9/22 | SOAP Note 3 Due |
| 10/12/22 | Supervision 3 |
| 10/23/22 | SOAP Note 4 Due |
| 10/26/22 | Supervision 4 |
| 11/4/2022 | OSCE |
| 11/6/22 | SOAP Note 5 Due |
| 11/9/22 | Supervision 5 |
| 11/27/22 | SOAP Note 6 Due |
| 11/30/22 | Supervision 6 |

Approved: Academic Affairs Committee: 01/08; 01/13

 Faculty: 02/08; 01/13

 UF Curriculum: 10/08; 03/13