UNIVERSITY OF FLORIDA

COLLEGE OF NURSING

COURSE OUTLINE

SUMMER 2023

COURSE NUMBER NGR 6508L

COURSE TITLE Psychiatric-Mental Health Nurse Practitioner: Group and Individual Psychotherapy Clinical

CREDITS 03

PLACEMENT DNP Program: Psychiatric‑Mental Health Nurse Practitioner Track

# PREREQUISITE NGR 6509L Psychiatric-Mental Health Nurse Practitioner: Family and Individual Psychotherapy Clinical

COREQUISITE NGR 6508 Psychiatric-Mental Health Nurse Practitioner: Group Psychotherapy

# FACULTY James Poole, DNP APRN PMHNP-BC

Clinical Assistant Professor

Office: HPNP 3214

Office Phone: (352) 294 - 8927

Office Hours: Tuesday 2pm - 4pm or by appointment

Email: [j.poole4@ufl.edu](mailto:j.poole4@ufl.edu)

Dawn Shepard, DNP, APRN, PMHNP-BC, FNP-C, CCMC

Clinical Assistant Professor

Office: HPNP 3232

Office Phone: (352) 273 - 6396

Office Hours: Tuesday 1-3pm or by appointment

Email: [dawn.shepard@ufl.edu](mailto:dawn.shepard@ufl.edu)

COURSE DESCRIPTION This course provides the student with the advanced clinical skills to use group therapy to intervene with adolescent and adult clients experiencing dysfunctional interpersonal patterns. Emphasis is on utilization of theoretical and conceptual models for assessing, planning, treating and evaluating dysfunctional patterns in groups, including promotion, maintenance, and restoration of mental health in age-appropriate groups. In addition, this course continues to assist students to develop clinical skills to intervene with adolescent and adult clients experiencing acute and chronic psychiatric disorders and mental health issues.

COURSE OBJECTIVES Upon completion of this course, the student will be able to:

1. Integrate the role of the advanced practice nurse into clinical practice with groups and individuals.
2. Utilize theoretical and conceptual models as a basis for advanced nursing practice with individuals and groups.
3. Implement group therapy to treat dysfunctional interpersonal patterns and to promote, maintain, and restore mental health with selected clients using age-appropriate methods.
4. Evaluate the effectiveness of group and individual therapy based on client outcomes.
5. Utilize current research in group psychotherapy with adolescents and adults toidentify researchable problems in group work.
6. Use self-awareness of emotional and behavioral responses to others to enhance the group process.
7. Apply principles of leadership in collaboration with other health care providers to conduct group psychotherapy.

CLINICAL SCHEDULE

Faculty Section

Poole 7E73

Shepard 7E72

Clinical schedule will be arranged by student and preceptor with faculty member oversight. All clinical logs and clinical site information will be entered via the EXXAT program. (see Mandatory Documentation of Clinical Hours and Experiences).

E-Learning in Canvas is the course management system that you will use for this course. E-Learning in Canvas is accessed by using your Gatorlink account name and password at <http://elearning.ufl.edu/>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications. Course websites are generally made available on the Friday before the first day of classes.

# TEACHING METHODS

Synchronous seminar, supervised clinical practice, individual case supervision and written assignments, and selected readings.

LEARNING ACTIVITES

* Supervised clinical practice with preceptor
* Biweekly synchronous facility supervision virtually on Mondays from 4pm – 6pm
  + Students assigned to present should email their case to faculty no later than 11:59pm the Friday before supervision
* Assigned seminar case presentations
* Six written encounter notes
* IPLH participation and satisfactory requirement
* One AIMS exam video

Objective Structure Clinical Examination (OSCE)

As part of the requirements for the course, each student must complete an OSCE to evaluate clinical skills with a standardized patient. As these assignments require services of professional patients, they will only be offered once and cannot be rescheduled.

Please reserve July 21, 2023 for completing your OSCE. Details will be provided closer to the date of exam.

# CLINICAL EVALUATION

Minimum Required Clinical Practice Hours: 144 hours

Clinical experience will be evaluated through faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Midterm and Final Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation Form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course. A rating of less than satisfactory in any of the areas at semester end will constitute an Unsatisfactory course grade.

Faculty with hold a conference with the student to review the student’s Midterm Self-Evaluation. Faculty with also meet with the student and preceptor for a site visit at least once during the semester to evaluate progression in the course and suitability of learning experiences. Additional faculty conferences are available upon request and may be required at faculty discretion. Course faculty will complete a Final Clinical Evaluation Form based on Midterm conference, site visit, student’s participation in supervision seminar, and feedback on the preceptor’s Midterm and Final Clinical evaluations.

Mandatory Documentation of Clinical Hours and Experiences

Students are required to use Exxat software associated with the UF account to schedule all clinical days and to record patient logs. Students should enter at least one patient log for each clinical hour recorded in EXXAT. The faculty will also use Exxat or otherwise communicate with the student to schedule the site visit. Students are required to submit a written calendar of planned clinical practice dates and times in Exxat prior to beginning the clinical rotation. Any changes to the calendar (dates and times) must be submitted in writing to the course faculty member before the change is planned to occur. Clinical hours accrued without prior knowledge of the faculty member will not be counted toward the total number of clinical hours required for the course. Students must notify preceptor and clinical faculty member of any missed clinical days due to illness.

Students should document all clinical patient encounters and experiences (including procedures).

Expectations for patient encounters are a minimum of 5 encounters per 8-hour clinical day but

students should aim for at least 1 patient encounter/hour. For example, a student completing 144

clinical hours over 18 clinical days in NGR 6508L should document a minimum of 144 clinical

hours and 90 clinical encounters in Exxat. Documentation will be assessed at midterm and final

clinical evaluation. Complete documentation in Exxat is required for successful course

completion.

also assess their learning experience using the Clinical Site Assessment Form. The Clinical Site Assessment Form is submitted in Exxat. At the middle of the clinical experience the student completes a self-evaluation. The faculty member completes a student evaluation using the College of Nursing Clinical Evaluation Form.

Exxat clinical log information must be updated weekly. The student has a 7-day window to post each clinical contact. You are required to complete ALL of the data for each case in Exxat.

For technical problems, you may reach out to the Exxat support team at support@exxat.com

MAKE UP POLICY

Students will provide a planned clinical schedule as noted above. Students will notify faculty (and preceptor) in advance of any anticipated absences, missed assignments due to excused absences, or missed clinical hours. Students will develop arrangements with the faculty or clinical preceptor as required to make up missed written or clinical assignments, as well as clinical hours.

Seminars are a requirement for the course; however, emergencies do occur. Students will notify faculty, when reasonably possible, of an upcoming absence.

Missed seminar due to personal or family illness, or similar emergency circumstance, will require documentation (doctor's note, summary showing only date of visit, etc.).

More than one seminar absence, excused or unexcused, will significantly jeopardize progression in the course. More than two absences will result in unsatisfactory completion of the course.

GRADING SCALE

Clinical component:

S Satisfactory = Meets course objectives

U Unsatisfactory = Does not meet course objectives

For more information on grades and grading policies, please refer to University’s grading policies: <https://catalog.ufl.edu/graduate/regulations/>

Satisfactory Score on all the required components:

1. One hundred forty-four (144) minimum direct clinical hours
2. Minimum of ninety (90) patient logs
3. Participation in six online, synchronous seminars
4. Six Encounter notes
5. Participation in one (1) online telehealth OSCE
6. Completed EXXAT clinical documentation
   1. Documentation of minimum one hundred forty-four (144) clinical hours timesheet, approved by the preceptor
   2. Documentation of 1-2 clinical patient logs/encounters per clinical hour (min. 90)
   3. Submission of clinical evaluation forms (from student, preceptor, and faculty)
      1. Midterm Student Self-Reflection
      2. Midterm Preceptor Evaluation
      3. Clinical Site Student Evaluation
      4. Final Preceptor Evaluation
      5. Final Clinical Faculty Evaluation
7. IPLH participation and satisfactory requirement

Interprofessional Learning in Healthcare (IPLH)

* Mandatory participation required with satisfactory outcome
* This is a separate canvas course with modules for you to complete. Please refer to your Canvas site for more details/assignments.
* Canvas link:

COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

ACCOMMODATIONS DUE TO DISABILITY

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://disability.ufl.edu/> ) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

PROFESSIONAL BEHAVIOR

The College of Nursing expects all Nursing students to be professional in their interactions with patients, colleagues, faculty, and staff and to exhibit caring and compassionate attitudes. These and other qualities will be evaluated during patient contacts and in other relevant settings by both faculty and peers. Behavior of a Nursing student reflects on the student's individual’s ability to become a competent professional Nurse. Attitudes or behaviors inconsistent with compassionate care; refusal by, or inability of, the student to participate constructively in learning or patient care; derogatory attitudes or inappropriate behaviors directed at patients, peers, faculty or staff; misuse of written or electronic patient records (e.g., accession of patient information without valid reason); substance abuse; failure to disclose pertinent information on a criminal background check; or other unprofessional conduct can be grounds for disciplinary measures including dismissal.

INCLUSIVE LEARNING ENVIRONMENT

We strive to provide an inclusive learning environment as we prepare graduates who care, lead, and inspire. As we share our nursing values and personal beliefs inside or outside of the classroom, it is always with the understanding that we value and respect diversity of background, experience, and opinion, where every individual feels they belong to the College of Nursing community.

CIVILITY STATEMENT

Civility among all individuals in the CON (faculty, staff and students) is vital for an inclusive environment that fosters personal reflection, growth and a collective harmony.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT

Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/> . Students are required to provide their own privacy screen for all examination’s administered to student laptops. No wireless keyboards or wireless mouse/tracking device will be permitted during examinations.

University and College of Nursing Policies

Please see the College of Nursing website for student policies (<http://students.nursing.ufl.edu/currently-enrolled/student-policies-and-handbooks/>)

REQUIRED TEXTBOOK

Yalom, I. D., & Leszcz, M. (2020). *The theory and practice of group psychotherapy* (6th ed.) Hachette UK.

RECOMMOND TEXTBOOK

American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders* (5th ed., text rev.).

\*Note the DSM-5-TR is available while on the UF VPN through psychiatryonline.org

Corey, M., Corey, G., & Corey, C. (2018). *Groups: Process and practice* (10th ed.).Cengage Learning.

Stahl, S. M. (2021). *Stahl's essential psychopharmacology: Prescriber's guide* (7th ed.). Cambridge University Press.

Sue, D.W., Sue, D., Neville, H.A., Smith, L. (2019). Counseling the culturally diverse theory and practice (8th ed). New Jersey: John Wiley and Sons, Inc.

Textbooks from previous program courses remain a valuable reference resource.

|  |  |  |
| --- | --- | --- |
| **Summer 2023 NGR 6508L**  **Course Calendar**  **Assignments Due 11:59 PM unless otherwise stated** | | |
| Online Clinical Documentation and Site Visits:   * All clinical hours, patient logs, and evaluations will be completed via Exxat. * Each student is responsible for entering clinical dates and hours into Exxat. Those clinical dates/hours must be sent to their clinical site preceptor for approval. * All clinical hours will be verified/logged by clinical site preceptor via Exxat. * Students are responsible for a minimum of 1 patient log per clinical hour for each clinical date. * Site visits via Zoom will be completed by faculty at least once per semester/as needed. * The clinical preceptor should plan to be present for Zoom site visits. | | |
| Interprofessional Learning in Healthcare (IPLH) Modules: This is a separate canvas course with 2 modules for you to complete. Please refer to your CANVAS site for more details/assignments. | | |
| **DATE** | **TOPIC/EVALUATION** | **ASSIGNMENTS** | |
| 5/15/2023 | Seminar 1 |  | |
| 5/22/2023 | IPLH Course Opens |  | |
| 5/28/2023 |  | Encounter Note 1 Due | |
| 5/30/2023 | Seminar 2 | **\*Note on Tuesday\*** | |
| 6/2/2023 |  | IPLH Assignment 1 Due | |
| 6/11/2023 |  | Encounter Note 2 Due | |
| 6/12/2023 | Seminar 3 |  | |
| 6/12/2023 |  | IPLH Assignment 2 Due | |
| 6/25/2023 |  | Encounter Note 3 Due | |
| 7/2/2023 |  | Encounter Note 4 Due | |
| 7/2/2023 |  | AIMS exam video | |
| 7/3/2023 | Seminar 4 |  | |
| 7/16/2023 |  | Encounter Note 5 Due | |
| 7/17/2023 | Seminar 5 |  | |
| 7/21/2023 | OSCE – Hold the Date |  | |
| 7/30/2023 |  | Encounter Note 6 Due | |
| 7/31/2023 | Seminar 6 |  | |
| 8/9/2023 |  | Exxat Documentation Due | |

Approved: Academic Affairs Committee: 01/08; 01/13

Faculty: 02/08; 01/13

UF Curriculum: 10/08; 03/13