# UNIVERSITY OF FLORIDA COLLEGE OF NURSING COURSE OUTLINE

Spring 2023

# COURSE NUMBER NGR 6509L

COURSE TITLE Psychiatric-Mental Health Nurse Practitioner: Family and

Individual Psychotherapy Clinical

# CREDITS 03

PLACEMENT DNP Program: Psychiatric-Mental Health Nurse Practitioner Track

PREREQUISITE NGR 6503L Psychiatric-Mental Health Nurse Practitioner:

Individual Psychotherapy Clinical

COREQUISITE NGR 6509 Psychiatric-Mental Health Nurse

Practitioner: Family Psychotherapy

FACULTY

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\*Faculty are generally available to meet with students (in the office or virtually) as listed above. Due to professional travel and other unavoidable obligations, faculty may not be present every week without notice. It advisable that students confirm availability or make an appointment in advance.

COURSE DESCRIPTION This course provides the student with the advanced clinical skills to use family psychotherapy to intervene with clients experiencing dysfunctional family patterns. Emphasis is on application of selected theoretical and conceptual models for assessing, planning, treating, and evaluating families with dysfunctional patterns and restoring mental health. In addition, this course continues to develop advanced clinical skills to intervene with

clients across the lifespan experiencing acute and chronic psychiatric disorders and mental health issues in a variety of settings. The impact of political, legal, economic, social, cultural, and technological factors on families.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Integrate the role of the advanced practice nurse into clinical practice with families and individuals.
2. Utilize theoretical and conceptual models as a basis for advanced nursing practice with families and individuals.
3. Implement family psychotherapy to treat clients with dysfunctional family patterns and to promote, maintain, and restore family system functioning.
4. Implement individual psychotherapy to treat clients across the lifespan with acute and chronic mental disorders/illnesses and to promote, maintain, and restore mental health.
5. Evaluate effectiveness of treatment plans for individuals and families.
6. Collaborate with clients and other health care providers to provide holistic care to families and individuals.
7. Incorporate current research related to family and individual psychotherapy to support treatment planning.
8. Use self-awareness of emotional and behavioral responses from one’s own family system to enhance the therapeutic process.

# CLINICAL SCHEDULE

To be arranged with preceptor and faculty member. All clinical logs and clinical site information will be entered via the EXXAT program.

E-Learning in Canvas is the course management system that you will use for this course. E- Learning in Canvas is accessed by using your Gatorlink account name and password at [http://elearning.ufl.edu/.](http://elearning.ufl.edu/) There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to helpdesk@ufl.edu.

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications. Course websites are generally made available on the Friday before the first day of classes.

# TEACHING METHODS

Seminar, supervised clinical practice, individual and family supervision, written assignments, audiovisual materials, and selected readings.

LEARNING ACTIVITIES

Clinical practice, readings, case studies & presentations, SOAP notes, and OSCE

**Seminar:** Students are assigned presentation dates for synchronous seminar events. Seminar is

a mandatory element of the overall learning experience. Successful course completion requires

seminar attendance and participation. Students should document seminar hours in Exxat; these

hours will apply to the indirect clinical hours. Seminar information including rubrics for the

assignment are posted on Canvas.

**Supervised clinical practice:** In DNP clinical courses, students prepare to transition to the advanced practice nurse (APN) role and achieve APN clinical competencies. Clinical practice

under the supervision of an approved preceptor should include:

Taking comprehensive psychiatric histories and conducting mental status exams;

constructing differential diagnoses and provisional diagnosis; developing treatment plans and case formulations congruent with evidence-based practice; providing brief individual & family therapies; presenting cases in written and verbal forms to peer groups and interdisciplinary team; writing and dictating activities in an electronic health record; analyzing scholarly works to support diagnostic approaches and treatment plan.

**EXXAT Documentation:** Students document clinical hours and patient logs in EXXAT which provides a method for faculty to monitor clinical learning activities. This documentation serves to verify eligibility for licensure exam upon graduation.

**SOAP Notes:** Students demonstrate clinical competencies through these written assignments. Rubric is available on Canvas.

**Objective Standardized Clinical Evaluation (OSCE):** Students will demonstrate clinical skills

while interviewing a standardized patient. OSCEs will by completed to evaluate clinical competencies. Students are required to submit a clinical write up (SOAP note) based on

this evaluation activity. OSCE information, including rubric, is posted on Canvas.

# CLINICAL EVALUATION

Minimum Required Clinical Practice Hours: 144 hours

Clinical experience will be evaluated through faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

The faculty member will hold evaluation conferences with the student and clinical preceptor at each site visit. The faculty member will document or summarize each conference on the Clinical Evaluation Form or Incidental Advisement Record. This summary will be signed by the faculty member and students. Mid-rotation evaluation of conferences will be made available to each student. Final evaluation conferences with the faculty member are mandatory and will be held during the last week of each clinical rotation. A student may request additional conferences at any time by contacting the clinical faculty member.

Mandatory Documentation of Clinical Hours and Experiences

Students are required to use Exxat software associated with the UF account to schedule all clinical days and to record patient logs. As a guide, **a minimum of one patient log should be entered for each clinical hour with the goal of entering 2-3 logs per clinical hour.** The faculty will also use Exxat or otherwise communicate with the student to schedule the site visit. **Students are required to submit a written calendar of planned clinical practice dates and times in Exxat prior to beginning the clinical rotation. Any changes to the calendar (dates and times) must be submitted in writing to the course faculty member before the change is planned to occur. Clinical hours accrued without prior knowledge of the faculty member will not be counted toward the total number of clinical hours required for the course.**

**Students must notify preceptor and clinical faculty member of any missed clinical days due to illness.**

Students also assess their learning experience using the Clinical Site Assessment Form. The Clinical Site Assessment Form is submitted in Exxat. At the middle of the clinical experience the student completes a self-evaluation. The faculty member completes a student evaluation using the College of Nursing Clinical Evaluation Form.

Exxat clinical log information must be updated weekly. The student has a 7-day window to post each clinical contact. You are required to complete ALL of the data for each case in Exxat.

For technical problems, you may reach out to the Exxat support team at support@exxat.com CLASS ATTENDANCE AND MAKE UP POLICY

Students are responsible for meeting all academic objectives as defined by the instructor.

Absences count from the first class meeting. In general, acceptable reasons for absences from class include illness, serious family emergencies, special curricular requirements, military obligation, severe weather conditions, religious holidays, and participation in official University activities. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) must be excused. Other reasons also may be approved.

Students may not attend classes unless they are registered officially or approved to audit with evidence of having paid audit fees. After the end of drop/add, the Office of the University Registrar provides official class rolls/addenda to instructors. Students who do not attend at least one of the first 2 class meetings of a course or laboratory in which they are registered and who have not contacted the academic unit to indicate their intent may be dropped from the

course. **Students must not assume that they will automatically be dropped if they fail to attend the first few days of class.** The academic unit will notify students dropped from courses or laboratories by posting a notice in the academic unit office. Students may request reinstatement on a space-available basis if documented evidence is presented. The University recognizes the right of the individual professor to make attendance mandatory. After due warning, professors may prohibit further attendance and then assign a failing grade for excessive absences. Students who have registration changes, at any time during the semester, should verify their registrations before the last day of class of the term. Retroactive drop/add or other registration changes will not be permitted.

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at: <https://catalog.ufl.edu/graduate/regulations/#text>

# GRADING SCALE

Clinical component:

S Satisfactory = Meets course objectives

U Unsatisfactory = Does not meet course objectives

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| Seminar  | S/U |
| SOAP Notes  | S/U |
| Patient Logs (1 log/clinical hour)  | S/U |
| Clinical Hours (144 hrs entered & approved)  | S/U |
| Site Visit | S/U |
| Mid-term Self-Evaluation  | S/U |
| Mid-term & Final Preceptor Evaluations | S/U |
| Site Evaluation | S/U |
| OSCE | S/U |

For more information on grades and grading policies, please refer to University’s grading policies: [https://catalog.ufl.edu/graduate/regulations/.](https://catalog.ufl.edu/graduate/regulations/)

COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

ACCOMMODATIONS DUE TO DISABILITY

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://disability.ufl.edu/> ) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate

care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

INCLUSIVE LEARNING ENVIRONMENT

We strive to provide an inclusive learning environment as we prepare graduates who care, lead, and inspire. As we share our nursing values and personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels they belong to the College of Nursing community. <https://nursing.ufl.edu/wordpress/files/2022/08/BSN_DNP-Handbook-Jul-28-2022.pdf>

CIVILITY STATEMENT

Civility among all individuals in the CON (faculty, staff and students) is vital for an inclusive environment that fosters personal reflection, growth and a collective harmony. <https://nursing.ufl.edu/wordpress/files/2022/08/BSN_DNP-Handbook-Jul-28-2022.pdf>

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/>. Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>)

# REQUIRED TEXTBOOKS

Titelman, P. (1998). *Clinical applications of Bowen family systems theory*. New York: Hawthorne Press.

McGoldrick, M., Gerson, R., & Petry, S (2020*). Genograms: Assessment and interventions. (4rd ed.).* New York: Norton.

Titeleman, P. (2015*). Differentiation of self: Bowen Family Systems Theory Perspective (ed.)*.

New York: Routledge, Taylor and Francis Group.

Stahl, S. M. (2020). *Prescriber's guide: Stahl's essential psychopharmacology*. Cambridge University Press.

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders (DSM-5®)*. American Psychiatric Pub.

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| **Spring 2023 NGR 6509L****Course Calendar Assignments are due Sunday of respective week at 11:59pm** |
| Online Clinical Documentation and Site Visits:* All clinical hours, patient logs, and evaluations will be completed via Exxat.
* Each student is responsible for entering clinical dates and hours into Exxat. Those clinical dates/hours must be sent to their clinical site preceptor for approval.
* All clinical hours will be verified/logged by clinical site preceptor via Exxat.
* Students are responsible for a minimum of 1 patient log per clinical hour for each clinical date.
* Site visits via Zoom will be completed by faculty at least once per semester/as needed.
* The clinical preceptor should plan to be present for Zoom site visits.
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| Date | Activity  |
| 1/9/23 | Orientation Seminar – meet new faculty & review how to best succeed in the course |
| 1/23/23 | SOAP Note due 1/22 & Seminar 1/23 (4-6pm) |
| 2/6/23 | SOAP Note due 2/5 & Seminar 2/6 (4-6pm) |
| 2/20/23 | SOAP Note due 2/19 & Seminar 2/20 (4-6pm) |
| 3/6/23 | SOAP Note due 3/5 & Seminar 3/6 (4-6pm) |
| 3/20/23 | SOAP Note due 3/19 & Seminar 3/20 (4-6pm) |
| 3/24/23 | OSCE – please hold the whole day until schedule is released |
| 4/3/23 | SOAP Note due 4/2 & Seminar 4/3 (4-6pm) |
| 4/17/23 | SOAP Note due 4/16 & Seminar 4/17 (4-6pm) |

The purposes of the curriculum leading to the degree Doctor of Nursing Practice are to:

1. Prepare the student to acquire advanced competencies in increasingly complex practice and emerging leadership roles.
2. Provide the student with a significant and comprehensive knowledge base that supports scientific skepticism and the incorporation of new knowledge in advanced nursing practice.
3. Provide the student with enhanced knowledge for the acquisition of leadership skills used to improve nursing practice and patient outcomes.

Upon completion of the doctoral program, the graduate will be able to:

1. Evaluate scientific bases from extant and emerging areas of knowledge for advanced nursing practice.
2. Evaluate decision support systems to solve clinical problems for individuals, aggregates and systems.
3. Develop advanced leadership and collaborative skills to mobilize interdisciplinary teams to solve highly complex clinical problems.
4. Develop expertise to formulate health policy and provide leadership in establishing clinical excellence and creating new models of cost- effective health care delivery.
5. Critically assess, plan, intervene and evaluate the health experiences of individuals, aggregates and systems to provide safe, evidence- based care.
6. Synthesize knowledge of cultural diversity and global perspectives in delivering health care and in critiquing nursing systems.

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| Approved: | Academic Affairs Committee: | 01/08; 01/13 |
|  | Faculty: | 02/08; 01/13 |
|  | UF Curriculum: | 10/08; 03/13 |